

1994 GIRLS EDC RESULTS

100 M Dash

1. Kari Heetland VC 12.50
2. Stacy Smith GFC 12.60
3. Missy Dahl Shan 12.60
4. Leah Kvien VC 12.70
5. Kelsey Lowe FS 12.85
6. Andee Burris GFC 12.86
7. Brooke Harnisch FN 12.87
8. Darby Lundebj GFC 12.98

200 M Dash

1. Juanita Phelps GFC 26.09
2. Brooke Harnisch FN 26.33
3. Sarah Peyerl DL 26.43
4. Natalie Lindquist RR 26.52
5. Kari Heetland VC 26.62
6. Rhonda Swanson FS 26.80
7. Jackie Hjelden RR 26.85
8. Kelsey Lowe FS 27.11

400 M Dash

1. Juanita Phelps GFC 59.73
2. Jolene Vanyo WF 1:00.03
3. Sarah Peyerl DL 1:00.33
4. Michelle Beare Shan 1:00.70]
5. Leta Prochnow Jmst 1:00.90
6. Traci Korynta GFC 1:01.20
7. Aaron Clark Shan 1:01.67
8. Simone Wahl Jmst 1:01.97

800 M run

1. Traci Korynta GFC 2:23.41
2. Jolene Vanyo WF 2:24.68
3. Mandi Zimney Jmst 2:25.11
4. Leta Prochnow Jmst 2:28.05
5. Karen Greenwood Jmst 2:29.38
6. Aaron Clark Shan 2:31.55
7. Tomina Marken GFC 2:33.76
8. Teresa Hager GFC 2:33.99

1600 M Run

1. Traci Korynta GFC 5:22.08
2. Laurie Fox Jmst 5:25.66
3. Mandi Zimney Jmst 5:26.28
4. Karin Bandi WF 5:27.98
5. Kim Fox Jmst 5:28.05
6. Sarah Hager GFC 5:30..95
7. Aarin Zimney WF 5:31.99
8. Chritina Oberg Wahp 5:40.63

3200 M Run

1. Laurie Fox Jmst 11:55.35
2. Kim Fox Jmst 11:57.31
3. Karin Bandi WF 12:01.63
4. Sarah Hager GFC 12:-08.93
5. Aarin Zimney WF 12:15.04
6. Casey Wanzek Jmst 12:24.05
7. Nicole Godel Jmst 12:34.26
8. Christina Oberg Wahp 12:37.29

100 M Hurdles

1. Kara Deringer Shan 14.65 (Meet record: Old record 15.02 by Tracey Wilcos GFC 1988)
2. Jill Elliott FN 15.48
3. Shantel Erbes Shan 15.52
4. Kristy Wollitz WF 15.62
5. Rhonda Swanson FS 15.78
6. Natalie Lindquist RR 15.84
7. Zoe Lindquist RR 5.85
8. Tiffany White Jmst 16.62

300 M Hurdles

1. Kara Deringer Shan 46.90
2. Kelly Eaton RR 47.52
3. Leslie Hendrickson Jmst 48.08
4. Kristi Wollitz WF 48.65
5. Jill Elliott FN 48.95
6. Kristi STinar RR 49.30
7. Tricia Schilling VC 49.31
8. Shantell Erbes Shan 49.46

High Jump

1. Crystal Cummins FS 5'
2. Heather Lee Jmst 5'
3. Allyson Haake FN 4'10
4. Toni Danielson Wahp 4'10
5. Kristi Rasmussen WF 4' 10
6. Kelly Eaton RR 4'10
7. Tiffany White Jmst 4'8
8. Tara Schilling VC 4'8

Javelin

1. Charla Evenson RR 110'9
2. Sarah Schauer Jmst 109'6
3. Sarah Asbeck RR k109'3
4. Amanda Glas FN 107'3
5. Mandy Enebo WF 102'5
6. Jennifer Winkler VC 102'
7. Katie STaton FN 100' 11
8. Tlfini Wigen WF 98'1

Shot Put

1. Disa Salander GFC 44'5
2. Mindy Niebauer FS 40' 6 ½
3. Steph Wigness RR 40'5 ½
4. Cassie Romuld GFC 39' 1 ½
5. Jennifer Jennings GFC 36'9
6. Alana Reynolds RR 35'7
7. Jen Doherty RR 35'4
8. Jackie Myers RR 33'9

Discus

1. Disa Salander GFC 166' 0" (MEET RECORD: old record 158'11 ½ By Patty Purpur RR, 1983)
2. Steph Wigness RR 153'9
3. Jennifer Jennings GFC 134' 9
4. Cassie Romund GFC 133'2
5. Alana Reynolds RR 125' 11
6. Katie Lukens GFC 120'4
7. Jen Doherty RR 120' 3
8. Tara Kaeding FN 120'3
- 9.

Long Jump

1. Heather Lee Jmst 17'5
2. Crystal Cummins FS 17'3
3. Katie Volk Wahp 17'3
4. Rhonda Swanson FS 17' ¼
5. Kristi Rasmussen WF 16'11
6. Carolyn Peterson FN 16'6
7. Nicole Kummet FN 16' 3 ½
8. Nikki Vetter WF 16' ¾

Triple Jump

1. Crystal Cummins FS 37' 1/ 3/4
(MEET RECORD: Old Record 36'2 by Heather Fritel VC 1993)
2. Kari Heetland VC 36' 3 ¼
3. Heather Lee Jmst 35'3
4. Jill Elliott FN 34' 5 ½
5. Zoe IIndquist RR 34' 5
6. Summer Kleven GFC 34'
7. Candace Johnson VC 33' 11 ¼
8. Ida Allen Jmst 33' 10 ½

400 M Relay

1. FS (Rhonda Swanson, Jenny Sjostrom, Karen Bauer, Kelsey Lowe) 51.92
2. FN 52.09
3. WF 52.10
4. RR 52.69
5. VC 52.69
6. FN 53.10
7. Shan 53/16
8. Wahp 53.46

800 M Relay

1. FN (Allyson Haake, Brooke Harnisch, Jennifer Haley, Jethe Lowman) 1:49.56
2. WF 1:50.93
3. FS 1:51.63
4. Jmst 1:51.69
5. DL 1:52.10
6. GFC 1:52.46
7. RR 1:52.96

8. VC 1:53.22

1600 M Relay

1. GFC (Tomina Marken, Tracey Christopher, Juanita Phelps, Traci Korynta) 4:08.46
2. Jmst 4:11.82
3. Shan 4:13.23
4. VC 4:15.15
5. RR 4:16.43
6. WF 4:21.00
7. FS 4:23.06
8. DL4:23.66

3200 M Relay

1. Jsmt (Leta Prochnow, Nicole Godel, Leslie Splonski, Karen Greenwood) 9:59.65
2. Shan 10:04.80
3. GFC 10:16.46
4. FS 10:18.53
5. VC 10:26.89
6. FN 10:35.90
7. RR 10:46.90

TEAM TOTALS

1. GFC 131
2. Jmst 129
3. RR 85
4. WF 80
5. FS 76
6. FN 67
7. Shan 59
8. VC 49
9. DL 17
10. Wahpt 8