

## **What's the difference between a Psychic and a Medium?**

Whether one refers to him- or herself as a Psychic Medium, Spiritual Medium, Intuitive Medium or any other similar title, it's all essentially the same thing—the emphasis being on talking to spirits [*discarnate souls*] in the afterlife. While I refer to myself as a "psychic medium," there is a big difference between a psychic and a medium.

A psychic isn't necessarily a medium, but a medium is a psychic.

### **What is a Psychic?**

Psychics tune into the auric energy of the Sitter, which is the light that emanates from the Sitter's "incarnate" soul. The Psychic will utilize the four main avenues of intuition to communicate commonly known as the "four clairs": clairsaudience (hearing voices), clairvoyance (seeing images), clairsentience (recognizing feelings), and claircognizance (knowing).

The Psychic will hear, see, feel and know what the Sitter has experienced in their past, present and potential future. Simply put, psychics rely on their basic sense of intuition and psychic ability to gather information from the Sitter being read. Psychics are not fortune tellers because of free will and the Sitter's ability to choose. However, the Psychic may describe a potential future for the Sitter.

### **What is Medium?**

All Mediums are psychic, but to be considered a Medium, one must be able to connect and communicate with Spirits of "discarnate souls", commonly referred to as "a deceased person".

By connecting Clients to deceased family members, friends, or guardians, Mediums are able to confirm continuation of life, to soften the fear of death, aid in the grieving process and provide specific messages for healing or closure.

While there are a few different forms of mediumship, I work as a mental medium, which means I communicate with spirits through the use of telepathy. Spirits impress my mind and body with thoughts and feelings that come in the form of "clairs." I mentally "hear" (clairsaudience), "see" (clairvoyance), "know" (claircognizance) and/or "feel" (clairsentience) messages from spirits.

### **What Does It Mean to Be a Psychic Medium?**

For most mediums, the process of connecting with the "deceased" utilizes psychic abilities, making these mediums inherently psychic as well.

The role of a psychic medium becomes twofold. Offering current life advice and guidance, as well as, information from the deceased can provide great comfort, relief, and meaning to Sitters. A psychic medium aims to help Sitters find their path in life and heal grief or other metaphysical wounds.

Individuals looking to receive information about their future or current experiences will more commonly seek out a Psychic unless they believe a spirit of a deceased loved one would be an appropriate resource.