

THOW Episode 33 Transcript

Marianne Williamson 00:02

Welcome to The Long Game series. Conversations with highly successful women leaders on what it means to build a legacy and play the long game. We're talking failure, fear, faith, trust, wisdom, and everything in between. Let's get started.

Tracy Litt 00:17

Hello, hello, hello, hello beautiful soul. Welcome back to an incredibly monumental episode in The Long Game series on The How of Within. It is my honor, joy, what I'm like hedging on and struggling on right now is what you'll notice in the opening of this actual conversation. Without further ado, I introduce to you the magnificent Marianne Williamson, who I am fully aware of and needs no introduction. But let me just tell you something, I was a blubbering fucking mess. Okay, at the opening of this interview, I was a mess, crying, like you'll notice I didn't even like welcome her to the show. Because I was just crying and talking, you feel me. We went into some really, really wonderful spaces and places we talked about what she was like when she was a little girl and the hit she got about what she was to be in this world, which I know you're gonna love. We talked about how the world molds us into limitation, a beautiful moment about how our modern world is actually an assault on our nervous system. We talked about what it's like to be in the public eye, and the advice that she has for us, for us who are looking to become more and more visible, more and more disruptive, more and more leadership, how to really manage that, learning through joy and pain, what it means to be soft, and say what your needs are, and so much more. So put your hand on your heart, take a deep breath, and enjoy.

Tracy Litt 01:56

I am having an out of body experience. So overjoyed to invite an icon. One of my beautiful mentors, although you never know which I'm sure many, many women feel that way about you. I recently found out that my mother who has since passed, used to read A Course in Miracles my older sister with you. Well, so welcome Marianne Williamson. Welcome to the show.

Marianne Williamson 02:26

Wow, so your mother read A Course in Miracles and you didn't even know that when she was alive?

Tracy Litt 02:31

Didn't even know that.

Marianne Williamson 02:32

Wow.

Tracy Litt 02:33

I didn't know that I just found out when I shared with my older sister, that you are going to be with us for the gala. And we were talking about you and your work. And we started really going deep into the

Marianne rabbit hole. And she said to me, do you know that mom used to call me and we would talk and we would follow along with Marianne in the Course of Miracles. Because my mother was ill with cancer. And it was during that three years where she was really, really doing everything she could to kind of come back to herself. And yeah, you have touched more lives than you could possibly imagine. So I just want to start there to thank you for your courage, your willingness, your heart, your passion, your energy, your hutzpah to do what you are doing in this world.

Marianne Williamson 03:24

Thank you.

Tracy Litt 03:24

Yes, yes, yes, yes. So I would love to start with what were you like when you were a little girl? And what did you want to be when you grew up?

Marianne Williamson 03:37

I think I was a handful. That's what I think my mother would have described it. They used to call me Sarah Heartburn. And I thought when I was younger, that I wouldn't either want to be an actress or a lawyer.

Tracy Litt 03:56

Okay. And we can see, right, the thread of that, like a little bit of all of that coming out.

Marianne Williamson 04:02

You know, it's interesting, because when I would ask when I was a little girl, what am I supposed to be? I would often get the word priest. Now I'm Jewish. So as a child, I had no context for that. Other than something Catholic. Now I see the word very differently. And I see a priestly function to any creative effort, really. But I do remember that as a child, I move very confused. Like I'm not gonna be a priest. But what's the word I got? Isn't that interesting when I was a child?

Tracy Litt 04:37

That is interesting. And how actualized that is?

Marianne Williamson 04:42

Well, I just, children we know so much. The issue isn't how much we forget. It's interesting. Having you know, raised a child. Do you have children?

Tracy Litt 04:52

I do have three daughters.

Marianne Williamson 04:54

Yeah. Oh, wow. How old are they?

Tracy Litt 04:56

17, 19 and 20.

Marianne Williamson 04:58

Wow. Well, you know, then, you know, you watch the fluctuations in their embrace of their own knowing. And it's sad to watch because I remember how confident my daughter was when she was little, and how she so embraced herself when she was little. And there are ways in which as much as you try, you can't save your children from what the world does to them. But then they come back, like my daughter recently had a baby. And it's been just that the child is only two months old, right? And I've watched my daughter, she was always baby crazy, even when she was little, she really wanted to be a mother. So she was very prepared, but there's being prepared. And then there's actually having a child. But I've watched how she has grown in owning the space of mother to this child. And, and, and her confidence. So I think we're all born with this. I'm everything, and I can do anything. And then the world beats us, beats it out of us. And then we have to find our way back to it.

Tracy Litt 06:07

Mm, yeah. Yes, that fully resonates with me. And I know everyone who's listening to us. What do you think really happens there, when you say the world beats it out of us sits at that this the limits of our society, the lack and fear that we are just kind of pushed through what happens?

Marianne Williamson 06:25

Well, from A Course in Miracles perspective, the world itself is dominated by a thought system based on fear. We're taught that we're bodies but not spirits, we're taught that we're separate from each other and not one with each other. We're taught that we're here to compete with each other, rather than collaborate with each other. We're taught that the world is a dangerous place rather than a safe place. We're taught thoughts of scarcity. And we are, you know, we find ourselves too often in conditions of scarcity, and all of that proverbial personality. I mean, it overlays on to you know, we were talking about how babies have it all they get, you know, I watched my little granddaughter. And all she is known is her mother's arms, and her father's arms and the arms of people who love her. And sadness, I watch her and watch her body language, danger has not even entered into her little thought system yet. Everything is safe, everything is safe. Now, you know, her parents will not be able to protect her from every assault on that belief. Hopefully, surely, they will protect her physically. But as you know, as a mother, there comes to a point where, you know, they're gonna go through their little experiences at school, and all of that as they grow up. So the world is at odds with who we are. The world as we know it, Gandhi said the problem with the world is humanity is not in his right mind. And I think particularly right now, there's a sense that America has gone a ride, which you know, the way I feel about America right now, the happiest people I know, are sad about America right now. Because everybody gets it, something's off. But I also think that there is a greater evolution of consciousness and people realizing that what's off on the outside, is a reflection of what's off on the inside. So that's why the work of consciousness and coming home to who we are, grounding ourselves in some deeper truth about ourselves, saluting the deeper truth and other people and trying to do our best to live from that space, really is the work of the moment and the most revolutionary thing we can do.

Tracy Litt 08:28

Oh, I couldn't agree with you more. And would you agree that it's important for things to be dismantled, right? Like that, what you're speaking to, and just the world in the state that it's in, it's like that has to

occur, so that we can understand, rise from the ashes, so to speak, see with new eyes do this beautiful internal work, right? Because different structures have to come down for new structures, ways of being to be built?

Marianne Williamson 08:55

Well, on one hand, yes, we're living in at a time when one world is passing away. Another world is being born. As you said, much of what is passing away has to pass away. However, it's easy to say that we are called to do more than that, though, we're called to ask ourselves, what kind of death pattern are we talking about? I often say we're here to be death doulas, as well as birth, doulas. If what passes away, is not cared for if it's a passing away that is not wise and compassionate and conscious, then it could be deeply beyond disruptive. It could be chaotic, it could be violent, it could be destructive for the species itself. So we need to not romanticize passing away. We need to be very, very conscious that this is we have to be very careful here. What passes away. Let's take an example. We need to make a transition from a dirty economy to a clean economy. We have to do it for our grandchildren to have a reasonable guarantee of a habitable planet. We have to do it. But if we do not do it carefully, if we do not do it consciously, it could cause tremendous social upheaval. Many, many thousands of people make their living, at least indirectly tied to fossil fuel extraction. So somebody says, I now make in the high six figures, working for oil companies. So are you telling me that I'm going to now go make \$15 An hour installing solar panels? That would be deeply disruptive to that person's family? They've probably lose their house. You see what I'm saying?

Tracy Litt 10:33

Yes, yes.

Marianne Williamson 10:34

It's not as simple as Oh, well, we just have to stop doing that.

Tracy Litt 10:37

Right.

Marianne Williamson 10:37

We just have to stop, you know, that's very immature. And it's an immaturity that poses as Oh, something has to pass away for something else to be reborn? Yes. But we have to be as conscious and, and as tender, in being midwives, you know, hospice workers here

Marianne Williamson 10:56

Yes. Yeah,

Marianne Williamson 10:57

As we are at giving birth and being the birth doula. So I think that that's a very important dual assignment that we have at the time. Well, in the Course of Miracles, there's this line that says, It's not up to you what you learn, it's merely up to you, whether you learn through joy or through pain, we are going to learn to leave behind ultimately unsustainable structures, yes. But whether that's done through wisdom or through pain is completely up to us. And it was a lot of work to make the changes that need

to be made correctly. Anybody who's in the top 20% of the economy, probably doesn't have to worry, because the falling apart of the old would be, at best an inconvenience. But for the 80% of others, it could be the difference between whether or not you're homeless. The difference between whether or not you're employed, is the difference between whether or not you can feed your kids. So this is very serious stuff.

Tracy Litt 11:59

Yeah, it's very serious stuff. And the word use before tender, right, being conscious about it being tender about it, being loving, right, as you mentioned, like in being midwives. What, from your vantage point, and everything you've done and seen and led and notably true, what is prohibiting people from opening to that love? The love that is what they are, the love that we are derived from that allows that tenderness, what's really prohibiting people from opening to love.

Marianne Williamson 12:33

Well we get to the deepest metaphysical level. Let's look at it from the perspective of A Course in Miracles, okay, so the Course in Miracles says that the ego mind is merely the false belief that we are not who in fact we are. So the it is the false beliefs that we are endangered. It is a false belief that we are vulnerable is false belief that we're just one wave surrounded by a vast ocean, which at any given moment, could overwhelm us. Now, if I say, I'm going to go beyond that false belief, then the ego mind, which is nothing but a belief seeks to preserve its life. No, you can't go there, you can't go there, you'll die because it will die. Yes, that belief knows that if I grow beyond it, I won't need it anymore. So it's just No, it's not safe, to be loving, it's not safe to be vulnerable. They'll take advantage of you. It's not safe, you have to be tough. You have to be selfish, you have to look out for number one, you have to recognize the world is dangerous, you got to protect yourself got it? You know, so it just puts you in this place. Now, what that turns you into, is the opposite of someone who attracts the help that you need. Because it turns people off, and makes things not work. But at that first moment of you mean, in this moment, I could be just soft and say what my needs are. It doesn't even occur to you in that moment that that might work.

Tracy Litt 14:16

Yeah, yeah. Until you listen to a conversation like this or pick up one of your books or one of the works that we do. And you really we really, really realize that what creates the change, right? You and I know, we don't change the world by looking outside and focusing externally on the world. We change the world by each individual spiritual being having a human experience going within choosing to go within to heal and untether and reconnect to the oneness that they are. And that's what contributes to the collective consciousness. So, to me, it's like you're going to work on yourself because a catalyst occurs, right? And it's like, here's cancer, here's loss. Here's a divorce. You know, here's something deeply, deeply painful. Or we can start to become a nation with this consciousness revolution that says, I can work on myself by choice. And when I do my individual consciousness elevating directly create an elevation in the collective consciousness. So I'm wondering what your perspective is there, and then what happens to our society, when we really raise our consciousness as a collective?

Marianne Williamson 15:27

I think that many people hear that and use it almost as a cop out. Because the elevation of consciousness, in their mind is meant to be easy and loving. Sometimes the elevation of consciousness, let's take the Ukraine war. There are people who I believe have elevated consciousness, who say, we just need to stop this. We just need to stop it, we should take military aid away from Ukraine, just declare a ceasefire in some way. I don't know how that would work. But then there are other people of elevated consciousness, who say no, sometimes love says no. elevated consciousness means you, you absolutely make it so that Vladimir Putin cannot continue this. Who is to say what the elevated consciousness is. So elevated consciousness is not some sort of soft notion of well, we all have elevated consciousness. So it'll be okay. Even within the realm of elevated consciousness, there are choices and decisions to be made. And too many times people in the personal growth world. And I think this is less now. But they will say all I have to do is elevate my consciousness, and I don't have to worry about what happens on the outside. Because all I do is change myself one of my individual circumstances, but let's say, you and I are both mothers. You're upstairs in your room meditating, doing your inner work, loving, forgiving your little girls that said, when they were children, they're downstairs, and you smell smoke. Would elevated consciousness make you discontinue meditating? No elevated consciousness would be get the girls out of the house, there's something wrong.

Tracy Litt 17:23

Yes.

Marianne Williamson 17:24

So elevated, elevated consciousness in that moment, lead you to direct action in the world. This is not just love each other, it's feed each other with no brain.

Tracy Litt 17:34

Yes.

Marianne Williamson 17:35

Okay. The children who don't have education, save the planet, you know, it's that constant. It's the yin and the yang, inhale, exhale. So sometimes the point of elevated consciousness is to discern what it is you need to do on the external plane, the external plane from a material spiritual perspective is within that realm of illusion. But the Course in Miracles says it is the highest level of illusion that we can get to, once we get to, let's say, a world in which there was no hunger or a world in which there was no war, it will still be within the illusion because it's the material plane. But it's the highest level of ego thinking we can get to. That love issue, does need to include behavior, and does need to include collective as well as individual action. But that is the conversation we need to be having. It's not enough to just say, we all have to have elevated consciousness. Because, I mean, I've just seen it, and I've seen it in people's behavior towards me, as well as my behavior towards others. Well, Marianne, I love you, Marianne, I just know I support you. And if the if one of the person says to me, they support me without supporting me.

Tracy Litt 18:49

Yes, yes, yes. No, I get it. I get it. I totally, totally resonate with that. Well, you know, it's to show up for to your point, the behavior has to match fully.

Marianne Williamson 19:00

You know, I've seen Yeah, I've seen in my political, you know, in order to get me out of the conversation, there was a lot of narrative created that I'm kooky crystal lady, woowoo, right. So you would kind of think that a lot of women who share my views, and even have careers based on such views and even point to my career as having been an inspiration, would get on the internet and say, Look, you might not like her politics. I'm not even making a comment about her politics, but I've known this woman for years and she's not woowoo crystal lady. But they're afraid to hear me it is I was cancelled as being woowoo that they'll be canceled as being woowoo. Are they being supportive to saying just No, I love you. Just fooling a text. I love you. I support you. No, you don't because if you supported me, you get online right now and say not making a political comment here. But making women who sound like us out like we're crazy hurts all of us.

Tracy Litt 20:05

Oh, absolutely. It takes courage.

Marianne Williamson 20:08

When I ran for president the first time I was sitting in my bedroom one day, and I just had this, I'm gonna run for president. It really was a little like a- And so obviously, I was somewhat naive about what it entailed. Because this is something where you can't know until you do it. Running a second time. I was not naive. I know what it is to be in that belly of that base, because I've been in it before. And the image I got in my mind was, why would I run into a burning building. And the image I got was, like, inside my body, this white almost powdery substance lights that I knew was like a spiritual fire retardant. So, it means being willing to face insults, and lies and smears. And but what I said to one of my friends, in that period of deciding whether to do it, I said, I don't know how I forgive myself, if I don't, you know, I'm 71 years old, I'm at that time in life. A friend of mine, supporter and a friend in Michigan said to me, and he's not as old as me, but he's getting up there. He said, I want this to be my end story. You get to a point in life, where this is the end story. This is chapter three. And you start thinking about how you'll feel on the day you die. Yeah, and did I really do it? Now at my age, as is with anyone you're already dealing with regrets you get to an age where there's a lot of woulda, shoulda, coulda. But in the years, you still have left, I just want to kick ass and the years I have left to me would take courage is not doing it because it's occurred to face myself at the end. That's what I'm here to face him myself and look myself in the mirror and go, boy, in the last minute, you know,

Tracy Litt 22:22

I resonate with that so deeply. So then would you say the answer to them? What's the driver given everything you just said and 71. And you have so many choices of what you could be doing at this stage. And you know, where you're showing up? Is the driver, ensuring that you played full out so that when you get to the end, you can look back and see what you want to see? Or is the driver different?

Marianne Williamson 22:43

Well, the driver is what you just said.

Tracy Litt 22:46

Yeah.

Marianne Williamson 22:46

But while it is what you just said, there's a deeper component, which is, you know, in both Judaism and Christianity, there's the notion of the small still voice within. And, you know, in the Course of Miracles, it says, you wake up in the morning and you say, where would you have me go, what would you have me do? What would you have me say and to whom. And in Judaism, there's the line, you are not expected to complete the job. But neither are you permitted to abandon it. To Kuno lon to repair the world. I think at the deepest spiritual level, we are here with a purpose. We're here to love one another and to repair the breach, to close the bridge between what the world could be and how it is. You know, what's going back to our having children, you've had three little girls, I've had a daughter, I have a little baby granddaughter, when you see what life could be. When you see the innocence of a baby, when you see the love of a baby, when you see people holding, and you realize this little thumbnail, this little snapshot of how happy we all are in the room. Yeah. How everybody's holding the baby and everybody's cooing and it's just magic. And you think, you know, the world could be this.

Tracy Litt 24:07

Yes.

Marianne Williamson 24:09

The world could be this. And another thing about, you know, when a child is born, I was saying to my daughter's mother in law. We were just staring at the baby. She said we're granny gazing. And I said to her, I don't remember spending this much time. Just in awe. Like where did that little eyeballs come from? Where are those little ears come from that little nose, that little mouth, that body? Whose fingers those toes? And she said something interesting? She said Yeah, because when we were new mothers, we were just so busy. Because when it's your child, you're so busy when you're the grandmother, you have a lot of time to just like stare.

Tracy Litt 24:54

Yes.

Marianne Williamson 24:55

I'm thinking about the fact that my god what went on there over the last nine months, then in a woman's womb, what went on there, a little liver was an a little abdomen and eyeballs and brain. It's unbelievable. But from a spiritual perspective, nature knew what it was doing developing the body. Nature also knows what it's doing, developing what can occur in equally perfect ways after the birth of the body, but the human mind has a choice. I mean, nature knows what it's doing having the development of a child away from us. We can't get in it.

Tracy Litt 25:49

Right nothing to do with it. Yes. Well, and the agency we have over the human mind.

Marianne Williamson 25:56

Exactly my point.

Tracy Litt 25:58

Yeah. So you had mentioned before, really, you know, there's so much scrutiny when you are in the limelight, when you are as omnipresent as you are. And such a recognized figure, right, in the spiritual world and beyond? What how have you dealt with those moments when you're in the public eye? Right? And it is less than kind, when you are that visible? And what would you say to other women leaders that are in a similar position of visibility on how to move through that?

Marianne Williamson 26:32

Well, I say, preparing our consciousness for the turbulence of the day is very important. Whatever you practice yoga, meditation, prayer, you set your nervous system, modernity itself is an assault on the nervous system, our great grandparents didn't have the internet, they didn't even have phones. They didn't have all this a 24 hour news cycle. None of this was, you know, they were, you know, a natural day was walking through the forest. You know, walking through a small town human interactions, they were not ready for this. We were not created for this. Nobody has any impulse control. But I think a lot of us learn, and now we've got the phones and all the addictive quality. But I think people are you start by knowing if you let your nervous system run away from you, you might say something you'll regret, you might check something you'll regret, you might email something you regret. Think about what you're going to say, you know, my mother used to say count to 10. Before you say anything, on the other hand, that was before there was texting. So it's hard today, because there's so much availability, there you have such opportunity to spill every feeling you have, you know. Last few decades, there became and in our consciousness world, I think this was part of it is almost this sense that every feeling I have, I should say, like that's some greater good. It's actually not some greater good. There's a difference, there's a difference between processing something and spewing it. There's a difference between honoring your emotions and indulging your emotions. And not everybody safe to share it with. So emotional discipline is a large part of spiritual growth. Own that you feel sad or that you feel hurt. But be very careful where you want to write about it. Like you see people writing texts and Facebook posts and you go oh, well, not to judge people for having that feeling. But did you really want to put that out on the internet?

Tracy Litt 28:42

Yeah you feel it in your body to your point your body reacts. It's like, oh, and it tightens?

Marianne Williamson 28:48

Yeah. Right. So where do I put this, you put it in the hands of God, God of your understanding. You own it, you burn through it. Sometimes talking to another person helps, sometimes talking to another person right now, if it's talking to another person, and it's only indulging the victimization that you feel. Other times, you know, I had somebody say something to me a few months ago. It was before I decided to run but I was in the process of designing. And I had written him an email a text or something and saying somebody wasn't nice, or I didn't think that would be nice to me, whatever it was, and he wrote me back something that hit me like a brick to the forehead. Toughen up, buttercup. And sometimes, when you hurt, you remind yourself, you're the adult here. And you have to decide how you want to play life. Even

the other night. I was not feeling served by something. And I wrote an email to someone on my leadership team. And I've gotten to the point that I was careful about my language. I did edit it. It was an attack in there that was just sharing of my feelings, blah, blah, blah. But the next morning, he did say that writing your leadership team at 11:30 at night to tell them that something wasn't good enough, is not the way you want to go. And he was right. But it was interesting because it was better than it would have been two years ago. But all of mine is about who is this something to be shared? And who do you want to share it with? Because once you put those words out there, find your safe people. Counselor, best friend, whatever. Also, because I'm an emotional person, I have found this too shall pass. This is a tough hour. This is a tough night. Let it move through you pray, and next morning you might be. So learning how to navigate I wrote a book called Tears to Triumph, which is really all about that. How to navigate depression, how to navigate sorrow. Rocha, there was a line in A Rocha poem. Let me not squander the hours of my pain. You know, we have really disturbed ourselves over the last few decades pouring a happy spot yellow smiley face on everything, be happy, be happy. Sometimes you're not happy. And I think that's the ultimate answer to what you're saying. I don't know. It makes me sad. And then you say to yourself, Okay, you can either quit or stay on. Do you want to let it make you quit? Then there's that and you walk away and you take on this mantle of shame and all the people who say you really need to get out here, we'll be happy. And you'll have your tail between your legs and you'll kind of hate yourself for the rest of your life. Or, as someone said to me something so interesting. A few months ago, this woman told me, she said Marianne, do you know who the most successful tightrope walkers are? Do you know who the most successful tightrope walkers are? Tracy?

Tracy Litt 32:09

I have no idea.

Marianne Williamson 32:10

Those who do not a net?

Tracy Litt 32:13

Oh.

Marianne Williamson 32:14

You just can't even allow yourself. Yet allow yourself a fraction of a second of this might not work. Right? My friend. I'm staying at a friend's house right now. And she was saying to me last night. There are things you can't do anything about learn to ignore that sometimes I'll send myself you just read 20 People made positive comments about you on Instagram, saying such loving things. What a new is more worried about the one tweet on Twitter? That was so nasty. Yeah. And everything you go through?

Tracy Litt 32:51

Of course, well, then, you know, and it's it's both the way we're wired right, as you know, to focus on the problem. It's whatever emotional addictions whatever wounds, whatever traumas, whatever insecurity is so much easier to focus on that which pushes us down. Right? Which connects to you know, I've a curiosity, because I mean, you have so many extraordinarily famous moments, famous quotes. But our deepest fear right, is not that we are inadequate, our deepest fear that we're far beyond measure, I just

need to know when that came through you. Did you feel that in its depth of impact, the way that it has impacted this world? Like, did you feel that power, when that happened?

Marianne Williamson 33:39

The subtitle of that book return to love is reflections on the principles of the Course in Miracles. So I always say, if you like that paragraph, you should read the book, there are so many fears. Remember that, you know, that paragraph is within a whole bunch of other paragraph. I have never learned because it wasn't Nelson Mandela. That's an urban myth. I have never learned no one came up to me and ever said, you know, I'm the one who singled that out. I don't know how that happened. So I don't know, if I felt a particular thing about that paragraph, I feel a particular thing about all the principles of the course. But that principle that you're more afraid of your light than your darkness doesn't come from me, you know, that we turned to love is like the cliffnotes of A Course in Miracles. I didn't write that. I mean, you know, the Course of Miracles? You know? So I think it goes back to what you and I were saying before about what is the fear? And the fear is the ego mind saying you'll die if you do that. And also, I think even given you know what I experienced now, who do you think you are? Who do you think you are? You're not qualified only people who know how to drive the car that drove us into this ditch or golf.

Tracy Litt 34:54

So what do you do with that when you when your mind offers you and the ego mind offers you those thoughts of limitation, let's call it. What do you do with that? When it comes up?

Marianne Williamson 35:04

Oh, it's everything you and I have been talking about for the last few minutes.

Tracy Litt 35:07

Yeah.

Marianne Williamson 35:08

And the emotional discipline and also the emotional discipline of leadership. Because if you are leading a team, which is what a campaign is, you can't let the people around you, I remember was reading a book about Franklin Roosevelt called No Ordinary Time. And somebody made a comment about him. And this would be during the Depression during World War Two. I mean, just think what it would have been like, and somebody made a comment about him, even when things were terrible, even when things there was no way you could possibly imagine things would be good. He tells, every thing is going to be great. That's right. Yeah, yeah, this one, you know, I've always been fascinated by Roosevelt, because I don't think he would have become the man he was, had he not gone through polio, and his suffering, and how that strengthened him. And also, I feel, Marianne, just on the slight chance you might become president, these are good lessons.

Tracy Litt 36:10

I think it's such an core important message, especially for all of the women in our space, right, that have huge potential and huge visions and huge capacity. Right? That it's like the tests on your way there.

That's what I'm hearing from you, right? Like the tests, it's testing your capacity, it's testing how you're showing up? What are you made of?

Marianne Williamson 36:35

It's not like, you know, I think there's this mythology, we have the, if I could make a certain amount of money. If I could have a certain job going on, If I could be in a certain relationship, then everything would be okay. No, because once you have that money, once you have that job, once you have that relationship, and it's a new set of

Tracy Litt 36:50

Right, right, right, which also then speaks to the importance of going within and recognizing that the way you feel is generated by you. And it's not based in these external measurements. And you know, the wealth and the position and the president, whatever that marker is, it is truly an inside job of your inherent wholeness, that is truly recognizing the love that you are derived from so important and beautiful. I have a final question for you. You have trailblazed so much. And for those of us, like me, and so many others that are walking behind the trail that you've blazed. What do you need us to know? And what do you need us to do for this world?

Marianne Williamson 37:42

What I need you to know is that I wish you well. And what I need you to do, is not what I need you to do. But what God needs you to do. What you need to do is whatever in your heart, you are called to do. You know, in Judaism and Christianity both there's the notion of the small still voice within. In the Course of Miracles, and I think I mentioned this earlier, you wake up every morning, where would you have me go? What would you have me do? What would you have me and say to whom God does not give me instruction for your life? God does not give you instruction for my life, God gives you instruction for your life. So the question for me isn't what you need to do, what do I need to do, what I need to do is to tell you, good luck. And I wish you well. And don't forget to have fun. And enjoy every minutes. And don't waste the minutes. And love everybody you meet and do whatever you love quality to do. And sometimes you'll get it right. And sometimes you'll get it wrong. And don't forget that you are blazing a trail for the person after you all that any you know, even when you say and you've been very generous and I trailblaze all it means is that I'm half a step ahead in time. All that means is I'm older than you. You know, we whoever, you know, comes after, you know, by definition. I do appreciate, for instance, in this scene, you know running for President right now, I certainly appreciate any support anyone feels moved to give me that goes without saying Marianne2024.com. But I wouldn't language that as I need you to. I would be honored. I could go into I request I could go into it would mean a lot to me. But the question is what you need to do, not what I need to do, and only you can know that.

Tracy Litt 39:39

Yeah. Thank you. Thank you. Thank you. Thank you. I'm so grateful for this time with you. And to have a deeper connection with you through this conversation. I am elated to have you keynoting our gala. What an honor. I want to make you aware of this that when I conceived the gala. You were it, I said, it will be Marianne as the Keynote or it will be no one. And I will be the keynote. And so it was delivered with clarity to the universe. And here we are. So just thank you in advance for who you are and the energy you're going to bring and what you do. There is nobody that I could imagine speaking to,

elevating more consciousness and more love to create that generational change that we desperately desire and deserve, then you so thank you.

Marianne Williamson 40:31

Well, thank you. God bless you.

Tracy Litt 40:33

To you too, I will see you very soon.

Marianne Williamson 40:36

I look forward to it.

Tracy Litt 40:37

Thank you, me too.

Tracy Litt 40:38

The world is awakening. Old models are being dismantled. The truth of what you are and who you are, is getting louder and clearer. You're being internally guided to go within, to answer the objective of your soul, to pull back the veil, to untether from the matrix of control and limitation, to invest your energy into the limitless, of elevated consciousness, to take up all the space and trust in the necessity of your bigness, of your undeniable impact and contribution. The way we elevate our frequency as a collective, the way we create a more loving progressive world. The way we create the general change we so desperately need and deserve is through each individual spiritual energetic being having a human experience going within. Healing the wounds and trauma that keeps them tethered, and plugging into the pure love and oneness that they are. This creates boundless ripple effects that raise the collectiveness This is the new world that we are building. And this new world deserves a gala. You are invited to the Consciousness Revolution Gala, the very first and only event of its kind, a revolutionary keynote, an ascension experience, conscious connecting, a luxurious fucking party filled with dinner and dancing and cocktails and rejoicing and many other surprises. And the debut of The Litt Factor's brand new, revolutionary contribution to the calling forth of a kinder world, a higher collective consciousness and the next stages of human and spiritual evolution. The Consciousness Revolution Gala is happening Friday, September 29, at the Oh five star diamond resort, on the beach, in Palm Beach, Florida. Oh, and by the way, September 29 is a full moon. So imagine after this incredible gala experience, you find yourself standing side by side with other magnificently whole highly conscious beings, as we allow the full moon to beam upon us as we marinate in its energy and its love and this connection to one another is so good. So to learn more and grab your gala tickets head over to theconsciousnessrevolutiongala.com There are in person and virtual tickets available. The link will also be available in the show notes