

Middlesex County Community Resources

Comprehensive Resource Centers- Housing, Utilities, Food, Mental Health

<https://www.211.org/> or 2-1-1 from your phone

211 is the most comprehensive source of information about local resources and services

Middlesex County Resource Net

<https://www.middlesexresourcenet.org/>

Middlesex County Find Services Search Engine-based on zip codes

<http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Community-Services-Locator.aspx>

Child Care

Community Child Care Solutions

103 Center Street Perth Amboy NJ 08861

[\(732\) 324-4357](tel:7323244357)

<https://communitychildcaresolutions.org/>

Aids with locating and paying for quality childcare

Family Success Centers

Bayside Family Success Center

500 Dobranski Drive

Perth Amboy, NJ 08861

Phone: 732-638-5063

FACEBOOK-Bayside Family Success Center

Greenway Family Success Center

535-537 New Brunswick Avenue

Fords NJ 08863

(732) 527-3400

FACEBOOK- Greenway Family Success Center

Harmony Family Success Center

255 Livingston Ave New Brunswick, NJ

732-640--800

www.prab.org

FACEBOOK- Harmony Family Success Center

Mobile Family Success Center

MFSCmiddlesex@ccdom.org
[\(732\) 387-1220](tel:7323871220)

Family Success Centers are community-based, family-centered, neighborhood gathering places where any community resident can go for family support, information, and services. Centers are designed to enrich the lives of children by strengthening families and neighborhoods; provide integrated, locally based services; reduce isolation and promote connections among family and community and provide services in a warm and welcoming environment. Services are provided at no charge.

Food

REPLENISH

<http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Mcfoods/Food-Assistance.aspx>

REPLENISH is a collaboration of many partnerships working together to end hunger. Local governments, nonprofit agencies, community food pantries, food banks, soup kitchens, social service organizations, businesses, schools and houses of worship all work together through the Replenish Network to help achieve our mission.

Domestic Violence

Women Aware
732-249-2504

<https://womenaware.net/>

Our mission is to promote the safety and self-sufficiency of individuals and families affected by domestic violence in Middlesex County, New Jersey.

Employment Assistance

New Brunswick:
550 Jersey Avenue
New Brunswick, NJ 08901
Training Opportunities
732-745-3955

Perth Amboy, NJ 08861
732-826-3200

Training Opportunities
732-293-0642
ELITE Youth
732-293-1341

Perth Amboy:
161 New Brunswick Avenue

<http://www.middlesexcountynj.gov/Government/Departments/BDE/Pages/WDonestopcareer.aspx>

One Stop Career Center goal is to empower customers, through support and information to make informed decisions. They are designed to offer seamless access to employment and training programs into an integrated system for job seekers and employers who will provide guidance and access to resources and services that can help you successfully enter or re-enter the workforce. There are three

levels of services available to customers: core, intensive and training. The Workforce Learning Link provides adult learners instruction in reading, writing, and math; communication; financial literacy; job search; and employability and life skills and are available at the Middlesex County One Stop Career Centers.

Legal Assistance

Perth Amboy

313 State Street, Suite 308

Perth Amboy, NJ 08861

Phone: (732) 324-1613

Fax: (732) 324-6253

New Brunswick

317 George Street, Suite 201

New Brunswick, NJ 08901

Phone: (732) 249-7600

Fax: (732) 249-7966

Mental Health/Substance Abuse Treatment- not comprehensive please contact your medical insurance provider for more options

JFK Behavioral Health

65 James Street

Edison, NJ 08818

Phone: [732-321-7189](tel:732-321-7189)

<https://www.jfkmc.org/services/behavioral-health/>

Individual, group and family therapies, Psychiatric/medication evaluations, Weekly anger management group Intensive outpatient substance abuse program Group substance abuse treatments Weekly aftercare and relapse prevention groups

PerformCare

1-877-652-7624

PerformCare access to the services they needed for children 21 and under. If you are under the age of 21 and looking for mental health/ substance abuse treatment or other services.

Raritan Bay Mental Health George J Otlowski Center for Mental Health

570 Lee St

Perth Amboy, NJ

732-442-1666

732-442-1666 x 2089

Outpatient individual, group, couples and/or family therapy. Medication management and monitoring for 5 and up

Rutgers UBHC

800-969-5300 Access Center

Outpatient/ IOP, CBT therapy, couples therapy, DBT therapy, Family Therapy, Group Therapy, dual diagnosis Medication monitoring
Inpatient for adolescents/ Adults

CHAT Clinic

Our mission is to support children and families impacted by trauma to rebuild their identity, establish a sense of safety and foster positive relationships with others. Using a multi-systemic, collaborative treatment approach, we hope to give each individual that has faced complex trauma an opportunity to process their experiences and look toward the future with hope. We serve youth ages 3 to 21 years old and their families referred from New Jersey Division of Child Protection and Permanency (DCP&P), local schools, mental health partners, and general community referrals from surrounding Rutgers University.

Services Provided

Evidence-based Trauma-Focused individual and family therapy

Group therapy

Training/consultation for caregivers, caseworkers and other service providers

Mentorship for children and adolescents when clinically appropriate

Transportation for qualifying DCP&P involved families.

p. 848-445-7789

f. 732-445-4866

chatclinic@gsapp.rutgers.edu

Sexual Violence

29 Oakwood Avenue

Edison, NJ 08837

732-321-1189

24-hour hotline at 1-877-665-7273

www.middlesexcountynj.gov

The Middlesex County Center for Empowerment (The Center) is the state designated sexual violence program for Middlesex County. We strive to support and empower survivors and significant others affected by sexual violence, and to help eliminate all forms of sexual violence through community awareness and education.

If you or someone you care about has been affected by sexual assault, sexual harassment, stalking, sexual abuse, or any other form of sexual violence, you have options. We can help. Support is available 24-hours a day by calling our toll-free hotline at 1-877-665-7273.