



## AYSO Region 665 Coach Pre-Season Check-List

### Coach volunteer registration forms

- Please be sure that you have completed:
  - Volunteer registration form at [www.ayso665.org](http://www.ayso665.org)
  - Safe Haven at AYSO U Portal
  - Coach certification class (live or on-line at [www.aysou.org](http://www.aysou.org) )
  - Concussion awareness training at [www.aysou.org](http://www.aysou.org)
  - Cardiac Arrest certification

### 1. Contact your players' parents and inform them of:

- Date and location of team parents' meeting.
- Practice days and time: NOTE: Practice only on the allowed fields
- In general, permitted fields are: Tue. Thru. Fri. @ 5-7pm Saturday Games
- Email is great but may not be correct - use the phone/text for best practice. You **must** make contact with every team member.

### 2. At the parents' meeting

- Explain the AYSO philosophies.
- Explain your expectations of players and parents.
- Recruit help:
  - Assistant Coach.
  - Team Parent
  - Referee(s) - Required for U10 and above
  - Snack Coordinator
  - Banner Coordinator
- Explain the game format and any changes to the division

### 3. Player registration forms

- The player registration form, which contains the emergency medical release information, must be with you or your assistant at all team functions (practices, games and parties). We recommend that both the coach and team parent carry a copy of these forms 'just in case. (Fall)
- Forms will be included in your coaches folder. In the event you are missing any please have the parent provide a copy prior to your first game ex game cards.

### 4. Inform Coach Administrator of any player who has definitely decided not to play.

Email : [ayso665@gmail.com](mailto:ayso665@gmail.com) **NOTE:** This must be confirmed by a parent by completing refund form and email region..

## 5. First-aid and water

- Carry a first-aid kit to all practices and games.
- Water must be available at all practices and games. This is especially important early in the season when the weather can be hot. Encourage players to bring their own water bottle, but bring some extra for the forgetful ones.

## 6. Before the Game

- Plan lineup and substitutions (every player plays at least half the game. Desire all players play three quarters before any player plays the whole game.
- Fill out the game card with player information (U10 and above).
- Remember this is NOT the World Cup Championship!!!

## 7. At the Game

- Introduce yourself to the coaches of the other team and to the referees.
- Ensure your players are **properly warmed up** and ready to play.
- Remember:
  - **Honor**
  - **the Game**
  - **Rules**
  - **Opponents**
  - **Officials**
  - **Teammates**
  - **Self**
- Coaches are responsible for **parent behavior** - they are part of the team on game-day.
- Coaches and spectators must stand or sit **at least one yard back from the touch line**.
- Coaches must remain within the coaching area which extends 10 yards either side of the half-way line.
- The game is for the players! Coaching is limited to positive instruction and encouragement.
- Applaud good play by both teams.
- Avoid running up the score in unbalanced games - maximum of 6 goals difference, prefer 4. Use common sense!!!
- Players and coaches cheer opposing team and then line up to shake hands. Remember to thank the referees also!
- **If you are the last game of the day, please have parents assist in taking down goals and equipment.**
- Clean up any trash left at the field.

## 8. Resources:

- Victorville Website: [www.avso665.org](http://www.avso665.org)
- AYSO National: <http://www.avso.org>