

Good Faith Estimate

- **What is a Good Faith Estimate?**

- Under the law, health care providers need to give patients who don't have certain types of health care coverage or who are not using certain types of health care coverage an estimate of their bill for health care items and services before those items or services are provided.
- You are entitled to receive a "Good Faith Estimate" of what the charges could be for psychotherapy or pharmacotherapy services provided to you. While it is not possible for a provider to know, in advance, how many sessions may be necessary or appropriate for a given person, the notice will provide an estimate of the cost of services provided.
- Your total cost of services will depend upon the number of sessions you attend, your individual circumstances, and the type and amount of services that are provided to you.

- **How can I receive one, and what are my rights?**

- You are entitled to receive a Good Faith Estimate for the total maximum expected cost of any health care items or services upon request or when scheduling such items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- You can also ask for a Good Faith Estimate before you schedule an item or service, and you can expect to receive it in a timely fashion.
- If you schedule an appointment in advance, you can expect to receive a Good Faith Estimate in a timely fashion before your appointment.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. The initiation of the dispute will not affect the quality of services provided to you.

- **How can I learn more?**

- For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises/consumers, email FederalPPDRQuestions@cms.hhs.gov, or call 1-800-985-3059.