

ELKHORN SOUTH

**Boys
Track and Field**

**SUMMARY
2023**

ELKHORN SOUTH 2023 BOYS TRACK AND FIELD

Seniors

<u>NAME</u>	<u>EVENTS</u>
*Jacob Austin #	distance
*Cole Ballard # #	sprints
*Jordon Boyles #	pole vault
*Noah Bustard #	throws
*Grant Dixon # # #	distance
*Corbin Ford # #	sprints
*Nolan Hoelsing # #	jumps
*Luke Johnson # # #	distance
*Caeden Kathol # #	hurdles
*Josh Knispel # # #	distance
*Jacob Langewisch #	sprints
*Davin Loeffler #	throws
*Elliot McLaughlin #	sprints
*Charlie Nielsen #	distance
*Leo Pechous #	distance
*Zane Rosenberg # #	hurdles
*Brayden Schuiteman #	distance
*Adam Svoboda #	pole vault
*Eliot Thomsen # # #	hurdles
*Ethan Vesely #	distance
*Grant Wherry #	jumps
*Kenton Zach # #	hurdles

Juniors

*Brady Bousquet # # #	jumps
Creighton Brown	throws
Angelo Campisi	sprints
Preston Holmes	throws
Antonio Jarrett	distance
Keegan Lavy	jumps
Cole Mackie	throws
*Lucas Malmos #	sprints
*Payton Mattox #	sprints
*Ashton McDermott # #	sprints
*Ashton Murphy # #	throws
Jacob Neily	throws
*Ty Nielsen #	sprints
*Clint Schumacher # # #	distance
Austin Stroh	throws
Duke Thurmon	throws
Tyler Voigt	sprints
*Leo White #	distance
*Lucas Wilson #	throws

*2023 Letter Winner

Letters earned in Track and Field at ESHS

Sophomores

<u>NAME</u>	<u>EVENTS</u>
Braxton Allison	sprints
Garrett Arends	sprints/jumps
Marvin Ci	sprints
Brayden DeLoach	sprints
*Dylan Donahue #	throws
*Bryce Faimon # #	jumps
Nik Khots	sprints
*Grant Lewis # #	distance
Roman Maglinger	distance
*Liam McGlynn # #	pole vault
Ethan Plummer	sprints
Zevren Randazzo	sprints
Eli Riva	throws
Kai Robertson	sprints
Chase Safranek	sprints
*Trey Salanoa #	jumps
Lincoln Schwarz	sprints
Gavin Shanahan	sprints
Griffin Spethman	distance
Barron Stine	sprints/jumps
*Landon Tate # #	sprints
Trace Trogdon	pole vault
Luke Warren	distance
Owen Washburn	sprints
Seth Whiteley	throws
Ethan Willits	sprints

Freshmen

<u>NAME</u>	<u>EVENTS</u>
Pete Alsup	pole vault
Aaron Azimi	sprints/jumps
Zander Carson – Koestner	distance
Corbin Gollehon	distance
Ayden Hollst	throws
Oliver Huddleson	sprints/jumps
Bennett Kernan	distance
Ethan Lilley	pole vault/jumps
Landon Loehr	throws
Trey Madsen	sprints/jumps
Adrian Negron	sprints
Jacob Parker	pole vault
*Josh Paulsen #	sprints
Owen Plagge	throws
Javon Quinn	jumps
Wyatt Shields	distance
Sam Stracke	distance
Daven Tzorin	sprints
Riley Ulbrich	sprints/jumps
Alex Wherry	jumps

Gavin Whitten **throws/sprints**
***2023 Letter Winner** **# Letters earned in Track and Field at ESHS**
COLLEGE OF SAINT MARY'S INVITATIONAL
 Elkhorn South Boys Track and Field
 Friday March 17, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy (HONOR ROLL – 12th Grade)	55'2"	2 nd
	Noah Bustard	44'2.50"	
Long Jump	Bryce Faimon (HONOR ROLL – 10th Grade)	19'6.75"	6 th
Triple Jump	Trey Salanoa (Personal Record – HONOR ROLL – 10th Grade)	41'3.50"	6 th
High Jump	Nolan Hoelsing	6'0"	2 nd
	Bryce Faimon (HONOR ROLL – 10th Grade)	5'10"	4 th
Pole Vault	Liam McGlynn (HONOR ROLL – 10th Grade)	12'0"	1 st
	Adam Svoboda	10'6"	2 nd
	Jordon Boyles	10'0"	3 rd (tie)
60 Meter Hurdles	Eliot Thomsen (Personal Record)	8.98	3 rd
	Zane Rosenberg (Personal Record)	9.03	5 th
60 Meter Dash	Brady Bousquet (Personal Record)	7.12	
	Landon Tate	7.34	
	Corbin Ford	7.39	
400 Meter Dash	Ashton McDermott	55.43	5 th
	Caeden Kathol	56.86	
	Kenton Zach	56.92	

COLLEGE OF SAINT MARY'S INVITATIONAL

Elkhorn South Boys Track and Field

Friday March 17, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
1600 Meter Run	Luke Johnson	4:31.46	4 th
	(HONOR ROLL – 12th Grade)		
	Grant Lewis	4:57.12	
	Clint Schumacher	5:00.35	
800 Meter Run	Grant Dixon	2:01.18	2 nd
	(HONOR ROLL – 12th Grade)		
	Josh Knispel	2:06.86	
200 Meter Dash	Kenton Zach	24.50	5 th
	(Personal Record)		
	Caeden Kathol	25.13	
1600 Meter Relay	Grant Dixon	55.5	5 th
	Ashton McDermott	56.0	
	Josh Knispel	57.1	
	Luke Johnson	57.1	
	3:45.67		

TEAM RESULTS

1. Prep - 103
2. Millard West - 90
3. Omaha Westside - 83
4. **Elkhorn South - 71**
5. Papillion South - 57
6. Omaha Burke - 24
7. Omaha South - 0

PAPILLION SOUTH JV INVITATIONAL

Elkhorn South Track and Field

Tuesday March 21, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Eli Riva	42'4"	3 rd
	(Personal Record)		
	Seth Whiteley	40'5"	5 th
	(Personal Record)		
	Owen Plagge	32'4"	
Discus	Lucas Wilson	120'0"	1 st
	(Personal Record)		
	Dylan Donahue	118'0"	2 nd
	(Personal Record)		
	Duke Thurmon	102'10"	
	(Personal Record)		
	Seth Whiteley	88'7"	
	(Personal Record)		
	Jacob Neily	87'10"	
	(Personal Record)		
	Gavin Whitten	85'10"	
	Landon Loehr	68'3"	
Long Jump	Lucas Malmos	16'10.50"	
	Tyler Voigt	16'10.50"	
	Payton Mattox	15'3.25"	
	Barron Stine	15'1"	
	Aaron Azimi	15'0"	
High Jump	Josh Paulsen	5'2"	3 rd
	Trey Madsen	5'0"	4 th (3 way tie)
	Alex Wherry	5'0"	4 th (3 way tie)
	Barron Stine	5'0"	4 th (3 way tie)
	Grant Wherry	No Height	
	Keegan Lavy	No Height	
Pole Vault	Jacob Parker	9'6"	1 st
	Trace Trogdon	7'6"	2 nd
100 Meter Dash	Ty Nielsen	11.96	2 nd (tie)
	Payton Mattox	12.06	4 th (tie)
	Ethan Willits	12.07	5 th
	Gavin Whitten	12.30	
	Barron Stine	12.74	
	Aaron Azimi	13.94	
	Trey Madson	14.24	
	Angelo Campisi	15.87	

PAPILLION SOUTH JV INVITATIONAL

Elkhorn South Track and Field

Tuesday March 21, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
400 Meter Dash	Josh Paulsen	57.15	2 nd
	(HONOR ROLL - 9th Grade)		
	Owen Washburn	57.63	4 th (2 way tie)
	Marvin Ci	1:00.40	
	Ethan Plummer	1:02.85	
	Chase Safranek	1:03.20	
	Daven Tzorin	1:07.21	
3200 Meter Run	Zander Carson – Koestner	11:20.29	2 nd
	Sam Stracke	11:20.53	3 rd
800 Meter Run	Charlie Nielsen	2:31.66	
	(Personal Record)		
	Ethan Plummer	2:44.59	
200 Meter Run	Lucas Malmos	24.35	1 st
	(Personal Record)		
	Ethan Willits	24.43	2 nd
	(Personal Record)		
	Ty Nielsen	24.46	5 th
	Payton Mattox	24.96	
	Gavin Whitten	25.61	
	Tyler Voigt	26.25	
	Marvin Ci	26.59	
	Trey Madsen	27.16	
	Trace Trogon	28.26	
	Daven Tzorin	30.16	
1600 Meter Run	Antonio Jarrett	5:17.48	
	(Personal Record)		
	Roman Maglinger	5:29.98	
	Griffin Spethman	5:57.47	
400 Meter Relay	Ty Nielsen		
	Ethan Willits		
	Lucas Malmos		
	Tyler Voigt	DQ	
1600 Meter Relay	Josh Paulsen	57.1	
	Owen Washburn	58.2	
	Zane Carson – Koestner	60.0	
	Sam Stracke	58.5 3:53.84	1 st

DOANE INVITATIONAL

Elkhorn South Boys Track and Field

Friday March 24, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Noah Bustard	48'2"	5 th
	(Personal Record – HONOR ROLL – 12th Grade)		
	Eli Riva	45'10"	
	(Personal Record – HONOR ROLL – 10th Grade)		
	Davin Loeffler	44'6"	
Discus	Lucas Wilson	115'2"	
	Dylan Donahue	113'0"	
	Duke Thurmon	94'4.50"	
Long Jump	Bryce Faimon	20'1.25"	5 th
	(Personal Record – HONOR ROLL – 10th Grade)		
	Trey Salanoa	19'8"	
Triple Jump	Trey Salanoa	40'7"	4 th
High Jump	Nolan Hoelsing	6'4"	2 nd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Bryce Faimon	6'2"	3 rd (tie)
	(Personal Record – HONOR ROLL – 10th Grade)		
Pole Vault	Adam Svoboda	10'6"	4 th
	Jordon Boyles	10'0"	
	Liam McGlynn	No Height	
3200 Relay	Grant Dixon	2:02.3	3 rd
	Josh Knispel	2:07.5	
	Grant Lewis	2:12.8	
	Luke Johnson	2:06.9	
		8:29.48	
60 Meter Hurdles	Eliot Thomsen	9.07	5 th
	Zane Rosenberg	9.27	
60 Meter Dash	Brady Bousquet	7.26	
	Landon Tate	7.29	
	(Personal Record)		
	Corbin Ford	7.34	
	(Personal Record)		

DOANE INVITATIONAL

Elkhorn South Boys Track and Field

Friday March 24, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
400 Meter Dash	Ashton McDermott	55.56	
	Kenton Zach	57.11	
	Caeden Kathol	57.60	
800 Meter Run	Josh Knispel	2:06.95	
	Luke Johnson	2:08.78	
	Grant Lewis	2:14.64	
	(Personal Record)		
200 Meter Dash	Brady Bousquet	24.70	
	Ashton McDermott	24.94	
	Corbin Ford	25.02	
1600 Meter Run	Grant Dixon	4:37.07	3 rd
	Clint Schumacher	5:03.92	

TEAM RESULTS

1. Papillion South – 99
2. Millard West – 85
3. Omaha Westside – 76
4. Omaha Central – 65
5. Columbus – 47
- 6. Elkhorn South – 39**
7. Lincoln North Star – 20
8. Bellevue West – 19
9. Waverly – 12

PAPILLION SOUTH JV DUAL AT ELKHORN SOUTH

Elkhorn South Boys Track and Field

Monday March 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Eli Reva	43'5"	2 nd
	Seth Whiteley	41'3"	4 th
	(Personal Record)		
	Austin Stroh	40'7"	5 th
	Davin Loeffler	39'2"	6 th
	Cole Mackie	37'6.50"	
	Owen Plagge	34'3"	
	(Personal Record)		
Discus	Dylan Donahue	118'8"	1 st
	(Personal Record)		
	Lucas Wilson	112'2"	3 rd
	Preston Holmes	107'4"	4 th
	(Personal Record)		
	Cole Mackie	104'8"	5 th
	(Personal Record)		
	Jacob Neily	96'7"	
	(Personal Record)		
	Duke Thurmon	94'4"	
	Seth Whiteley	88'7"	
Long Jump	Ayden Hollst	66'9"	
	Landon Loehr	62'4"	
	Creighton Brown	52'10"	
	Tyler Voigt	16'4"	3 rd
	Ethan Lilley	15'8"	4 th
	Aaron Azimi	14'9"	6 th (tie)
	Barron Stine	14'9"	6 th (tie)
High Jump	Javon Quinn	14'8.50"	
	Riley Ulbrich	12'0"	
	Josh Paulsen	5'6"	1 st
	(Personal Record)		
	Alex Wherry	5'4"	2 nd (tie)
	(Personal Record)		
	Trey Madsen	5'2"	4 th (3 way tie)
	(Personal Record)		
	Baron Stine	5'0"	
	Keegan Lavy	4'10"	

PAPILLION SOUTH JV DUAL AT ELKHORN SOUTH

Elkhorn South Boys Track and Field

Monday March 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Pole Vault	Jacob Parker	8'0"	1 st
	Peter Alsup	7'0"	3 rd
	Trace Trogon	No Height	
1600 Meter Run	Zander Carson – Koestner	5:07.3	2 nd
	Sam Stracke	5:07.5	3 rd
	Antonio Jarrett	5:20.0	
	Roman Maglinger	5:30.1	
	Leo Pechous	5:32.2	
	Charlie Nielsen	5:32.5	
	Jacob Austin	5:35.2	
	(Personal Record)		
	Brayden Schuiteman	5:39.6	
	(Personal Record)		
	Corbin Gollehon	5:40.6	
	Bennett Kernen	5:41.7	
	Griffin Spethman	5:52.9	
	(Personal Record)		
	Wyatt Shields	6:08.2	
100 Meter Dash	Payton Mattox	11.84	1 st
	(Personal Record)		
	Ty Nielsen	11.94	2 nd
	(Personal Record)		
	Lucas Malmos	11.95	3 rd (tie)
	(Personal Record)		
	Kenton Zach	12.24	6 th (tie)
	Chase Safranek	12.24	6 th (tie)
	Ethan Willits	12.44	
	Tyler Voigt	12.54	
	(Personal Record)		
	Gavin Whitten	12.74	
	Kai Robertson	12.94	
	Trey Madsen	13.04	
	(Personal Record)		
	Ethan Lilley	13.14	
	Zevren Randazzo	13.44	
	Javon Quinn	13.84	
	Aaron Azimi	14.04	
	Riley Ulbrich	14.74	

PAPILLION SOUTH JV DUAL AT ELKHORN SOUTH

Elkhorn South Boys Track and Field

Monday March 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
400 Meter Dash	Josh Paulsen	55.84	1 st
	(Personal Record – HONOR ROLL – 9th Grade)		
	Owen Washburn	56.84	2 nd
	Nik Khots	59.44	5 th
	Jacob Langewisch	59.64	6 th
	Braxton Allison	1:01.14	
	Marvin Ci	1:01.34	
	Daven Tzorin	1:03.24	
	(Personal Record)		
200 Meter Dash	Ethan Plummer	1:05.34	
	Ty Nielsen	24.04	1 st
	(Personal Record)		
	Lucas Malmos	24.34	2 nd
	(Personal Record)		
	Payton Mattox	24.94	5 th
	Ethan Willits	25.04	
	Chase Safranek	25.24	
	(Personal Record)		
	Gavin Whitten	26.14	
	Trey Madsen	26.44	
	(Personal Record)		
	Kai Robertson	26.84	
300 Meter Hurdles	Zevren Randazzo	27.94	
	(Personal Record)		
	Daven Tzorin	29.84	
	(Personal Record)		
	Kenton Zach	45.2	2 nd
	Caeden Kathol	45.8	3 rd
	Zane Rosenberg	47.9	5 th (tie)

PAPILLION SOUTH JV DUAL AT ELKHORN SOUTH

Elkhorn South Boys Track and Field

Monday March 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
800 Meter Run	Zander Carson-Koestner	2:19.4	5 th
	Antonio Jarrett	2:20.4	
	(Personal Record)		
	Sam Stracke	2:20.7	
	Roman Maglinger	2:32.6	
	Brayden Schuiteman	2:33.2	
	(Personal Record)		
	Jacob Austin	2:35.6	
	(Personal Record)		
	Charlie Nielsen	2:35.9	
	Leo Pechous	2:36.0	
	Corbin Gollehon	2:36.2	
	Braxton Allison	2:37.4	
	Bennett Kernan	2:37.5	
	Griffin Spethman	2:39.8	
	Ethan Plummer	2:39.9	
	(Personal Record)		
	Ethan Vesely	2:41.9	
	Brayden DeLoach	2:47.7	
	Wyatt Shields	2:57.9	
400 Meter Relay	Payton Mattox		1 st
	Ty Nielsen		
	Tyler Voigt		
	Ethan Willits	47.3	
1600 Meter Relay	Josh Paulsen	56.9	1 st
	Owen Washburn	57.8	
	Lucas Malmos	57.5	
	Marvin Ci	62.5	
		3:54.74	

COLUMBUS INVITATIONAL

Elkhorn South Boys Track and Field

Saturday April 1, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Eli Reva	44'8.75"	
	Davin Loeffler	39'2.50"	
Discus	Dylan Donahue	122'8"	
	(Personal Record)		
	Lucas Wilson	121'3"	
	(Persona Record)		
Long Jump	Cole Mackie	113'0"	
	(Personal Record)		
	Bryce Faimon	20'2.50"	5 th
	(Personal Record – HONOR ROLL – 10th Grade)		
High Jump	Nolan Hoelsing	6'0"	2 nd
	Bryce Faimon	5'10"	6 th
	Josh Paulsen	5'4"	
Pole Vault	Liam McGlynn	12'6"	2 nd (tie)
	(Personal Record – HONOR ROLL – 10th Grade)		
3200 Meter Relay	Grant Dixon	2:00.6	
	Leo White	2:10.4	
	Clint Schumacher	2:13.6	
	Josh Knispel	2:03.1	8:27.64 3 rd
110 Meter HH	Eliot Thomsen	15.84	4 th
	Zane Rosenberg	16.18	6 th
	(Personal Record)		
100 Meter Dash	Corbin Ford	11.52	
	Landon Tate	11.61	
	(Personal Record)		
	Payton Mattox	11.96	
400 Meter Dash	Ashton McDermott	53.33	
	(Personal Record – HONOR ROLL – 11th Grade)		
	Josh Paulsen	54.90	
	(Personal Record – HONOR ROLL – 9th Grade)		
	(SCHOOL RECORD – 9th Grade)		
	Owen Washburn	55.44	
	(Personal Record)		

COLUMBUS INVITATIONAL

Elkhorn South Boys Track and Field

Saturday April 1, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
3200 Meter Run	Luke Johnson	9:36.19	4 th
	(HONOR ROLL – 12th Grade)		
	Grant Lewis	10:19.25	
	(Personal Record – HONOR ROLL – 10th Grade)		
800 Meter Run	Grant Dixon	2:00.77	3 rd
	(HONOR ROLL – 12th Grade)		
	Josh Knispel	2:06.70	
300 Meter Hurdles	Kenton Zach	44.35	
	Caeden Kathol	44.53	
200 Meter Dash	Ty Nielsen	23.92	
	(Personal Record)		
	Corbin Ford	24.24	
	Lucas Malmos	24.45	
1600 Meter Run	Luke Johnson	4:33.79	3 rd
	Clint Schumacher	4:59.73	
400 Meter Relay	Payton Mattox		2 nd
	Ty Nielsen		
	Landon Tate		
	Corbin Ford	44.48	
1600 Meter Relay	Josh Paulsen	55.7	
	Ashton McDermott	54.8	
	Lucas Malmos	56.8	
	Kenton Zach	53.3	
		3:40.61	

TEAM RESULTS

1. Millard West – 137
2. Kearney – 134
3. Columbus – 62
4. Papillion South – 58
- 5. Elkhorn South – 53**
6. Fremont – 38.50
7. Grand Island – 27.50
8. Omaha Burke – 17

OMAHA BENSON INVITATIONAL

Elkhorn South Boys Track and Field

Friday April 7, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Noah Bustard	48'1"	3 rd
	Eli Reva	44'0"	
Discus	Dylan Donahue	125'0.50"	6 th
	Cole Mackie	111'3"	
	Lucas Wilson	111'0"	
Long Jump	Bryce Faimon	20'7.25"	5 th
	(Personal Record – HONOR ROLL – 10th Grade)		
High Jump	Nolan Hoelsing	6'0"	2 nd
	Bryce Faimon	5'10"	5 th
Pole Vault	Liam McGlynn	13'0"	1 st
	(Personal Record – HONOR ROLL – 10th Grade)		
	Adam Svoboda	11'6"	3 rd
	(Personal Record)		
	Jordon Boyles	11'6"	4 th
(Personal Record)			
3200 Meter Relay	Leo White	2:09.6	2 nd
	Zander Carson-Koestner	2:12.5	
	Sam Stracke	2:18.8	
	Antonio Jarrett	2:16.9	
		8:57.86	
110 Meter HH	Eliot Thomsen	15.60	3 rd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Zane Rosenberg	16.25	5 th
100 Meter Dash	Ty Nielsen	11.32	
	(Personal Record – HONOR ROLL – 11th Grade)		
	Brady Bousquet	11.34	
	(Personal Record – HONOR ROLL – 11th Grade)		
	Payton Mattox	11.60	
(Personal Record)			
400 Meter Dash	Ashton McDermott	52.69	4 th
	(Personal Record – HONOR ROLL – 11th Grade)		
	Josh Paulsen	55.27	
	Owen Washburn	56.47	
3200 Meter Run	Grant Lewis	10:27.14	5 th
	Clint Schumacher	10:31.90	6 th
	(Personal Record)		

OMAHA BENSON INVITATIONAL

Elkhorn South Boys Track and Field

Friday April 7, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
800 Meter Run	Grant Dixon	2:02.15	1 st
	Luke Johnson	2:03.78	2 nd
	Leo White	2:09.25	6 th
	(Personal Record)		
300 Meter Hurdles	Eliot Thomsen	43.51	5 th
	Caeden Kathol	45.83	
	Kenton Zach	45.87	
200 Meter Dash	Ty Nielsen	23.35	5 th
	(Personal Record – HONOR ROLL – 11th Grade)		
	Lucas Malmos	23.82	
	(Personal Record)		
1600 Meter Run	Corbin Ford	23.95	
	Luke Johnson	4:36.85	3 rd
	Grant Dixon	4:38.0	4 th
	Josh Knispel	4:48.42	6 th
400 Meter Relay	(Personal Record)		
	Brady Bousquet		
	Ty Nielsen		
	Payton Mattox		
1600 Meter Relay	Corbin Ford	44.95	2 nd
	Josh Paulsen	54.6	
	Ashton McDermott	52.3	
	Owen Washburn	56.2	
	Kenton Zach	54.7	2 nd
		3:37.77	

TEAM RESULTS

1. Brandon Valley – 126
2. **Elkhorn South – 112**
3. Omaha Central – 92
4. Omaha Westside – 71
5. Sioux Fall Jefferson – 65
6. Bellevue East – 25
7. Omaha North – 21
8. Westview – 7
9. Omaha Northwest – 4
10. Omaha South - 2

ELKHORN SOUTH SOUTH JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 11, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Davin Loeffler	42'9.50"	1 st
	Austin Stroh	39'8"	2 nd
	Seth Whiteley	39'4"	3 rd
	Owen Plagge	35'11"	5 th
	(Personal Record)		
Discus	Duke Thurmon	112'2"	3 rd
	(Personal Record)		
	Gavin Whitten	103'5"	4 th
	(Personal Record)		
	Jacob Neily	102'5"	5 th
	(Personal Record)		
	Cole Mackie	96'9"	6 th
	Seth Whiteley	90'6"	
	(Personal Record)		
	Landon Loehr	75'4"	
Long Jump	(Personal Record)		
	Ayden Hollst	68'4"	
	(Personal Record)		
	Creighton Brown	57'10"	
	(Personal Record)		
	Oliver Huddleson	17'2.50"	5 th
	Trey Madsen	16'9"	
	Barron Stine	16'6"	
	(Personal Record)		
	Javon Quinn	14'6"	
Triple Jump	Garrett Arends	13'0.50"	
	Trey Madsen	31'10"	
	Javon Quinn	30'3"	
High Jump	Grant Wherry	5'10"	1 st
	(Personal Record)		
	Barron Stine	5'4"	4 th (tie)
	(Personal Record)		
	Alex Wherry	5'4"	4 th (tie)
	Javon Quinn	5'2"	6 th (tie)
	Trey Madsen	5'2"	6 th (tie)
Pole Vault	Keegan Lavy	4'10"	
	Jacob Parker	9'0"	1 st (tie)
	Trace Trogon	9'0"	1 st (tie)
	(Personal Record)		
	Ethan Lilley	8'6"	3 rd (tie)
	Peter Alsup	8'0"	5 th
	(Personal Record)		

ELKHORN SOUTH SOUTH JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 11, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
3200 Meter Relay	Charlie Nielsen	2:27.4	10:03.3 1 st
	Leo Pechous	2:32.6	
	Brayden Schuiteman	2:35.7	
	Jacob Austin	2:27.6	
100 Meter Dash	Ethan Willits	12.24	
	Chase Safranek	12.24	
	Kai Robertson	12.34	
	(Personal Record)		
	Gavin Whitten	12.34	
	Oliver Huddleson	12.64	
	Zevren Randazzo	12.94	
400 Meter Dash	(Personal Record)		4 th 5 th
	Nik Khots	59.24	
	(Personal Record)		
	Marvin Ci	59.54	
	(Personal Record)		
	Braxton Allison	1:00.64	
	Adrian Negron	1:03.14	
	Daven Tzorin	1:04.74	
1600 Meter Run	Brayden DeLoach	1:05.24	2 nd 4 th
	Ethan Plummer	1:08.04	
	Antonio Jarrett	5:21.14	
	Roman Maglinger	5:29.94	
	(Personal Record)		
	Corbin Gollehon	5:35.44	
	(Personal Record)		
200 Meter Dash	Bennett Kernan	5:43.74	3 rd (tie)
	Wyatt Shields	6:13.24	
	Griffin Spethman	6:20.24	
	Ethan Willits	24.14	
	(Personal Record)		
	Trey Madsen	25.04	
	(Personal Record)		
	Chase Safranek	25.24	
	Gavin Whitten	25.24	
	(Personal Record)		
	Oliver Huddleson	26.24	
	Kai Robertson	26.44	
	Zevren Randazzo	26.84	
	(Personal Record)		
	Daven Tzorin	27.44	
	(Personal Record)		

ELKHORN SOUTH SOUTH JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 11, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
800 Meter Run	Brayden Schuiteman	2:30.14	4 th
	(Personal Record)		
	Leo Pechous	2:30.34	5 th
	Jacob Austin	2:31.14	6 th
	(Personal Record)		
	Ethan Vesely	2:39.64	
	Braxton Allison	2:41.44	
	Ethan Plummer	2:48.04	
3200 Meter Run	Zander Carson-Koestner	11:31.14	1 st
	Sam Stracke	11:33.04	2 nd
1600 Meter Relay	Antonio Jarrett	60.9	
	Roman Maglinger	59.9	
	Nik Khots	61.3	
	Marvin Ci	60.8 4:02.94	1 st

KRUGER/MAY INVITATIONAL

Elkhorn South Boys Track and Field

Thursday April 13, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	54'4"	3 rd
	Noah Bustard	46'9"	7 th
	Eli Reva	43'2"	
Discus	Ashton Murphy	155'7"	4 th
	(HONOR ROLL – 11th Grade)		
	Dylan Donahue	139'8"	6 th
	(Personal Record – HONOR ROLL – 10th Grade)		
	Lucas Wilson	121'9"	
	(Personal Record)		
Long Jump	Bryce Faimon	21'1"	2 nd
	(Personal Record – HONOR ROLL – 10th Grade)		
Triple Jump	Trey Salanoa	43'6.50"	1 st
	(Personal Record – HONOR ROLL – 10th Grade)		
High Jump	Nolan Hoelsing	6'2"	3 rd
	Bryce Faimon	5'8"	
	Grant Wherry	5'8"	
Pole Vault	Jordon Boyles	13'0"	1 st
	(Personal Record – HONOR ROLL – 12th Grade)		
	Liam McGlynn	13'0"	2 nd
	Adam Svoboda	11'0"	5 th
3200 Meter Relay	Luke Johnson	2:04.1	
	Leo White	2:11.3	
	Grant Lewis	2:14.1	
	Josh Knispel	2:07.7	8:37.24 2 nd
110 Meter HH	Eliot Thomsen	15.28	3 rd
	(Personal Record – HONOR ROLL – 12th Grade)		
	(Ties SCHOOL RECORD)		
	Zane Rosenberg	15.69	7 th
	(Personal Record – HONOR ROLL – 12th Grade)		
100 Meter Dash	Brady Bousquet	10.91	1 st
	(Personal Record – HONOR ROLL – 11th Grade)		
	Corbin Ford	11.05	4 th
	(Personal Record – HONOR ROLL – 12th Grade)		
	Landon Tate	11.12	7 th
	(Personal Record – HONOR ROLL – 10th Grade)		
400 Meter Dash	Ashton McDermott	53.36	6 th
	Josh Paulsen	55.20	
	Owen Washburn	56.95	
3200 Meter Run	Grant Dixon	10:15.38	2 nd

KRUGER/MAY INVITATIONAL

Elkhorn South Boys Track and Field

Thursday April 13, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
200 Meter Dash	Ty Nielsen	23.10	
	(Personal Record – HONOR ROLL – 11th Grade)		
	Corbin Ford	23.36	
	(Personal Record)		
800 Meter Run	Payton Mattox	23.59	
	(Personal Record)		
	Grant Dixon	2:05.09	4 th
	Josh Knispel	2:06.88	5 th
300 Meter Hurdles	Leo White	2:10.36	6 th
	Caeden Kathol	43.67	8 th
	Kenton Zach	45.94	
1600 Meter Run	Luke Johnson	4:34.25	1 st
	Grant Lewis	4:46.39	7 th
	(Personal Record – HONOR ROLL – 10th Grade)		
	Clint Schumacher	4:53.89	
400 Meter Relay	Brady Bousquet		
	Ty Nielsen		
	Payton Mattox		
	Corbin Ford	44.08	3 rd
1600 Meter Relay	Josh Paulsen	56.5	
	Ashton McDermott	52.9	
	Lucas Malmos	54.9	
	Kenton Zach	54.3	3:38.53 4 th

TEAM RESULTS

1. Elkhorn South - 142
2. Elkhorn North – 92.33
3. Gretna – 87.33
4. Lincoln Pius - 86
5. Elkhorn - 80
6. Bellevue West - 70
7. Bennington - 31
8. Wayne - 25
9. Bellevue East – 21.33
10. Ralston - 13
11. Boys Town - 11

HAROLD SCOTT INVITATIONAL

Elkhorn South Boys Track and Field

Thursday April 20, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	53'3.75"	2 nd
	Noah Bustard	45'8.25"	
	Eli Reva	44'2.50"	
Discus	Lucas Wilson	131'8"	6 th
	(Personal Record)		
	Dylan Donahue	130'8"	7 th
	Ashton Murphy	111'4"	
Long Jump	Bryce Faimon	20'0.25"	6 th
Triple Jump	Trey Salanoa	42'10.50"	4 th
High Jump	Bryce Faimon	6'1"	5 th
	Nolan Hoelsing	6'1"	7 th
	Grant Wherry	5'7"	
Pole Vault	Liam McGlynn	12'0"	4 th (tie)
	Jordon Boyles	12'0"	4 th (tie)
3200 Meter Relay	Grant Dixon	2:00.42	8:21.17 4 th
	Leo White	2:08.63	
	Grant Lewis	2:09.40	
	Josh Knispel	2:02.47	
110 Meter HH	Eliot Thomsen	15.59	4 th
	Zane Rosenberg	16.09	7 th
100 Meter Dash	Brady Bousquet	11.13	7 th
	Corbin Ford	11.25	
	Landon Tate	11.50	
400 Meter Dash	Ashton McDermott	54.07	
	Josh Paulsen	54.20	
	(Personal Record – HONOR ROLL – 9th Grade)		
	(SCHOOL RECORD – 9th Grade)		
	Lucas Malmos	54.96	
3200 Meter Run	Luke Johnson	9:46.31	1 st
200 Meter Dash	Ty Nielsen	23.23	6 th
	Brady Bousquet	23.66	
	Payton Mattox	23.99	

HAROLD SCOTT INVITATIONAL

Elkhorn South Boys Track and Field

Thursday April 20, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
800 Meter Dash	Grant Dixon	1:59.13	4 th
	Leo White	2:06.87	
	(Personal Record)		
	Zander Carson-Koestner	2:11.41	
	(Personal Record – HONOR ROLL – 9th Grade)		
300 Meter Hurdles	Caeden Kathol	44.04	
	Kenton Zach	44.46	
1600 Meter Run	Luke Johnson	4:26.39	3 rd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Grant Lewis	4:39.35	
	(Personal Record – HONOR ROLL – 10th Grade)		
	Clint Schumacher	4:46.28	
	(Personal Record)		
400 Meter Relay	Brady Bousquet		
	Ty Nielsen		
	Landon Tate		
	Corbin Ford	DNF	
1600 Meter Relay	Ashton McDermott	54.1	
	Grant Dixon	52.1	
	Josh Knispel	54.6	
	Kenton Zach	53.9	
		3:34.70	

TEAM RESULTS

1. Lincoln East - 125
2. **Elkhorn South – 79**
3. Sioux Falls O’Gorman – 71
4. Bellevue West – 62
5. Omaha Westside – 61.5
6. Millard South – 48
7. Lincoln High – 46
8. Fremont – 43.5
9. Lincoln Pius – 42
10. Lincoln North Star – 41
11. Lincoln Southeast – 38
12. Omaha Northwest – 5
13. Omaha Bryan – 0
14. Omaha South – 0
15. Lincoln Northwest - 0

MILLARD WEST JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 25, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Davin Loeffler	41'1.50"	1 st
	Seth Whiteley	40'9.25"	2 nd
	Austin Stroh	40'4.50"	3 rd
	Owen Plagge	33'7.50"	
Discus	Gavin Whitten	106'6.50"	1 st
	(Personal Record)		
	Cole Mackie	104'6.50"	2 nd
	Jacob Neily	99'5"	5 th
	Seth Whiteley	90'9.50"	
	(Personal Record)		
	Landon Loehr	66'4"	
Long Jump	Creighton Brown	56'4"	
	Oliver Huddleson	16'8"	
	Aaron Azimi	15'9"	
	(Personal Record)		
	Garrett Arends	15'2.50"	
	(Personal Record)		
Triple Jump	Riley Ulbrich	14'10"	
	(Personal Record)		
	Trey Madsen	34'2"	4 th
	(Personal Record)		
High Jump	Javon Quinn	34'0"	5 th
	(Personal Record)		
	Trey Madsen	5'4"	2 nd (6 way tie)
Pole Vault	(Personal Record)		
	Barron Stine	5'4"	2 nd (6 way tie)
	Alex Wherry	5'4"	2 nd (6 way tie)
	Javon Quinn	5'2"	
	Keegan Lavy	5'0"	
	(Personal Record)		
Pole Vault	Jacob Parker	9'6"	1 st
	Trace Trogon	8'6"	2 nd
	Peter Alsup	8'0"	3 rd

MILLARD WEST JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 25, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
100 Meter Dash	Chase Safranek	12.03	
	(Personal Record)		
	Gavin Whitten	12.21	
	(Personal Record)		
	Kai Robertson	12.76	
	Zevren Randazzo	12.85	
	(Personal Record)		
	Angelo Campisi	13.16	
	(Personal Record)		
400 Meter Dash	Aaron Azimi	13.34	
	(Personal Record)		
	Riley Ulbrich	13.48	
	(Personal Record)		
	Nik Khots	56.46	
	(Personal Record)		
	Braxton Allison	59.75	
	(Personal Record)		
	Brayden DeLoach	59.82	
1600 Meter Run	Marvin Ci	59.96	
	Daven Tzorin	1:00.92	
	(Personal Record)		
	Adrian Negron	1:02.11	
	(Personal Record)		
	Ethan Plummer	1:05.74	
	Zander Carson-Koestner	5:01.67	1 st
	(Personal Record)		
	Sam Stracke	5:03.18	2 nd
	(Personal Record)		
	Leo Pechous	5:26.46	5 th
	(Personal Record)		
	Brayden Schuiteman	5:26.66	6 th
	(Personal Record)		
	Charlie Nielsen	5:26.91	
	(Personal Record)		
	Corbin Gollehon	5:30.70	
	(Personal Record)		
	Jacob Austin	5:32.36	
	(Personal Record)		
	Bennett Kernen	5:32.95	
	(Personal Record)		
	Griffin Spethman	5:50.26	
	(Personal Record)		
	Wyatt Shields	5:52.35	
	(Personal Record)		

MILLARD WEST JV INVITATIONAL

Elkhorn South Track and Field

Tuesday April 25, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
200 Meter Dash	Trey Madsen	24.88	
	(Personal Record)		
	Nik Khots	25.0	
	(Personal Record)		
	Gavin Whitten	25.17	
	(Personal Record)		
	Chase Safranek	25.36	
	Oliver Huddleson	25.97	
	(Personal Record)		
800 Meter Run	Zevren Randazzo	27.17	
	Daven Tzorin	27.91	
	Antonio Jarrett	2:13.60	
	(Personal Record)		
	Roman Maglinger	2:21.20	
	(Personal Record)		
	Ethan Vesely	2:31.30	
1600 Meter Relay	(Personal Record)		
	Ethan Plummer	2:36.79	
	(Personal Record)		
	Brayden DeLoach	2:44.94	
	Sam Stracke	57.1	
	Zander Carson-Koestner	56.4	
	Roman Maglinger	59.8	
	Antonio Jarrett	57.4	3:50.70 2 nd

South Sioux City Invitational

Elkhorn South Boys Track and Field

Thursday April 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	52'11"	2 nd
	Noah Bustard	47'4.75"	6 th
	Eli Riva	44'11"	
Discus	Ashton Murphy	147'9"	3 rd
	Lucas Wilson	125'11"	6 th
	Dylan Donahue	Scratch	
Long Jump	Trey Salanoa	19'3.25"	
High Jump	Nolan Hoelsing	6'2"	1 st
	Grant Wherry	5'8"	4 th
Pole Vault	Liam McGlynn	12'6"	1 st
	Jordon Boyles	12'6"	2 nd
	Adam Svoboda	11'0"	4 th
110 Meter HH	Eliot Thomsen	15.39	3 rd
	Zane Rosenberg	16.14	4 th
100 Meter Dash	Brady Bousquet	11.21	2 nd
	Ty Nielsen	11.21	3 rd
	(Personal Record – HONOR ROLL – 11th Grade)		
	Payton Mattox	11.24	5 th
	(Personal Record – HONOR ROLL – 11th Grade)		
400 Meter Dash	Lucas Malmos	53.89	4 th
	(Personal Record)		
	Nik Khots	55.32	
	(Personal Record)		
	Owen Washburn	56.17	
3200 Meter Run	Clint Schumacher	10:44.49	2 nd
200 Meter Dash	Ashton McDermott	23.51	4 th
	(Personal Record)		
	Landon Tate	23.20	
	(Personal Record – HONOR ROLL – 10th Grade)		

South Sioux City Invitational

Elkhorn South Boys Track and Field

Thursday April 27, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
800 Meter Run	Luke Johnson	2:00.97	1 st
	(HONOR ROLL – 12th Grade)		
	Grant Lewis	2:08.62	4 th
	(Personal Record – HONOR ROLL - 10th Grade)		
	Josh Paulsen	2:18.30	
300 Meter Hurdles	Caeden Kathol	43.31	1 st
	(Personal Record)		
	Kenton Zach	44.26	2 nd
1600 Meter Run	Grant Dixon	4:24.01	2 nd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Josh Knispel	4:35.60	3 rd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Leo White	4:44.06	4 th
	(Personal Record)		
400 Meter Relay	Brady Bousquet		
	Ty Nielsen		
	Landon Tate		
	Payton Mattox	43.96	1 st
1600 Meter Relay	Nik Khots	57.4	
	Caeden Kathol	54.7	
	Grant Lewis	55.7	
	Kenton Zach	53.5	3:41.27 2 nd

RESULTS

1. Elkhorn South – 162
2. Columbus – 159
3. South Sioux City – 98
4. Bishop Heelan – 64
5. Sioux City East – 34
6. Omaha Northwest – 27
7. Sioux City North - 7

METRO CONFERENCE MEET AT OMAHA BURKE

Elkhorn South Boys Track and Field
Tuesday and Wednesday May 2 and 3, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	53'7.50"	3 rd
	Noah Bustard	50'0.25"	8 th
	(Personal Record – HONOR ROLL – 12th Grade)		
	Eli Reva	42'1.75"	
Discus	Ashton Murphy	126'9"	
	Lucas Wilson	124'5"	
	Dylan Donahue	120'4"	
Long Jump	Bryce Faimon	20'10"	8 th
	Trey Salanoa	17'10"	
Triple Jump	Trey Salanoa	41'0.50"	
High Jump	Nolan Hoelsing	5'11"	5 th
	Bryce Faimon	5'9"	7 th (tie)
	Grant Wherry	5'7"	
Pole Vault	Liam McGlynn	13'6"	3 rd
	(Personal Record – HONOR ROLL – 10th Grade)		
	Adam Svoboda	12'0"	5 th
	(Personal Record) Jordon Boyles	12'0"	6 th
3200 Meter Relay	Grant Dixon	1:59.2	
	Luke Johnson	1:59.6	
	Leo White	2:02.5	
	Josh Knispel	2:00.5	8:01.80 3 rd
110 Meter Hurdles	Eliot Thomsen	15.40	7 th
100 Meter Dash	Corbin Ford	11.14	
	Brady Bousquet	11.35	
	Landon Tate	11.35	
400 Meter Dash	Ashton McDermott	52.99	
	Josh Paulsen	54.80	
	Nik Khots	56.54	
3200 Meter Run	Luke Johnson	9:34.71	1 st
	Grant Lewis	10:03.97	8 th
	(Personal Record – HONOR ROLL – 10th Grade)		
	Clint Schumacher	10:39.83	

METRO CONFERENCE MEET AT OMAHA BURKE

Elkhorn South Boys Track and Field
Tuesday and Wednesday May 2 and 3, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
200 Meter Dash	Ty Nielsen	23.18	
	Lucas Malmos	23.66	
	(Personal Record)		
	Payton Mattox	23.69	
800 Meter Run	Grant Dixon	1:58.08	8 th
	(HONOR ROLL – 12th Grade)		
	Josh Knispel	2:02.18	
	(Personal Record – HONOR ROLL – 12th Grade)		
	Leo White	2:03.36	
	(Personal Record – HONOR ROLL – 11th Grade)		
300 Meter Hurdles	Kenton Zach	43.52	
	Caeden Kathol	44.05	
1600 Meter Run	Luke Johnson	4:30.16	
	Grant Dixon	4:30.80	
	Josh Knispel	4:45.52	
400 Meter Relay	Brady Bousquet		
	Ty Nielsen		
	Landon Tate		
	Corbin Ford	43.59	6 th
1600 Meter Relay	Josh Paulsen	54.5	
	Ashton McDermott	52.8	
	Lucas Malmos	55.1	
	Kenton Zach	53.2	
			3:35.54

TEAM RESULTS

- | | |
|--------------------------------|-------------------------|
| 1. Millard West – 112 | 13. Omaha North - 9 |
| 2. Creighton Prep – 109 | 14. Omaha South - 0 |
| 3. Omaha Westside – 77 | 15. Omaha Bryan - 0 |
| 4. Papillion South – 51.5 | 16. Omaha Northwest - 0 |
| 5. Gretna – 51 | 17. Omaha Westview - 0 |
| 6. Bellevue West – 51 | 18. Omaha Benson - 0 |
| 7. Elkhorn South – 49.5 | 19. Buena Vista - 0 |
| 8. Millard South – 47 | 20. Bellevue East - 0 |
| 9. Millard North – 32 | |
| 10. Omaha Central – 31 | |
| 11. Papillion – 25 | |
| 12. Omaha Burke – 18 | |

METRO JV CONFERENCE MEET AT OMAHA BRYAN

Elkhorn South Boys Track and Field

Friday May 5, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Seth Whiteley	42'1.50"	4 th
	(Personal Record)		
	Davin Loeffler	40'9.50"	
	Austin Stroh	39'0.50"	
Discus	Gavin Whitten	109'3"	
	(Personal Record)		
	Duke Thurmon	108'6"	
	Cole Mackie	107'2"	
Long Jump	Oliver Huddleson	17'6.50"	
	(Personal Record)		
	Barron Stine	17'3"	
	(Personal Record)		
	Trey Madsen	17'0.50"	
	(Personal Record)		
Triple Jump	Trey Madsen	36'5.75"	
	(Personal Record)		
	Javon Quinn	34'9.75"	
	(Personal Record)		
High Jump	Alex Wherry	5'6"	6 th (tie)
	(Personal Record)		
	Trey Madsen	5'2"	
	Barron Stine	No Height	
Pole Vault	Trace Trogdon	9'6"	5 th
	(Personal Record)		
	Jacob Parker	9'0"	
	Peter Alsup	8'6"	
	(Personal Record)		
3200 Meter Relay	Brayden Schuiteman	2:26.2	9:44.09
	Leo Pechous	2:26.2	
	Charlie Nielsen	2:22.3	
	Jacob Austin	2:29.3	
100 Meter Dash	Chase Safranek	11.92	
	(Personal Record)		
	Ethan Willits	12.12	
	Gavin Whitten	12.69	

METRO JV CONFERENCE MEET AT OMAHA BRYAN

Elkhorn South Boys Track and Field

Friday May 5, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
1600 Meter Run	Antonio Jarrett	5:07.52	
	(Personal Record)		
	Roman Maglinger	5:23.10	
	(Personal Record)		
400 Meter Dash	Corbin Gollehon	5:26.68	
	(Personal Record)		
	Owen Washburn	55.58	
	Braxton Allison	59.54	
800 Meter Run	(Personal Record)		
	Brayden DeLoach	1:00.70	
	Charlie Nielsen	2:28.10	
	(Personal Record)		
200 Meter Dash	Leo Pechous	2:28.13	
	Brayden Schuiteman	2:29.54	
	(Personal Record)		
	Chase Safranek	23.92	
3200 Meter Run	(Personal Record)		
	Ethan Willits	24.20	
	Trey Madsen	25.36	
	Zander Carson-Koestner	10:38.85	1 st
400 Meter Relay	(Personal Record – HONOR ROLL – 9th Grade)		
	(SCHOOL RECORD – 9th Grade)		
	Chase Safranek		
	Oliver Huddleson		
1600 Meter Relay	Gavin Whitten		
	Ethan Willits	DQ	
	Owen Washburn	59.0	
	Roman Maglinger	61.2	
	Antonio Jarrett	59.3	
	Marvin Ci	58.5	3:58.05

DISTRICT MEET AT MILLARD SOUTH

Elkhorn South Boys Track and Field

Tuesday May 9, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	57'2.50"	1 st
	(Personal Record – HONOR ROLL – 11th Grade)		
	(SCHOOL RECORD)		
	Noah Bustard	50'4.75"	3 rd
	(Personal Record – HONOR ROLL – 12th Grade)		
	Eli Riva	43'4.75"	
	Lucas Wilson	124'2"	
	Dylan Donahue	119'9"	
Discus	Duke Thurmon	114'5"	
	(Personal Record)		
Long Jump	Bryce Faimon	20'3.50"	
Triple Jump	Trey Salanoa	Scratch	
High Jump	Nolan Hoelsing	6'1"	3 rd
	Bryce Faimon	5'11"	6 th
	Grant Wherry	No Height	
Pole Vault	Liam McGlynn	13'6"	3 rd
	Jordon Boyles	13'0"	5 th
	Adam Svoboda	12'0"	
3200 Meter Relay	Josh Knispel	2:04.9	
	Leo White	2:05.8	
	Grant Dixon	2:08.9	
	Luke Johnson	2:07.4	8:27.01 3 rd
110 Meter HH	Eliot Thomsen	15.34	
	Zane Rosenberg	16.02	
100 Meter Dash	Corbin Ford	11.33	
	Landon Tate	11.42	
	Brady Bousquet	11.48	
400 Meter Dash	Ashton McDermott	52.58	6 th
	(Personal Record – HONOR ROLL – 11th Grade)		
	Nik Khots	56.45	
3200 Meter Run	Luke Johnson	9:55.0	5 th
	Grant Lewis	10:34.85	
	Clint Schumacher	10:37.69	

DISTRICT MEET AT MILLARD SOUTH

Elkhorn South Boys Track and Field

Tuesday May 9, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
200 Meter Dash	Lucas Malmos	23.19	
	(Personal Record – HONOR ROLL – 11th Grade)		
	Ty Nielsen	23.45	
	Payton Mattox	23.97	
800 Meter Run	Josh Knispel	2:01.26	5 th
	(Personal Record – HONOR ROLL – 12th Grade)		
	Grant Dixon	2:02.36	6 th
	Leo White	2:07.57	
300 Meter Hurdles	Kenton Zach	44.15	
	Caeden Kathol	44.31	
1600 Meter Run	Luke Johnson	4:26.82	3 rd
	Grant Dixon	4:44.76	
400 Meter Relay	Brady Bousquet		
	Ty Nielsen		
	Landon Tate		
	Corbin Ford	DF	
1600 Meter Relay	Ashton McDermott	53.0	
	Grant Dixon	52.3	
	Josh Paulsen	53.5	
	Kenton Zach	54.1	3:32.87 4 th

TEAM RESULTS

1. Creighton Prep – 131
2. Millard West – 113
3. Kearney – 100
4. Omaha Central – 57
- 5. Elkhorn South – 53**
6. North Platte – 32
7. Lincoln High – 29
8. Omaha North - 12

STATE MEET AT OMAHA BURKE

Elkhorn South Boys Track and Field
Wednesday and Thursday May 17th and 18th, 2023

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DISTANCE</u>	<u>PLACE</u>
Shot Put	Ashton Murphy	52’2’’	7 th
	Noah Bustard	47’9.25’’	
High Jump	Nolan Hoelsing	6’2’’	
Pole Vault	Liam McGlynn	14’0’’	2 nd (tie)
	(Personal Record – HONOR ROLL – 10th Grade)		
3200 Meter Relay	Josh Knispel	1:59.6	3 rd
	Grant Dixon	2:00.2	
	Leo White	2:00.5	
	Luke Johnson	1:57.5	
	(SCHOOL RECORD)		
110 Meter Hurdles	Eliot Thomsen	16.13	
3200 Meter Run	Luke Johnson	9:44.85	7 th
800 Meter Run	Grant Dixon	1:58.50	
	Josh Knispel	2:01.09	
	(Personal Record - HONOR ROLL – 12th Grade)		
1600 Meter Run	Luke Johnson	4:22.42	5 th
	(Personal Record – HONOR ROLL – 12th Grade)		

TEAM RESULTS

- | | | |
|-------------------------------|-----------------------------|---------------------|
| 1. Creighton Prep – 97 | 16. Fremont – 16 | 31. Omaha South - 0 |
| 2. Millard West – 62 | 17. Norfolk – 15 | 32. Omaha Bryan - 0 |
| 3. Lincoln East – 60 | 18. Millard South – 12 | 33. Buena Vista - 0 |
| 4. Omaha Westside – 54 | 19. Millard North – 12 | |
| 5. Kearney – 41 | 20. Lincoln North Star - 11 | |
| 6. Bellevue West – 38 | 21. Columbus – 6 | |
| 7. Lincoln Southwest – 32 | 22. Omaha North - 5 | |
| 8. Gretna – 31 | 23. North Platte - 4 | |
| 9. Papillion South – 28 | 24. Lincoln Southeast - 4 | |
| 10. Omaha Central – 27 | 25. Grand Island - 3 | |
| 11. Lincoln Pius – 25 | 26. Lincoln Northeast - 1 | |
| 12. Omaha Burke – 23 | 27. Omaha Westview - 0 | |
| 13. Elkhorn South – 21 | 28. Bellevue East - 0 | |
| 14. Lincoln High – 18 | 29. Omaha Northwest - 0 | |
| 15. Papillion – 17 | 30. Omaha Benson - 0 | |