		Achieving standard	Approaching standard 2	Needs support 1
1	Physical skills	-Most of the time students move with correct technique and maintain personal spacethey follow instructions and transfer movements across units in most activities	-Students sometimes move with correct technique and maintain personal space. -They sometimes follow instructions and transfer movements across units	-Students do not move with correct technique and do not maintain personal space. -They do not follow instructions or transfer movements across units
2	Knowledge and Understanding	-Students are able to identify the movements required to perform a skill correctlyThey transfer movements across units most of the time and make some links between the skills and the movements.	-Students can sometimes identify movements required to perform a skillThey sometimes transfer learnt movements across units and sometimes link the skills to movements.	-Students make little or no connection between movements and skillsThey do not transfer learnt movements across units.
3	Health and wellbeing	-Can usually describe and explain the simple changes in the body during exercise -links some components of fitness in conversation and links to movementsDescribes the importance of sun safety and is able to explain potential risks.	-Can sometimes describe the simple changes in the body during exercise -Knows some Components of fitness in conversationIdentifies the importance of sun safety.	-Does not describe the simple changes in the body during exercise -Has limited knowledge of the Components of fitnessDoes not identify the importance of sun safety.
4	Collaboration and sportsmanship	-Students work hard most of the time and mostly stay on taskThey usually follow instructions and rarely become distracted by others or distract others from learningThey demonstrate good sportsmanship most of the time in all activities.	-Students occasionally work hard to improve and sometimes stay on taskThey sometimes follow instructions however, they tend to distract others or become distracted too frequentlyThey occasionally demonstrate sportsmanship and leadership skills but lack the consistency and/or demonstrate negative behaviour in winning or losing	-Students rarely stay on task despite regular promptingThey repeatedly do not follow instructionsThey tend to distract others or become distracted very frequentlyThey demonstrate poor sportsmanship within activities and/or do not work as a team