

Call for Performances



**Healthy
Dancer** Canada
The Dance Health Alliance of Canada

HDC Annual Conference 2026

***Safer Practices, Stronger Dancers:
Fostering Holistic Wellness
November 14 & 15, 2026***

Edmonton, AB

Performers are invited to submit applications for Healthy Dancer Canada's Annual Conference 2026, ***Safer Practices, Stronger Dancers: Fostering Holistic Wellness*** to be held in Edmonton AB on November 14 & 15, 2026.

Relevance

Healthy Dancer Canada's mission is to foster and facilitate communication and collaboration among the dance community, health professionals and researchers. We endeavor to enhance the health, well-being and performance of all dancers and to be the Canadian leader in this effort. Our annual conference for dancers, dance educators and health professionals includes lectures, workshops, panels, and performances. Performance applications should clearly address our mission and relevance to the conference theme ***Safer Practices, Stronger Dancers: Fostering Holistic Wellness***.

Format

Dance performances may be of any genre and should aim to be 5-15 minutes in length. This year's conference is being held in-person with a virtual component. Both in-person and digital performances are invited.

In-person performances: Performances are held in-studio on location at the University of Alberta (Edmonton). This is an intimate performance venue with audio support but no lighting. Performances will not take place on a stage. Performances may also include a short audience discussion but must cumulatively go no longer than 15 minutes. There is limited time for spacing and rehearsals.

Digital performances: These performances are pre-recorded and will be submitted to the conference team prior to the conference.

Deadline for Applications

If you are interested in presenting a performance, please email your application to the Conference Committee at conference@healthydancercanada.org, with the subject heading ***2026 Conference Performance Application***. Please send application materials in .docx or .pdf format with embedded links to digital files. The deadline for submissions is **October 1, 2026**. Notifications and scheduling will be made by October 15, 2026. Accepted performers must be or become Healthy Dancer Canada members prior to the registration deadline. A contract will be negotiated between the accepted artist(s) and Healthy Dancer Canada as per industry standards.



Application Format – Performances

Requirements:

- Title
- Description
 - maximum 500 words description of the proposed performance
 - Include how the piece relates to the conference theme
 - Indicate length of performance
 - Indicate if any discussion will be included in the 15 minutes
 - Include the number of performers for in-person performances
- Visuals or video link to full performance or excerpt of performance/creation process
- Participants
 - A short biography of company/participants
 - Indicate if pre-professional, emerging professional, established professional
 - Note if you are a Healthy Dancer Canada member

*If partial/incomplete works digital performance are being submitted, final products must be submitted by October 30, 2026

All applications are given equal consideration. Healthy Dancer Canada conducts a peer review evaluating all submissions according to the following criteria:

- a. Relevance to the conference theme and mission of the organization
- a. Artistic merit/significance

Questions & Information

Email: conference@healthydancercanada.org

Website: www.healthydancercanada.org

Membership: membership@healthydancercanada.org

Healthy Dancer Canada looks forward to all submissions and sincerely appreciates all applicants.

