

Feeding Challenge	Feeding Intervention
Oral Motor Hypersensitivities	1. 5 point wipe (wipe out to in to eye, mouth, chin firm pressure to desensitize) 2. Vibrating toothbrush on oral cavity. (move it around gums and mouth for 5 minutes to warm up mouth) 3. Z vibe on cheeks, roof of mouth, tongue, gums (rubber vibrate to desensitize, 5 min) 4. Firm pressure inside of mouth (child directed) [pushing up on hard palate, desensitize] 5. Nuk brush on outer teeth and gums (child directed)
Hypotonic muscle tone/drooling	1. 5 point wipe with vibration 2. Proprioceptive input in mouth (chewing gum, sucking/blowing activities with whistle toys, blow bubbles, blow in straw to make bubbles, drink from small straw to get tight lips, blow cotton ball with straw) [to use muscles of mouth and purse their lips over something] 3. Bandana scarf to protect clothes and skin (rashy)
Decreased Tongue Lateralization/Beginning Chewing	1. Long shaped teethers (teether in cheek, the tongue automatically moves toward it) [important for moving food around mouth] 2. Nuk with peanut butter on side of mouth [they will need to lick peanut butter off with tongue] 3. Use different textured foods. [move the food around in the mouth] 4. Cheese cloth or chew bags on side of mouth. {chew bags with fruit in them}

	When beginning chewing-use easily dissolvable food {texture they can easily chew and tolerate}
Abnormal Bite/tonic bit	- Maroon Spoon (avoid plastic spoons) {don't want to break plastic spoon off and break teeth with metal spoon, they need to do chin tuck, jaw stimulation to try to loosen their jaw hold on spoon} - Present food below eye level to encourage chin tuck. - Avoid scraping food on teeth. {at eye level or a little below, don't scrape their teeth and lips on food bc it can elicit tonic bite (narrow bowl on spoon)} - If bit elicited-wait for mouth to open.
Abnormal Gag Reflex	- Relaxed, unhurried atmosphere - Tip head forward if gag initiated - Downward pressure on tongue with spoon.
Drinking	Honeybear for straw use- squeeze honey bear (to teach them to start using straw)

honeybear for tongue thrust