Tracy Schlepphorst, M.Ed., speaker and author, works with people who directly impact the lives of children in a professional setting. Her background as a teacher and school counselor, combined with her frequent visits to schools, uniquely qualifies her to educate and inspire audiences.
Tracy's primary focus is to help children learn to be proactive with their emotions. Her topics range from self-respect and responsibility to manners and grief. "Happy on the Inside" is the quote that sparked her Emotion Belly Series, and her hope is to spread this message through her speaking.
Tracy holds Phase II Certification in The Neurosequential Model of Education. She is a Certified Kids Yoga instructor. And overall passionate about sharing ideas and learning!