**Carissa Cabán** to Everyone 9:01 AM
Hi. Good morning/ afternoon.

**Madhuri Jha** to Everyone 9:02 AM
I've unfortunately heard there is a death toll of 14 and counting with this one — terrible

**Anna Bailey (she/her) CBPP** to Everyone 9:18 AM
Looking forward to this conversation! Apologies in advance that I have to hop off at the hour for a can't-miss meeting.

**Carissa Cabán** to Everyone 9:27 AM
I always thought I would end up working there when I lived in MIA. I still keep in touch with Justin Volpe and a few other persons from your program. Congrats. 💓

**Anna Bailey (she/her) CBPP** to Everyone 9:40 AM
Such important work, Nev. 💙

**Cherene Caraco** to Everyone 9:40 AM
Well said, Nev

**Joy Agner** to Everyone 9:42 AM
100% Nev

**Morgan Shields** to Everyone 9:42 AM
Sorry I am late!

**Kate Warburton** to Everyone 9:43 AM
Funding structure

**Josh Seidman (he/him)** to Everyone 9:43 AM
Shift $ from clinical settings to social settings

**You** to Everyone 9:43 AM
payment reform to support non-clinical interventions for people's recovedry

**Travis Atkinson** to Everyone 9:43 AM
Universal access to humanistic crisis care

**Patrick Kennedy** to Everyone 9:43 AM
Financing it

**Dr. Yolanda Stevens** to Everyone 9:43 AM
integration

**Jason Bowman, Fountain House** to Everyone 9:43 AM
Access to comprehensive care

**Melissa Beck** to Everyone 9:43 AM
Universal healthcare for all

**Morgan Shields** to Everyone 9:43 AM
Improved data infrastructure, including standardized national clearinghouse of adverse events, complaints, reg violations

**Carissa Cabán** to Everyone 9:43 AM
Shift from clinical to community projects; universal healthcare

**Anna Bailey (she/her) CBPP** to Everyone 9:43 AM
Universal rental assistance

**Mark Ragins** to Everyone 9:43 AM
Move from illness centered to person centered

**Nev Jones** to Everyone 9:43 AM
Address #DisabilityPoverty in the US, including through fundamental reforms to SSI

**Cherene Caraco** to Everyone 9:44 AM
Valuing, validating, and funding non clinical, peer operated alternative to pathology based services and narratives- led by ppl most directly impacted

**Karina Forrest Perkins | Vail Communities** to Everyone 9:44 AM
Unlimited funding to deeply invest across prevention to intervention in an adequate manner.

**Purva Rawal** to Everyone 9:44 AM
Using financing as a mechanism to support whole-person care from the perspective of people and families

**Ruth Richardson (she/her)** to Everyone 9:44 AM
Universal Access to Care and ending systemic racism

**John Chambliss** to Everyone 9:44 AM
Baby Bonds!

**Stephanie Welch, CalHHS** to Everyone 9:44 AM
Improved research and data driven policy-making coming from the communities that access services

**Joy Agner** to Everyone 9:45 AM
Universal healthcare with prevention and social focus

**Carissa Cabán** to Everyone 9:46 AM
Adding something: Include & respect the science of Ancestral Knowledge in healing work. Reconnecting with other natural beings is urgently needed.

**Judge Steve Leifman** to Everyone 9:46 AM
Develop a system of care coordination that also addresses the social determinants that impact many people ending up in our system. Also, we need to have people with lived experiences to be part of the recovery system.

**Cherene Caraco** to Everyone 9:46 AM
There are trends and differing priorities
Some of the differences may be shaped by our worldviews
Short on influence and will perhaps?

**Stephanie Welch, CalHHS** to Everyone 9:48 AM
I agree - totally possible

**Cherene Caraco** to Everyone 9:51 AM
Peer support, when done well and with authenticity, has been the most impactful thing I have experienced in my 3 decades of working in mental health

**You** to Everyone 9:55 AM
well said Morgan

safety to share what we don't know

**Josh Seidman (he/him)** to Everyone 9:56 AM
REALLY listen

**Cherene Caraco** to Everyone 9:56 AM
Center Human rights, innovation, suspending what is to imagine what could be

**Anna Bailey (she/her) CBPP** to Everyone 9:57 AM
Embrace a culture of learning

**Jason Bowman, Fountain House** to Everyone 9:57 AM
Courage

**Purva Rawal** to Everyone 9:57 AM
Keeping an openness to multiple solutions, perspectives coexisting

**Karina Forrest Perkins | Vail Communities** to Everyone 9:57 AM
Respect, honoring dignity of different perspectives, a learning community,

**Judge Steve Leifman** to Everyone 9:57 AM
Mutual Respect, Listen and think before reacting.

**Kate Warburton** to Everyone 9:57 AM
Open mind

**Carissa Cabán** to Everyone 9:57 AM

**Carissa Cabán** 9:57 AM
This poem perfectly explains what I hope for participating in this delegation.

**Karina Forrest Perkins | Vail Communities** to Everyone 9:57 AM

Openness, curiosity, and boldness

**Cherene Caraco** to Everyone 9:57 AM
Not default to force or coercion as a solution, recognizing the harms and injustice both can cause

**Mark Ragins** to Everyone 9:57 AM
Respectful curiosity, horizontal power/ empowerment

**Brittney Weissman/Hollywood 4WRD** to Everyone 9:57 AM
Lean into the concept of #strongertogether, that we have so much more potential for impact in partnership.

**Morgan Shields** to Everyone 9:57 AM
Patience in understanding — ask clarifying questions if needed

**Melissa Beck** to Everyone 9:57 AM
curiosity, creativity, kindness and optimistic.

**John Chambliss** to Everyone 9:57 AM
Respect & Dedication

**Stephanie Welch, CalHHS** to Everyone 9:57 AM
respecting a difference of opinion and supporting each other to freely share their opinions and why and how they were formulated. Learning environment.

**Travis Atkinson** to Everyone 9:58 AM
Lovingly address perceived inaccuracies or insensitive comments that don't serve our cause

**Nev Jones** to Everyone 9:58 AM
Clear respect/deference to folks who have direct personal experience of what is being discussed (whether involuntary treatment, incarceration, antipsychotic injections, SMI services, etc.)

**Dr. Yolanda Stevens** to Everyone 9:58 AM
openness, respect, curiosity, patience, empathy

**Cherene Caraco** to Everyone 9:58 AM
Curiousity, validation, for non traditional worldviews not rooted in pharma and hospitalization

**Nev Jones** to Everyone 9:58 AM
The disability justice principle of "centering the most impacted"

**Joy Agner** to Everyone 9:58 AM
Vision, humility, centering lived experience, depth of commitment

**Karina Forrest Perkins | Vail Communities** to Everyone 9:58 AM
Humility

**Travis Atkinson** to Everyone 9:58 AM
A baseline assumption that we all seek to be humanely and supremely helpful.

**Cherene Caraco** to Everyone 9:58 AM
Love, humanity, dignity

**Anna Bailey (she/her) CBPP** to Everyone 9:58 AM
creativity

**Nev Jones** to Everyone 9:59 AM
Awareness of complex power dynamics and how they may play out in groups such as this

**Morgan Shields** to Everyone 9:59 AM
Intentional mindfulness towards power imbalance, which echoes Nev's comment re: deference to lived experience as people who have been in positions of least power and whose bodies and minds are the products of our systems

**Ruth Richardson (she/her)** to Everyone 9:59 AM
Understanding intent and impact

**Karina Forrest Perkins | Vail Communities** to Everyone 9:59 AM
Socially just and person centric focus

**Anna Bailey (she/her) CBPP** to Everyone 9:59 AM
owning your impact on others

**Cherene Caraco** to Everyone 9:59 AM
Acknowledge there is a power differential among this group

**Travis Atkinson** to Everyone 9:59 AM
An openness to our own roles as overt or unconscious contributors to the problems

**Ruth Richardson (she/her)** to Everyone 10:00 AM
embracing discomfort

**Karina Forrest Perkins | Vail Communities** to Everyone 10:01 AM
Shared space for those who are not as likely to speak quickly or openly.

**Brittney Weissman/Hollywood 4WRD** to Everyone 10:02 AM
Refraining from assumptions is another way of framing some of the above re trust, respect, dignity, etc.

**Anna Bailey (she/her) CBPP** to Everyone 9:58 AM
Practice alternatives to white dominant culture:
https://www.cacgrants.org/assets/ce/Documents/2019/WhiteDominantCulture.pdf

**Ruth Richardson (she/her)** to Everyone 10:04 AM
Permission to speak in draft

**Brittney Weissman/Hollywood 4WRD** to Everyone 10:05 AM
Lots of consensus on that page.

**Morgan Shields** to Everyone 10:08 AM
I think at some point we need to have a direct discussion on the suggestion that we practice deference to lived experience — because I think it can be seen in conflict with some of the other values suggested and necessarily is not a suggestion of equality but is an effort at equity. I have a feeling that we might not be aligned (could be wrong) and we should unpack it together in terms of our group norms.

**Karina Forrest Perkins | Vail Communities** to Everyone 10:11 AM
Love it

**Mark Ragins** to Everyone 10:13 AM
What do you mean by deference?

**Carissa Cabán** to Everyone 10:13 AM
Can you or someone else with lived experience share how you want the group to manage that?
Ok, got it. Thank you very much. 💓

**Joy Agner** to Everyone 10:14 AM
Especially because that respect is part of what we are hoping to create system-wide
I have a comment/question after this discussion is over

**Cherene Caraco** to Everyone 10:16 AM
Expressions of harmful experiences as a service recipient is not an assault to anyone personally or their profession

**Mark Ragins** to Everyone 10:17 AM
Is respectful the right word?

**Cherene Caraco** to Everyone 10:19 AM
Counter narrative and experience can be viewed as abolitionist

**Karina Forrest Perkins | Vail Communities** to Everyone 10:19 AM
The ability for this group to work through this type of tension is an excellent micro-representation of our future success working on larger systems and power dynamics that are currently in place.

**Karina Forrest Perkins | Vail Communities** to Everyone 10:23 AM
I have to drop due to another meeting, my apologies. Such rich and meaningful dialogue...appreciate you all.

**Carissa Cabán** to Everyone 10:23 AM
Thank you for all for being so effective communicating your perspectives about this issue.

**Brittney Weissman/Hollywood 4WRD** to Everyone 10:25 AM
Also, in terms of the teams/game metaphor, a difference of opinion in what "winning" means, per comments like, access to **what**.

**You** to Everyone 10:25 AM
Love the reference to beliefs.....

**Mark Ragins** to Everyone 10:25 AM
That's what I meant by simple problems vs wicked vs super wicked

**Carissa Cabán** to Everyone 10:28 AM
The super wicked is the root of the whole situation we are trying to manage. We need to be brave and challenge our fears and our ego to truly improve mental health. Thanks for everyone's courage.

**Purva Rawal** to Everyone 10:33 AM
I have to drop - grateful I could join and for Madhuri's facilitation.

**Ruth Richardson (she/her)** to Everyone 10:38 AM
I also think that with an intersectional lens there is definitely a component of race and racism that runs through this work and our systems that we shouldn't ignore.

**Travis Atkinson** to Everyone 10:43 AM
One more thought: when our group members take a risk to be vulnerable or honest about something important to us, the way that we respond will impact the level of comfort that others have to bravely do the same.

**Travis Atkinson** to Everyone 10:43 AM
In meme form...

**Travis Atkinson** to Everyone 10:44 AM

**Carissa Cabán** to Everyone 10:46 AM
This is a huge part of what collective healing is all about in all cultures. My main intention in this dialogue has been to avoid pre-judging & making assumptions, particularly within a group that hasn't even interacted in person yet.

**Ruth Richardson (she/her)** to Everyone 10:49 AM
I am sorry I have to drop off early. Thank you Madhuri for facilitating and appreciate today's conversation.

**Cherene Caraco** to Everyone 10:49 AM
I think there's a bit of a worldview difference here. When you are open about your lived experience and you express different experiences, perspectives, frustrations, etc, often you are viewed as fragile and vulnerability and with good intentions, people try to "take care" of you. Or you can be viewed as dissenting, disruptive, emotional or irrational. Or simply dismissed. These things have to be recognized and validated if we are to create safety

**You** to Everyone 10:54 AM
I feel better now :-)

**Melissa Beck** to Everyone 10:55 AM
I have to jump off - thanks so much all.

**Travis Atkinson** to Everyone 10:56 AM
Thank you, Madhuri for serving us so well!

**Dr. Yolanda Stevens** to Everyone 10:56 AM
Thank you. I need to get to another call

**Morgan Shields** to Everyone 10:57 AM
Thank you, Madhuri

**Anna Bailey (she/her)** to Everyone 10:58 AM
This is reminding me of "accountabilibuddies." Which I've seen used in other spaces so everyone has a pal or peer who can help check in with each other about how we are (or aren't) living up to our group norms.

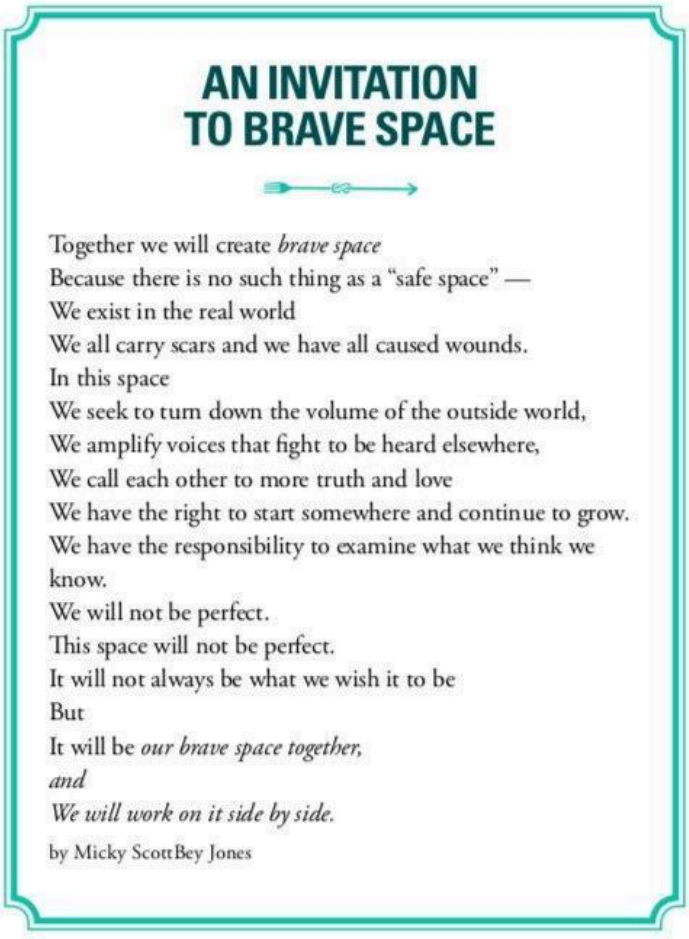
**Carissa Cabán** to Everyone 10:59 AM
Thank you @Madhuri Jha!

**Patrick Kennedy** to Everyone 11:00 AM
Great job madhuri

**Carissa Cabán** to Everyone 11:00 AM
Thank you all

**Cherene Caraco** 11:01 AM

Thank you all



## AN INVITATION TO BRAVE SPACE

Together we will create *brave space*
Because there is no such thing as a "safe space" —
We exist in the real world
We all carry scars and we have all caused wounds.
In this space
We seek to turn down the volume of the outside world,
We amplify voices that fight to be heard elsewhere,
We call each other to more truth and love
We have the right to start somewhere and continue to grow.
We have the responsibility to examine what we think we know.
We will not be perfect.
This space will not be perfect.
It will not always be what we wish it to be
But
It will be *our brave space together,*
*and*
*We will work on it side by side.*

by Micky ScottBey Jones