



NX Rock Climbing Club

Term 1, 2025



Register by **Friday 7 February** at the NX Online Shop. All participants must sign the waiver at [Northern Rocks Waiver](#), which must be reviewed by both students and parents.

Join us for a fun, safe, and inspiring adventure at the **Northern Rocks Climbing Gym**. This program is designed for all skill levels, from beginners to experienced climbers, offering personal challenges, skill development, building friendships, and amazing memories.

When: 8-week program from Monday 10th February to 31st March. Sessions are held Mondays from 4:15 - 5:30 pm - teacher will arrive on site at 4pm.

Where: Northern Rocks Gym, 111 Diana Dr, Glenfield, Auckland.

Cost: \$160 for 8 weeks, including shoe hire and instruction. Normal public entry would cost \$180.

Pre - Post climbing: Students must be accompanied by an adult before 4:00 pm or after 5:30 pm, in accordance with the gym's policy for those under 14 years old.

Injury Policy: Unfortunately, there are no refunds for missed sessions due to other commitments, illness, minor injury, or withdrawal. However, due to a serious injury (e.g., broken arm), they may qualify for a credit to make up two missed sessions, subject to approval from Northern Rocks.

Transport: Students are responsible for arranging or sharing transport to and from Northern Rocks Climbing Facility. They can use public buses, requiring an AT HOP card, with the 878 bus leaving at 3:14 pm from 787 East Coast Road, a short walk from NX. After transferring to the 906 bus at Constellation Bus Station, students will arrive at 4:03 pm at Diana Drive and Ashfield Road, a minute's walk from the gym.

Clothing/ food: Wear NX PE gear. Climbing shoes provided or can be purchased. Bring a full water bottle and eat before the session for energy.

Phones/laptops: Device-free environment, except for filming climbing techniques.

Behaviour: As we are climbing in a public gym, students must walk at all times, stand off mats on the carpet while waiting to climb, and keep noise levels low to avoid disturbing the public - students will be removed if this behaviour repeats.

Coach: Sam Hayden, qualified NZOIA Rock Climbing Instructor with 20+ years experience, including 7 years training the NX Climbing Club.

For further details, contact Sam Hayden at samh@northcross.school.nz.

Strength to strength! :-)

Sam Hayden

Northcross Intermediate Teacher, Rock Climbing Instructor