# 🛡️ *DAILY DOMINATION* 🛡️

| ✅/❌ | 🚀 **Today's Tasks & Steps To Success** 🚀 |
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| **1.** ✅/❌ | 🎯 **Task: Wake up Checklist (FAST)**<br>🧭**Action Steps:**<br>    - **Review tasks for the day (daily domination)**<br>    - **Post my task list for the day in chat**<br>    - **Post my GMs + Post in the gratitude chat**<br>    - **Fill out morning Rainmaker doc** |
| **2.** ✅/❌ | 🎯 **Task: Social Media Work (business account)**<br>🧭**Action Steps:**<br>    - **Create a content planner for the 7 days of the week posts.**<br>    - **Create today's content to post it to Instagram.** |
| **3.** ✅/❌ | 🎯 **Task: Physical exercise.**<br>🧭**Action Steps:**<br>    - **Complete today's chosen daily workout** |
| **4.** ✅/❌ | 🎯 **Task: Client Project G-work (Hadrien)**<br>🧭**Action Steps:**<br>    - Increase sales from my client's website store page by driving traffic from his Social Media pages.<br>      - **Mini Objective #1: Post Content on all platforms**<br>        - Post 3 Instagram Stories (previous image posts)<br>        - Make 1 post to pinterest (make sure to use AI).<br>        - Make 1 short post to the Youtube account.<br>      - **Mini Objective #2: Testing & Reviewing ideas**<br>        - Review LDC #15, #10 and #3 and take notes on things I can take action on for the future posts for my client.<br>        - Break down 2 high views/like count posts to pinpoint why they did well.<br>        - Compare results from this week to last week on IG. |
| **5.** ✅/❌ | 🎯 **Task: Daily Lessons Check**<br>🧭**Action Steps:**<br>    - **View the daily Power Up Call**<br>    - **Review the unseen lessons from the CA & SM campus**<br>    - **Review the remaining lessons from the Hero's Year** |
| **6.** ✅/❌ | 🎯 **Task: Reflect on today and plan tomorrow**<br>🧭**Action Steps:**<br>    - **Review today's daily domination doc**<br>    - **Check off the whiteboard entirely**<br>    - **Write in my journal today's progress**<br>    - **Fill out the rainmaker glory doc** |

| 📝 | 📅 **Date** 📅 |
|---|---|
| **Date:** | **09/27/24** |

| 👐 | 🌄 **3 Blessings I'm Grateful To Have** 🙌 |
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| **1.** | **I am grateful for my loving mother.** |
| **2.** | **I am grateful for the clothes I get to wear.** |
| **3.** | **I am grateful for my laptop to be able to work on my future.** |

| 🎩 | 🎩 **3 Priority Tasks** 🎩 <br> **(These are non-negotiable tasks and must be conquered today!)** |
|---|---|
| **1.** | - **Post Content on all platforms for my client on social media** |
| **2.** | - **Test and review ideas suggested to me yesterday, and compare results from last week to this week.** |
| **3.** | - **Create a content planner for my own social media business account.** |

# ⏳ Hourly Commitments & Reflections ⏳

| Task 🎖️ | Task: What will I do? |
| --- | --- |
| Strategy 🔍 | Strategy: How will I do it, step-by-step action? |
| Reflection 🖊️ | Reflection: Was the task finished? If not, why & what stopped me and how will I fix it? |

## ( Fill in as you go & remove the hours you are asleep. )

| 7 AM: Task 🎖️ | Daily Physical Workout |
| --- | --- |
| Strategy 🔍 | - Perform today's daily chosen workout at the gym |
| Reflection 🖊️ | Went to the gym and performed today's daily chosen workout which was Delts / Back / Chest. |

| 10 AM: Task 🎖️ | Morning Checklist |
| --- | --- |
| Strategy 🔍 | - Review tasks for the day (daily domination)<br>- Post my task list for the day in chat<br>- Post my GMs + Post in the gratitude chat<br>- Fill out morning Rainmaker doc |
| Reflection 🖊️ | Filled out my goals for today on the rainmaker doc, and reviewed my plan for today as well as completing my morning checklist quickly and efficiently. |

| 11 AM: Task 🎖️ | Social Media Work (personal account) |
|---|---|
| Strategy 🔍 | - **Create a content planner for the 7 days of the week posts.**<br>- **Create today's content to post it to Instagram.** |
| Reflection ✏️ | **Created my new content planner to stick to it and reorganized my files to make sure I'm fully good to go and have an easy time planning everything. Posted a meme today and sent out 10 comments to different accounts.** |

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| 2 PM: Task 🎖️ | Client Project G-Work Session 1 (Hadrien) |
|---|---|
| Strategy 🔍 | - **Mini Objective #1: Post Content on all platforms**<br>   - Post 3 Instagram Stories (previous image posts)<br>   - Make 1 post to pinterest (make sure to use AI).<br>   - Make 1 short post to the Youtube account. |
| Reflection ✏️ | **Posted all of the content for today, following the strategy for this G-work session and completing this first mini objective.** |

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| 3 PM: Task 🎖️ | Client Project G-work Session 2 (Hadrien) |
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| Strategy 🔍 | - **Mini Objective #2: Testing & Reviewing ideas**<br>   - Review LDC #15, #10 and #3 and take notes on things I can take action on for the future posts for my client.<br>   - Break down 2 high views/like count posts to pinpoint why they did well.<br>   - Compare results from this week to last week on IG. |
| Reflection ✏️ | **Completed reviewing the 15 and 3rd calls and taking notes, the most important one was the 3rd got half a page of notes to take action on, I still got like a few things from the 15th one on how to improve my hooks.**<br>**Breaking down why both good performing recent posts worked well were:**<br>- **Color red**<br>- **Woman**<br>- **Compelling and storytelling description with a CTA**<br>- **Had an element of nature in the picture**<br>- **Short and straight forward description**<br>- **Variety in content type (unique kind of content not posted on the page yet**<br>- **Has an element of status/group inside with a fellow photographer present**<br><br>**Results are getting better and better aiming towards 4k views per post now.** |

| 5 PM: Task 🎖️ | Daily Lessons check |
|---|---|
| Strategy 🔍 | - **View the daily Power Up Call**<br>- **Review the unseen lessons from the CA & SM campus**<br>- **Review the remaining lessons from the Hero's Year** |
| Reflection 🖊️ | **Viewing today's Power Up Call Live, I learned a powerful lesson about "If gun pointed at skull and you get your brains blown out, what would you do differently for X goal?". It's an old saying that prof Andrew shared with us a long time ago but this time he showed it visually with an unloaded revolver he had in his office to illustrate the scenario better.** |

| 6 PM: Task 🎖️ | Reflect on today and plan tomorrow |
|---|---|
| Strategy 🔍 | - **Review today's daily domination doc**<br>- **Check off the whiteboard entirely**<br>- **Write in my journal today's progress**<br>- **Fill out the rainmaker glory doc** |
| Reflection 🖊️ | **Reflected on today and planned for tomorrow.** |

# 🌆 Twilight's Review 🌆

## 🌟 What wins did I achieve today? 🌟

Completed all of my planned tasks for today, especially the 2 mini objectives I had for today.

## 📘 What lessons did I learn today? 📘

Today I learned an important lesson about putting myself in a do or die situation and visualizing what I

would do differently if I HAD to make it work.
I also learned that people's habits are things they have been used to for a long time and makes sense that they can't get rid of them immediately.

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## 🚧 What roadblocks did I face? 🚧

I didn't face any roadblocks I couldn't overcome.

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## 💡 How will I improve and progress tomorrow?💡

Tomorrow I have a lot of work to do very similar to today actually.

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## 🔄 What worked well and will be repeated? 🔄

Completed all of my work quickly and efficiently and got everything I planned done on time NO PROBLEM. Sticking perfectly to schedule.

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## ✉ Who are the People I need to connect with?✉

My client.
My friend Ryan.
My contacts in TRW.

| 📌 **What tasks remain uncompleted**📌 |
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| **None.** |

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| 🪖 **What changes do I need to make to my CONQUEST PLAN?**🪖 |
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| **None.** |

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| 🥇 **The final assessment of the day's productivity**🥇 |
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| **8/10** |

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# Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)

Completed all of my planned tasks for today and also added some more bonus work before doing a reflection on today's progress as my client wanted to post another one on IG today. Feeling good about this new batch of content since I am taking care of 100% of uploads.