



CAREER POINT UNIVERSITY

NSS Club Activity Report

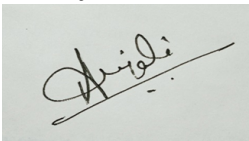
Title of the Event	National Self-Respect Awareness Day
Date of the Event	05-08-2025
Introduction of the Event	The National Service Scheme (NSS) unit of Career Point University successfully organized a focused one-hour awareness program to commemorate National Self-Respect Awareness Day. The event, which commenced at 10:00 AM, served as a vital platform for fostering personal dignity and self-worth among the youth. Moving away from a traditional seminar format, the program was designed as an interactive dialogue, allowing for a meaningful exchange of ideas between faculty members and students regarding the importance of maintaining one's self-esteem in a complex modern world. The session opened with teachers sharing profound insights on the theme of inner dignity, explaining that self-respect acts as the foundation for all other forms of social respect. During the hour-long interaction, educators engaged directly with the NSS volunteers, discussing how a strong sense of self-worth helps individuals navigate peer pressure and academic challenges. Students actively participated by sharing their own perspectives on how digital environments and social media often impact their self-image, leading to a candid conversation about setting healthy boundaries and prioritizing mental well-being. As the program reached its conclusion, the collective dialogue shifted toward the philosophy that respecting oneself is the primary step toward building a compassionate and harmonious community. The event ended with a unified resolve among both students and faculty to uphold these values in their daily conduct. By bridging the gap between teachers and students through this open forum, the NSS unit ensured that the message of National Self-Respect Awareness Day was not just

	heard, but deeply understood as a lifelong practice for personal and societal growth.
Objective of the Event (in 3-5 Bullet points OR in approx 75 words)	To inspire and guide the youth toward a culture of personal integrity and mutual dignity, the NSS unit of Career Point University established the following primary objectives for the National Self-Respect Awareness Day program: ● To Promote Personal Dignity: To educate participants on the fundamental importance of self-respect as a cornerstone for mental well-being and a successful life. ● To Foster Healthy Boundaries: To encourage students to identify and establish healthy personal and professional boundaries, helping them navigate peer pressure and social influence. ● To Enhance Teacher-Student Synergy: To create an open forum for dialogue where students can receive guidance from educators on maintaining self-esteem in the face of academic and personal challenges. ● To Combat Negative Self-Image: To raise awareness about the impact of digital and social environments on self-worth and to provide students with tools to maintain a positive and resilient mindset. ● To Cultivate Mutual Respect: To instill a firm commitment in students that respecting one's own identity is the essential first step toward treating others with genuine empathy and consideration.
Beneficiaries of the Event (Student / Faculty /Community etc - approx 25 words)	The primary beneficiaries of this initiative included the students and faculty members of Career Point University, who gained a deeper understanding of the vital link between self-respect and personal success. By engaging in this dialogue, participants developed a stronger sense of self-worth and the emotional resilience required to navigate modern challenges with confidence and integrity. The students, in particular, benefited from the mentorship of their teachers, gaining practical strategies to maintain their dignity in both academic and social environments. Beyond the campus walls, the wider community stands to benefit as these participants act as role models for ethical living and mutual respect. By equipping NSS volunteers with the confidence to value themselves, the program ensures they carry these principles into their future professional and personal lives, fostering a society built on the pillars of character and honor. Ultimately, the initiative contributes to a more respectful and supportive

	community where individuals are empowered to stand up for their values while respecting the boundaries of others..
Brochure / Creative / Promotional Poster of the event	 A promotional poster for National Self Respect Awareness Day. The background is light blue with a subtle pattern of white stars. In the center is a shield with a blue border and a yellow interior. Inside the shield, two hands are shown in a gesture of support or protection. Surrounding the shield are various white line-art icons: lotus flowers, hearts, a magnifying glass over a document, a checkmark inside a shield, a globe, and a hand holding a small plant. Below the shield, the date "05th August" is written in orange, and the title "National Self Respect Awareness Day" is written in a large, dark blue, serif font.
Schedule of the Event	Starts 10:00 AM onward
Brief Description of the event	To increase awareness of the vital role that personal dignity and self-worth play in human development and societal progress, the NSS unit organized a dynamic awareness program that brought together a diverse group of students, faculty, and staff. The event featured insightful sessions where educators shared their thoughts on the transition from understanding self-respect as a personal value to practicing it as an essential life skill required in the modern, digital world. Participants engaged in stimulating discussions and examined practical examples of how a strong sense of self-respect can break the cycle of external validation and empower individuals through confidence and assertive communication. This highly impactful and educational session encouraged everyone to adopt a proactive mindset, motivating the university community to take responsibility for their own self-growth and to uphold high standards of mutual honor in their daily lives and surrounding neighborhoods. By facilitating a direct bridge between teachers' experience and students' modern challenges, the program transformed abstract concepts of "respect" into actionable habits for

	personal excellence.
Photographs (geotagged) (2 to 4 GeoTagged photographs of the event)	
Other Photographs (Share 2-4 selected photographs and Link of directory for remaining photos)	
Link to Photograph Directory (Google Drive)	

Attendance of the Event (Attach the link of attendance sheet OR paste list at the end of the report)	 NSS Activity self respect awarness
Link of Event News on CPU Blog:	www.cpur.in
Social Media post links (YouTube / Facebook / Instagram)	https://www.instagram.com/nss.cpu?igsh=MTBtOW9yeXZic2dnaA==

Name of Principal (Faculty) Coordinator	Name of Student Coordinators (as applicable)
Dr. Anjali Ramaria 	President: Drimay Jain Vice-President: Siddharth  