

Superseding Joy

August 31, 2025 Message Notes John 16:5-33

NOTES

"Now I am going to him who sent me. None of you asks me, 'Where are you going?' Rather, you are filled with grief because I have said these things. But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you."

John 16:5-7

Why did Jesus need to die?

• Jesus' death means our life.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16



 Jesus' death means our gift.
 God the Son needed to leave so that every believer could receive the person of God the Spirit in their lives.

One of the core themes of the movie, F1, is advocacy. Ruben Cervantes advocates for Sonny Hayes, and Sonny Hayes advocates for Joshua Pearce.

God's Holy Spirit stands in the gap for us, intercedes for us.

"... Love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."

Galatians 5:22-23

"My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

Matthew 26:39

Sometimes the Father removes hardships in our life but sometimes He desires for us to endure them a while longer.

Our Advocate will give us all that we need to live well through it.... to rise above it.... and to overcome it.

Why does God allow this?

"We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit fill our hearts with his love." Romans 5:3-5

What is the opposite of disappointment? It's JOY!



What will you do when challenges come?

- Isolate... over-react... numb out... act out? Or....
- Call upon our Advocate, God's Spirit, to keep you afloat with his endurance, strength, and confidence?

Jesus said that our Advocate, God's Spirit, seeks to prove 3 truths in this life: sin, righteousness, and judgment.

Our Advocate only says what Jesus tells him to say. His words are Jesus' words.

"The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life."

John 6:63

What are you hearing Jesus say to you? How do you hear his voice?

"I have much more to say to you, more than you can now bear. But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. He will glorify me because it is from me that he will receive what he will make known to you. All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you."

John 16:12-15

Have you placed your trust in Jesus? All of this is yours in Christ!

"Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy."

John 16:20

The enemy may try to mess with our stuff, our health, and even our lives, but he will never take our hearts, for they are defended by the joy of the Lord!



"Salvation is our joy!" Psalm 51:12

"Sorrow may last for the night, but joy comes in the morning!" Psalm 30:5

"Heaven rejoices over a new follower of Christ!" Luke 15:7

When others see the joy of the Lord fueling your life, it radiates like a priceless treasure that everyone wants for themselves.

The best definition for "Joy" is the word "Delight," which is the meaning of the name, Eden, the Garden of Delight.

When we choose to bear God's fruit of joy in our lives, defying our sin nature by the strength of Christ's Spirit alive in us, we are living the Eden way, the way of DELIGHT!

"For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

Hebrews 12:2

Jesus' life models how we can live faithfully through suffering in this life while delighting in the one who overcame the world.

"The joy of the Lord is our strength!" Nehemiah 8:10

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33



No matter what happens in this life - even if the WHOLE WORLD GIVES WAY - there is EDEN GARDEN DELIGHT - defiant joy - ready and available for all who believe!

Questions to think about:

- Jesus prepared his disciples for grief and loss by promising them the Advocate. How have you experienced the Holy Spirit's presence in times of hardship or uncertainty?
- The message contrasts happiness with joy, describing joy as enduring and defiant. How do you personally define joy, and what helps you hold onto it when circumstances are difficult?
- Romans 5 says that trials develop endurance, character, and hope. Can you think of a time when a challenge you faced produced these qualities in your life?
- John 16:33 reminds us that in this world we will have trouble, but Jesus has overcome the world. How might this promise shape the way we face present or future challenges as individuals and as a church?

