



Aniseed Essential Oil

Aniseed Essential Oil is derived from the small, aromatic fruits of the *Pimpinella anisum* plant grown in India. A member of the parsley family (*Umbelliferae*), this annual herb grows up to 60 cm in height, with leaves that range in shape from heart-shaped to delicate and feathery. The plant's fruits are distinctive, covered in short hairs, and contain two dark seeds with light ribs, which are the source of the oil's potent and characteristic aroma.

Known for its sweet, spicy, and licorice-like scent, Aniseed Essential Oil is a staple in traditional medicine and aromatherapy due to its invigorating and comforting properties. Its versatility makes it a valuable addition to both aromatic blends and topical applications, offering benefits for the mind, body, and senses.

Botanical Name: *Pimpinella anisum*

Plant Part: Seeds

Main Constituents: Anethole: 88.03%

Origin: India

Processing Method: Steam Distillation

Color/Consistency: A colorless to pale yellow liquid with a thin consistency.

Aromatic Summary / Note / Strength of Aroma: Aniseed has a spicy, sweet licorice-like scent, giving a medium top note.

Blends Well With: Bay, Cardamom, Caraway, Cedarwood, Coriander, Fennel, Mandarin, Petitgrain and Rosewood.

BENEFITS

Authentic Spice Essence: Extracted from the seeds of *Pimpinella anisum*, Aniseed Essential Oil possesses a warm, sweet, and spicy aroma that captures the true essence of anise. Its rich,

licorice-like scent is both invigorating and comforting, making it a distinctive addition in aromatherapy blends.

Skin Soothing and Balancing: Aniseed Essential Oil is valued in skin care for its natural antiseptic and soothing properties. When diluted with a carrier oil, it can help cleanse the skin and provide a calming effect.

Hair Renewal: In hair care, Aniseed Essential Oil helps nourish the scalp and improve the environment for new hair growth. Its conditioning properties enhance hair texture, making it more manageable and shinier.

DIRECTIONS AND USES

- **Facial Serum:** For a natural and aromatic face serum, dilute Aniseed Essential Oil to a concentration of 1-2% in a carrier oil, such as Jojoba or Sweet Almond Oil. Apply a small amount to the affected area or incorporate it into your daily skincare routine.
- **Invigorating Scalp Oil:** To support scalp and hair health, add 2-3 drops of Aniseed Essential Oil per tablespoon of your favorite carrier oil. Massage into the scalp, leave on for at least 30 minutes, and then rinse thoroughly.
- **Comforting Aromatherapy:** Add 3-5 drops of Aniseed Essential Oil to a diffuser or vaporizer to create a soothing effect. For an even more calming effect, combine with other essential oils like Lavender or Sweet Orange in your blends.
- **Room Spray:** Mix 3-5 drops of Aniseed Oil with water and use as a room spray to freshen the air and remove stale energy.

Size & Price: Contact Us