

Student 6 Levels Checklist (B-A+)

Prepare → Perform → Evaluate (PPE)

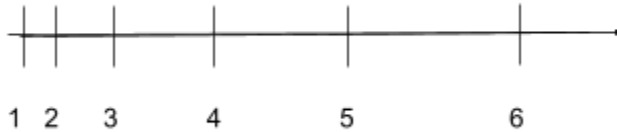
Student Role & Responsibilities - The Top 3

- 1. Follow the path to success with your teacher(s)**
 - a. Come prepared and be present, attentive, focused at weekly lessons
- 2. Practice your instrument during and between lessons**
- 3. Communicate about your schedule, availability, and needs**
 - a. Pay tuition on time
 - b. Give notice when you will be gone

(Scroll Down to See How You Can Grow)

What level are you at as a student? Here's how to know.

The 6 Levels



Below are the basic items to know across different subjects.

You can use the 6 levels to assess your ability on an individual song, technique, and your overall skill level

- ☐ Level 1 (B). **Get Comfortable**: You just started and don't know the song/topic well
 - ☐ You are unfamiliar with the new song
 - ☐ You do not feel confident at all with what you are learning
 - ☐ You don't know what to do and may feel frustrated or stressed
 - ☐ At this level you may feel terrible (And you can smile about that. We are all start as terrible)
- ☐ Level 2. (B+) **Use Intuition**: You feel kinda confident with the subject/topic can "wing it"
 - ☐ You have the basic gist of the song/topic but still make some mistakes
 - ☐ You feel somewhat confident with what you are learning
 - ☐ You "wing it" through the song
 - ☐ At this level you may feel less bad
- ☐ Level 3. (I) **Use Structure**: You understand the basic concepts
 - ☐ You can sing/play the song with correct pitch and rhythm
 - ☐ You understand the basics of what you are learning
 - ☐ You know your subject material but without much depth
 - ☐ At this level, you may feel ok
- ☐ Level 4. (I+) **Practice Craft**: Play/sing with emotion
 - ☐ You begin focusing on dynamics, phrasing, and other techniques that make the music come alive
 - ☐ You have command of what you are learning
 - ☐ At this level, you may feel good
- ☐ Level 5. (A) **Connect With Others**: You engage other people when you sing/play
 - ☐ You focus on performance aspects of the song: posture, eye contact, audience
 - ☐ You consider how the teacher and other students feel and think from their perspective when you sing/play
 - ☐ At this level, you may feel great
- ☐ Level 6. (A+) **Transform Others**: You inspire people to feel and accomplish what you want when learning
 - ☐ You focus on inspiring the people you sing/play for to feel intense emotions (goosebumps, dancing, etc)
 - ☐ You connect with the music and the students on a deep level
 - ☐ At this level you may feel world class

Suggestions at Each Level

How to Ascend The Levels

- ☐ Level 1 (B). **Get Comfortable:**
 - ☐ Listen to your teacher
 - ☐ Get familiar with the lesson topic during and outside class
 - ☐ Go slow and steady when studying and applying the lesson
- ☐ Level 2. (B+) **Use Intuition:**
 - ☐ Try your best and learn as you go
 - ☐ Only focus on one thing at a time
 - ☐ Listen to the teacher and ask questions as needed

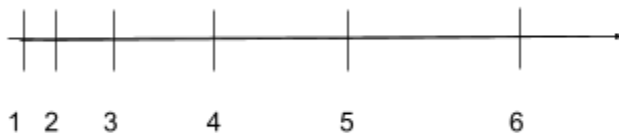
- ☐ Level 3. (I) **Use Structure:**
 - ☐ Create a structure for your day so you can learn effectively
 - ☐ Create an outline while taking notes, so you can organize what you are learning
- ☐ Level 4. (I+) **Practice Craft:** Learn with passion and purpose
 - ☐ Identify and lead with your strengths
 - ☐ Consider activities and exercises that you can use to apply what you are learning
 - ☐ Remember to include: inspiration, know how, and activity knowledge in your studying

- ☐ Level 5. (A) **Practice “Other” Focus:** Engage your teacher and other students
 - ☐ Ask your teacher and students about themselves
 - ☐ Help other students identify and lead from their strengths
 - ☐ Practice good eye contact, posture, etc to connect with the teacher and students
- ☐ Level 6. (A+) **Achieve Transformation:** Inspire people to feel and accomplish what you want when learning
 - ☐ Get continual feedback from your teacher(s) and other students
 - ☐ Incorporate the feedback you receive about yourself and adjust accordingly
 - ☐ Determine what you and those around you want to feel and accomplish
 - ☐ Support your teacher(s) and other students so you can experience positive transformations in yourself and those around you

Scroll Below To See Your Level as a Musician

What level are you at as a musician? Here's how to know.

The 6 Levels



Below are the basic items to know across different instruments.

You can use the 6 levels to assess your ability on an individual song, technique, and your overall skill level

- ☐ Level 1 (B). **Get Comfortable**: You just started and don't know the song well
 - ☐ You do not feel confident at all with your instrument or the song you are performing
 - ☐ You shake uncontrollably and can barely move
 - ☐ Your throat goes completely dry, you look down
 - ☐ Your mind blacks out and you forget your music
 - ☐ You are extremely uncomfortable and so is everyone else
 - ☐ If you perform at this level, people feel bad for you
- ☐ Level 2. (B+) **Use Intuition**: You feel kinda confident with the song without hesitating and can "wing it"
 - ☐ You feel somewhat confident with your instrument and the song you are performing
 - ☐ You don't really know the pitches or lyrics
 - ☐ You "wing it" through the song
 - ☐ If you perform at this level, people feel confused
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- ☐ Level 3. (I) **Use Structure**: You play/sing the correct notes, rhythm
 - ☐ You play/sing the correct notes, rhythm, and have control of all the essential musical elements on the instrument you are using and the song you are performing
 - ☐ You have good posture but not much emotion
 - ☐ If you perform at this level, people think you are pretty good
- ☐ Level 4. (I+) **Practice Craft**: Sing/play with emotion, dynamics, phrasing
 - ☐ You intentionally use phrasing, dynamics, tone, style, and other musical/performance elements to draw people in
 - ☐ You have command of your instrument, your body, and the song you are performing
 - ☐ If you perform at this level, people feel engaged
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- ☐ Level 5. (A) **Practice "Other" Focus**: engage with the audience and connect with them
 - ☐ You look the audience in the eyes, use good posture, etc.
 - ☐ You consider how the audience feels and think from their perspective when you practice/perform
 - ☐ If you perform at this level, people feel connected to you
- ☐ Level 6. (A+) **Achieve Transformation**: You inspire people to feel what you want them to feel when singing/playing
 - ☐ You go above and beyond to connect with the audience and to lead them on a musical journey
 - ☐ You inspire people to connect the song you are singing to memories from their past, people they know, and to something/someone that resonates with their heart
 - ☐ If you perform at this level, people cry, get goosebumps or transform

Suggestions at Each Level

How to Ascend the Levels

- ❑ Level 1 (B). **Get Comfortable:**
 - ❑ Listen to other people play/sing the song on youtube
 - ❑ Get familiar with the music (and the lyrics if singing)
 - ❑ Play/sing slowly and focus on small sections
- ❑ Level 2. (B+) **Use Intuition:**
 - ❑ Practice the entire song to get a feel for how it goes (it doesn't have to be perfect)
 - ❑ Practice little sections of the songs while focusing on the correct notes and rhythm
 - ❑ Only focus on one thing at a time
 - ❑ Listen to other people play/sing the song on youtube and reference their performance while practicing

- ❑ Level 3. (I) **Use Structure:**
 - ❑ Practice the entire song and confirm all your notes and rhythm are correct
 - ❑ Play / sing along with the song on youtube or a recording you have
 - ❑ Practice small sections of the song and begin to incorporate musical elements such as dynamics, phrasing, tone, style, vibrato (if voice or stringed instrument), etc.
- ❑ Level 4. (I+) **Practice Craft:** Play/sing with passion and purpose
 - ❑ Practice the entire song and experiment with different musical elements to add flavor and emotion to your performance
 - ❑ Identify and lead with your strengths
 - ❑ Practice small sections of the song and begin to concentrate on your posture, eye contact, gestures, etc.
 - ❑ Begin to think about how you would perform your song in different venues (ie coffee shop, small stage, stadium, church, etc.)
 - ❑ Focus on completing the song without stopping yourself or over analyzing while performing (PPE)

- ❑ Level 5. (A) **Practice "Other" Focus:** engage with the audience and connect with them
 - ❑ Practice the entire song and experiment with different performance elements to connect with your audience (if you are home alone, then imagine there are people around you and perform for them with confidence)
 - ❑ Pay special attention to your intro, closing, and climactic parts throughout the song where you will grab people's attention and engage them
 - ❑ Begin to think about your entire performance, environment, the way you enter the room, your wardrobe, etc.
 - ❑ Study other artists you like on Youtube and take notes about what you love about their performance
- ❑ Level 6. (A+) **Achieve Transformation:** You inspire people to feel what you want them to feel when singing/playing
 - ❑ Get continual feedback from the people you perform for. Ask what they liked most.
 - ❑ Record yourself and give feedback on performance elements
 - ❑ Get clear on the emotions you want people to feel during each part of the song and adjust your musical and performance elements to create that for them
 - ❑ Support your teachers so you can experience positive transformations in yourself and those around you