

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	3 ▾	Wake up more early
2. ✓/✗	3 ▾	Workout
3. ✓/✗	3 ▾	Airport
4. ✓/✗	1 ▾	Shower, get ready,
5. ✓/✗	2 ▾	Read book
6. ✓/✗	2 ▾	100 fists, meditate
7. ✓/✗	3 ▾	Copy Review
8. ✓/✗	3 ▾	Copy practice
9. ✓/✗	3 ▾	Outreach
10. ✓/✗	1 ▾	Regain energy- test
11. ✓/✗	2 ▾	
12. ✓/✗	2 ▾	
13. ✓/✗	2 ▾	
14. ✓/✗	3 ▾	
15. ✓/✗	3 ▾	
16. ✓/✗	3 ▾	
17. ✓/✗	3 ▾	
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	
20. ✓/✗	3 ▾	

Day Number: 3

Date: 15.3.2023

Start Of The Day - Time:5:40

	 3 Things That I Am Excited To Have In The Future? 
1.	Know me better
2.	Client, earn money as a copywriter
3.	My journey

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 5 am: Task \$	Wake up, no movement wasted, no time wasting
🔔 Intention 🔔	Open eyes, straight get up and get into momentum
✍️ Reflection ✍️	I adapted more to the hardships and even though I had abit of hard time I didnt let nothing to affect it.

\$ 6 am: Task \$	Cold shower
🔔 Intention 🔔	Open cold water, stay longer than yesterday's attempt
✍️ Reflection ✍️	Easily, and really enjoyable lately

\$ 7 am: Task \$	Already finished eating, start reviewing copy's of other g's
🔔 Intention 🔔	Open the pc and dive into pro break down
✍️ Reflection ✍️	Indeed I did review eat and performed greatly, I find no hardships but also I found that I like and made reviewing copies as a habit.

\$ 8 am: Task \$	Workout
🔔 Intention 🔔	Arrive to the workout, and get down to it
✍️ Reflection ✍️	I found it to be challenging but didnt fall behind speed even tho it is 2 hours earlier than usuall time.

\$ 9 am: Task \$	WORKOUT
🔔 Intention 🔔	I saw a girl but unfortunately for her I have a rule in workout, I workout. Dedicate for workout. I did not go against my ideals, and my word.
✍️ Reflection ✍️	

\$ 10 am: Task \$	FINISH WORKOUT
🔔 Intention 🔔	Straight head to the house, shower, get ready, and go
✍️ Reflection ✍️	I realised the power of setting times, I performed everything easily, smoothly and on time, not thinking or wondering what I should do next out of what I want to do but I already set it and get one thing “ACTION”

\$ 11 am: Task \$	On the way to the airport
🔔 Intention 🔔	driving my beautiful mercedes
✍️ Reflection ✍️	I am the best driver ever, How great would it be when I will drove constantly with my supercar? As I drive now, just a ton better. I like to drive, I find it calming

\$ 12 am: Task	Perhaps arriving already because I drive with speed, or I am still on the way
🔔 Intention 🔔	Gear 4, and be there before.
✍️ Reflection ✍️	Was on time, had traffic, I dislike traffic, I am always hungry for the next step and excited to take action, I still was patient because it was required of me to do so.

\$ 1 pm: Task	On the way back
🔔 Intention 🔔	Driving,
✍️ Reflection ✍️	On the way back, had a good time, calm energy with calm music, enjoying the drive and green nature. I appreciate.

\$ 2 pm: Task	Driving with speed, and speed arriving to the house.
🔔 Intention 🔔	Get back, sit down, see the next step and execute.
✍️ Reflection ✍️	Driving, not with speed because I had a problem with the gas, still I was patient and accepted the situation that I need to drive at 50-40 on the highway.

\$ 3 pm: Task	Copy practice,
🔔 Intention 🔔	With all my knowledge, infuse my experience and lessons in the form
✍️ Reflection ✍️	Didn't, unfortunately I had a headache but I didn't let that stop me, I wasn't just home yet, still driving on the way back

\$ 4 pm: Task \$	Read book
🔔 Intention 🔔	Calm breathing, book reading, learning,
✍️ Reflection ✍️	Didnt read a book because it was not until 4 and 36 that I arrived to the house, went straight to eat and shower, accepted the headache and need to rest and so I did.

\$ 5 pm: Task \$	100 fists/fix the area for bob- meditate
🔔 Intention 🔔	100 fists plus go set up the area and figure how can i use bob, and then meditate
✍️ Reflection ✍️	Didnt do that, I had woken up and made coffee, I went straight to the potential client's request of FV and made it

\$ 6 pm: Task \$	Dedicate for missed tasks, I believe there will be no more after this day.
🔔 Intention 🔔	Chill, locate the next task, one who perhaps was missed and execute.
✍️ Reflection ✍️	Worked and finished my fv for the prospect, 36 minutes video of audit about their IG page. I found it to be nice, I can do more than I used to and better, noticed a couple things I could do better as well.

\$ 7 pm: Task \$	Reflecting, observing, getting accustomed to the new schedule
🔔 Intention 🔔	Sit down, drink tea, look at myself and observe the days situations
✍️ Reflection ✍️	Sent the FV to the prospect, I also made c contact with a potential client whom he

	said he wanted us to work together and sorted a bit of things, I then are and wen on to reflecting, I really am getting used to the idea of war mode plan and I like it a lot.
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\$ 8 pm: Task \$	Getting ready and hopefully already asleep, for I had been in state of constant movement in action and should get rest. Driving for 4 hours is something.
🔔 Intention 🔔	A bit of stretching, and lying down closing my eyes, visualizing my future whom I will create.
✍️ Reflection ✍️	I will create tomorrow's schedule and go to sleep afterwards. I should yet to target better my timing of tasks.



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
I can do anything, I am able to do anything and gotten a lot stronger.

NEW What Do I Plan To Do Differently Tomorrow? NEW
Complete all of my tasks.

NEW What Do I Plan To Do The Same Tomorrow? NEW
My way of looking at things, my continuous state,

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

No one basically

 **What Tasks Were Left Undone?** 

Outreach, copy practice, read book, meditate, 100 fists,

Brain Dump: