

Nebulizer applications



Nebulizing is another awesome treatment to support and treat the lungs and brain during the healing process. Not only does nebulizing help relax breathing muscles, but it also helps loosen mucus, biofilm, and debris in the lungs. Additionally, it carries healing remedies to the lungs and the brain with each in-breath

Into the small water chamber, add saline or salt and distilled water. And then you can move to:

- 1+ drop of HydrOxygen+ (soon to be released)

Add one of these products to distilled water in the small chamber of the nebulizer. Hold the nebulizer in an upright position to prevent spilling. Breathe normally through your mouth and/or your nose and hold for 3 seconds with each inhalation, so the mist from the nebulizer can oxygenate your lungs and/or brain. Nebulize solution for 5-10 minutes as needed, as tolerated

This is a very popular and effective treatment used by CellCore practitioners to increase brain clarity and oxygenate the lungs. Consider recommending this treatment for your patients with Alzheimer's, Dementia, brain fog, ADD, ADHD, asthma, chronic cough, etc.

Note: Many report coughing when they first begin to nebulize. This is normal. Take slower, shallower breaths when starting out.

