

2021/22 Helmet Rule for High School Alpine Competition

The new helmet rule will be enforced for any racer purchasing a new helmet:

It **MUST** be FIS certified with an attached label. Do not remove the label!

What's the difference?

The testing standards were increased which forced helmet manufacturers to design models to conform to more stringent parameters.

The bad:

The cost of an FIS helmet is \$100-200, which is a significant expense.

The good:

High school athletes will be wearing helmets that are held to higher standards. This new standard will help weed out old helmets that have been compromised due to a hard crash or drop. In the grand scheme, spending more money on a race helmet could prove a worthwhile investment for parents.

What you need to do:

Do your research – check to make sure the helmet you buy has the exact sticker required by the FIS.

