Let's Talk Positives From a Most Unprecedented Quarantine Time



Let's Reflect Together.....

What good can possibly come out of all this time that we've been separated from our students and each other?

Please add to this list so that we can share with all......

- 1. An opportunity for quality time with those we live with.
- 2. A chance to live more simply.
- 3. Time to reflect on what's important.
- 4. Used less gas; not driving anywhere!
- 5. Increased expertise in technology
- 6. No more evening meetings!
- 7. Ability to work from home
- 8. Everyone home for family dinner!
- 9. Teamwork and Collaboration
- Supportive school community working together to support our students.
- Seeing that there are many good people out there, doing great things.
- 12. Sleeping in!
- 13. Using the bathroom on my schedule!
- 14. Everything in its place and a place for everything.
- 15. Really looking forward to and enjoying taking a ride around the water.
- 16. Just how strong we all really are!
- 17. Being able to be outside more
- 18. Knowing I am not ready to retire.
- 19. Seeing how amazing parents family members are and how quickly they stepped up to the plate to help us, teach their children

- 20. Being more involved in my own children's learning.
- 21. Time for all to tap into their creativity and imagination.
- 22. Time to research and learn new skills.
- 23. Getting to know my neighbors
- 24. On Demand Field Day Dance Station Video Workout Instant Joy! Thanks to Brittany and her dance crew!!!
- 25. Parent involvement in related services has increased
- 26. Being welcomed into homes and gaining greater insight into our student's lives
- 27. Working together with parents and building mutually respectful connections
- 28. Quiet. A slower pace. The opportunity to watch spring happen.
- 29. Gratitude and appreciation for our health and the health of others
- 30. Friends reaching out to offer a helping hand
- 31. Giving our students the gift of being able to learn some real life lessons, like time management and having patience.
- 32. The restaurant in my neighborhood has set up a table with fresh produce to purchase using the honor system. Yesterday, as I walked by, they were streaming, Ella Fitzgerald and Louis Armstrong,

 <u>Dream a Little Dream of Me</u>.
- 33. Making it work!!!
- 34. Learning to be more patient!

- 35. Being grateful for my family, health and a roof over my head!
- 36. Staff members seem to be developing closer relationships in a virtual manner, while separated physically.
- 37. All paraeducators and Behavior Technicians have been involved in online Professional Development.
- 38. It is possible to hold many meetings online in district instead of traveling outside of school.
- 39. Lunches are being served every day for our students up to 18 years of age.
- 40. We see how much our students want to be in school and how much our families appreciate our work.
- 41. Finding time to exercise everyday!
- 42. Being able to catch up on all those projects.
- 43. Seeing how communities are coming together.
- 44. Being able to hold PPTs online at different times that meet the needs of families better.
- 45. Finding out more about my students' home lives.
- 46. Realizing that it really takes a village... even when the village is virtual... or "strangers" right in your own neighborhood!
- 47. Having (or taking) the time to REALLY see my children (own or students) and all that they are, love to do, and capable of.

- 48. Enjoying the yard everyday and putting on exercise clothes after showering in the morning!
- 49. Taking time to live "in the moment" and make the best of each day.