

Lesson Plan

Academic Support Enrichment

Healthy Choices

Lesson Title: National Unicorn Day	Lesson Goal: The students will learn about the history of unicorn mythology.
Introduce the story: Discussion questions:	 Would you rather ride a unicorn to school everyday or have a unicorn that can grant wishes? Video link: National Unicorn Day Unicorns are mythical animals, what does mythical mean? What qualities make unicorns so beloved and magical to many people?
Supplies needed: 2.5 cups of the following: white glue, shaving cream, & foaming hand wash, 2.5 teaspoons of the following: cornstarch, body lotion, baking soda 5 tablespoons of saline contact solution Food color & glitter & Baggies for the slime	Activity introduction: Today's project is: Unicorn Slime
Closing:	 Unicorn Would You Rather Questions (have the student explain their choice): Have a unicorn horn that glows in the dark or wings that let you fly? Have the ability to become invisible or hae a unicorn as a pet? Live in a world where unicorns are the primary mode of transportation or where unicorns can talk? Find a unicorn in the wild or have a unicorn come to you in a dream?
Group game: Developmental Goal: Transition participants into one large circle. Equipment Needed: None	 Read through the game instructions ahead of time so that you can teach the activity. Use an attention-getter to gather students and make sure they are listening. Explain the game, the rules, and how to play the game. Check for understanding, have a few kids and staff demonstrate play. Link to game: Whoosh Ball