

Instructions for Lane Timers

IMPORTANT NOTE FOR COACHES:

If your team is required to provide the timers for a particular lane, you are also required to bring one stop watch for each timer, plus one clip board and pencil for the lane

ALL TIMERS MUST CHECK IN AT THE ELECTRONICS DESK UPON ARRIVAL AT THE POOL.

1. Start your watch on time. If you know you started late or missed the start, let the chief timer know.
2. Pay attention to the length of the race so you know if you are stopping your watch after 50 metres (2 lengths), 100 metres (4 lengths) or 200 metres (8 lengths).
3. After the race has started, check the name of the swimmer in the next heat. Call for them if they are not there.
4. To get a final time, stand looking over the edge of the pool so you can see when the swimmer touches.
5. Write down the times from all stopwatches used in the lane. Write down the full time: e.g. 1.24.02
6. If you don't realize/find out until after the swimmer is in the water (or at the end of the race) that the swimmer swam in the wrong heat/lane, write down the name and school of the swimmer on your lane sheet – we will fix it in the results.
7. If there is a problem at the start of the race, stand near the block and raise your hand looking at the starter.