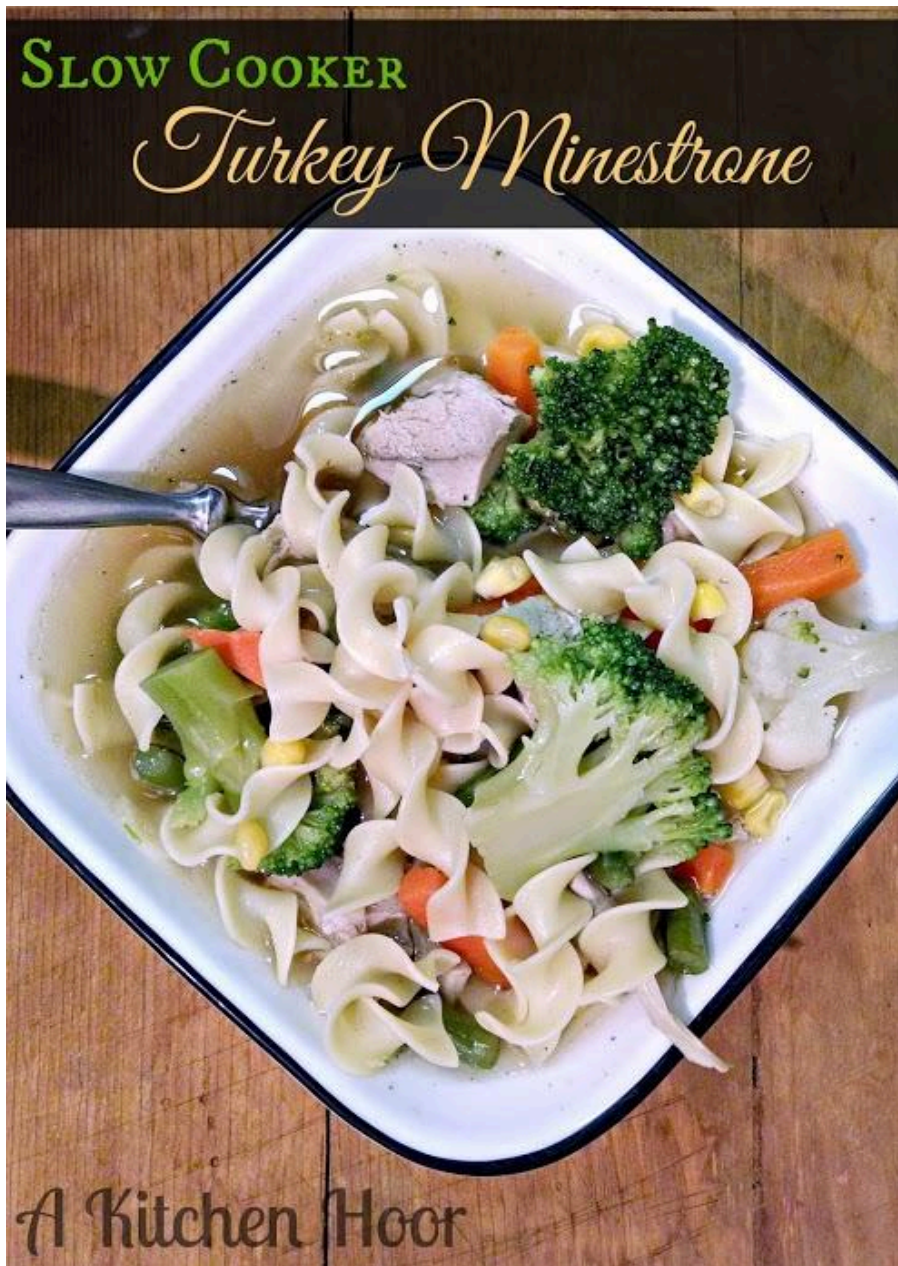


Slow Cooker Turkey Minestrone

Recipe by A Kitchen Hoor (@flowerfroggirl)



Ingredients

- 4 cups turkey, cut into bite-sized pieces
- 28 ounces frozen vegetables (broccoli, carrots, cauliflower)
- 14 ounces frozen green beans
- 1 1/2 cups frozen peas
- 4 cups turkey broth, low fat
- salt and pepper to taste
- 8 ounces egg noodles, cooked

Cooking Directions

1. Combine first 6 ingredients (turkey through salt and pepper) in the liner of a slow cooker coated with cooking spray. Cook on low 8 to 10 hours.
2. Add noodles the last 30 minutes of cooking, stirring to combine.