

The Practice of Eucharist

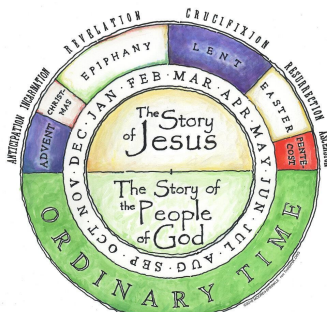
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, November 9
Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Truth will set you free – Exodus 20:1-2, 16

Why does God put the commands in the negative?

Why is this commandment in the top 10?

#1: _____

What is at the heart of untruth?

What are other ways we bear false witness?

Is it ever the right thing to do to not tell the truth?

Why is it key to keep grace and truth together?

#2: _____

How does the phrase 'God is light' reveal his character?

How does the rest of scripture express this commandment?

How can we live in and out of a truthful center?

#1: _____

#2: _____

#3: _____

#4: _____

#5: _____

If we dare to let Jesus in, what truth does he tell us about ourselves?

#Bonus:



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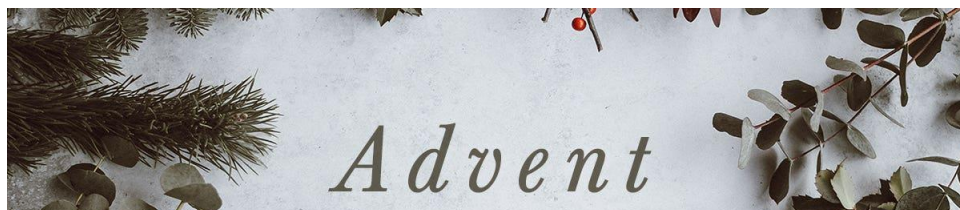
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#Bonus:



Life Together Game Night

Let's kick off the Thanksgiving long weekend with playing games together! Bring a hearty snack to share & a favorite board or card game for a night of family fun! Headwaters will provide pizza.

Wednesday, November 26 – 6:00pm -8:00 pm

Advent Devotional

Advent has a way of reminding us of this dark but divine truth every year - during the dimmest hours of the night, we are moments away from the morning light - a light that never fails to arrive and welcome us into God's never-ending mercies. Be sure to pick up an Advent Devotional that helps us walk through the darkness then light. Available Sunday, Nov. 23

Grief Share – Surviving the Holidays

“What do I do now?” this question is asked by many people in the wake of loss. Griefshare Surviving the Holidays is a 2-hour seminar designed to help those in our community to navigate the complicated relationship they now have with what once was a season of joy. Join us and invite others as we gather together for encouragement, support and valuable tools to navigate the season!

Sunday, December 7 – 3:00-5:00pm @ Headwaters Covenant Church

Advent Party

Join us as we intentionally begin the Advent season with games, festive activities, crafts and music as prepare to enter into the most wonderful of seasons. **Wednesday, December 3, 6:00-8:00 pm Headwaters Gym**

Our church family has the opportunity to bless the staff at the Lewis and Clark County Detention Center by giving them handmade Christmas cards and homemade or store-bought Christmas treats. We will make the cards at the Advent Party on Wednesday, December 3rd. Please plan to attend and help with this service project by making cards (all supplies will be provided) and bringing

cookies or other treats for the detention center. Currently there are about 50 staff. They have a tough job and don't receive many thanks. Let's bless their socks off!



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Advent Sermon Series

The Advent-Christmas season is the most “wonder filled” time of the year. Yes, it can also be the most “stress filled” time of the year – with so much to do. And for many, it can be the most “debt filled” time of the year – if we buy into all the advertising of the latest must have toys and gadgets and experiences. And for others, it can be the most “sorrow filled” time of the year – when we painfully miss those who have gone on to the other side, whose presence were part of the wonder in years past. Yet in the midst of it all, the season is filled with wonder. Join us as our wonder expands from the Gospel of Matthew’s perspective of this most miraculous wonder filled birth narrative.

Carol singing at Shodair

Join us again this Christmas Season as we bring some cheer to our friends at Shodair Children's Hospital. We will sing some traditional carols and invite them to join in as we bring some light to those who need it most.

Wednesday, December 10 5:00-6:00pm

We will be able to bring some treats for the kids - stay tuned for more info.

Special Advent Offering

We have an opportunity to buy student bibles for the youth at Shodair. So we will be having a special offering during Advent to raise funds for as many bibles as we can get. They are \$4 a bible. Please mark check, envelopes or make a note with your online giving for this special gift.

Service Project – Toys for Tots

Join us as we serve our community this Advent Season as we sort toys for Toys for Tots. Please show up at **5:40** as we need to go through a training together.

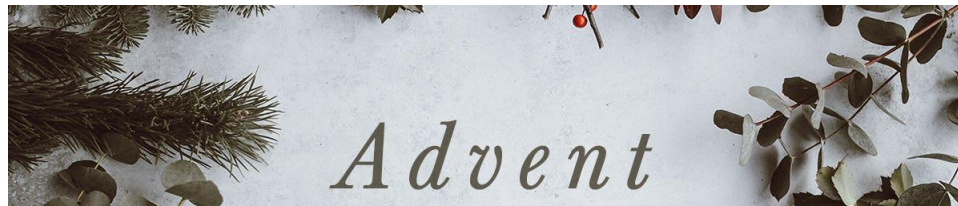
Wednesday, Dec. 17, 5:40pm-8:00pm

Helena Aviation Readiness Center – 3330 Skyway Dr.

Christmas Eve Candlelight Service

Join us for our Christmas Eve Candle Light Service. Come to make yourself at home for a late afternoon of singing, celebrating, candle lighting, and inspiring thoughts of this extraordinary, miraculous birth of God-made-flesh.

Wednesday, December 24th, 4:00pm



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Prayer Team Volunteers

Do you enjoy praying with and for others? We are looking for volunteers to help pray with folks during Communion in the back of the sanctuary. Please contact Pastor Seth or Pastor Iain if you are interested in being part of our prayer team!

Church Spot Cleaning Volunteers

Since we love to have snacks following the worship service, we need your help in spot cleaning so it doesn't get tracked around as we have many groups use the building throughout the week. We have a sign-up sheet in the foyer. There are still spots need to fill-in! Thank you for serving in this way!

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052
Next Children's Church Sunday, October 19th.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

NEW DAY AND TIME!!! Women's prayer Thursday's 12:30pm-1:30pm

Men's Bible Study

When: Join us every Monday @ 6:30am – **Where:** 1889 Coffee House

The Study: We are working through Proverbs.

Online Tithes

Thank you so much for your outrageous generosity!
We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



Financial Snapshot 2025

Jan-Feb Mar-April May-June July-Aug Sept Oct

Budget – \$27,068 \$27,068 \$27,068 \$27,068 \$13,534 \$13,534

Tithes – \$31,864 \$30,647 \$21,873 \$21,318 \$12,893 \$14,315

Over/(Under) \$4,796 \$3,579 (\$5,195) (\$5,750) (\$641) \$781

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Wednesday Nights Bible Study and Fellowship for all ages

6:00-6:30pm **Dinner and Fellowship**

6:30-6:45pm **Games in the Gym for Everyone**

6:45-7:45pm **Discipleship Groups**

- Nursery for ages 0-3 ^{*(If needed)}
- Pre-K-2nd Grade Bible Study
- 3rd-5th Grade Bible Study
- 6th-12th Grade Bible Study
- Adult Bible Study (meet one week and serve on the off week)

7:45-8:00pm **Worship in the Sanctuary for Everyone**

Wednesday Fall Schedule 2025

Nov 12 - Nov 19: Regular Life Together

November 26: Life together Game night

December 3: Advent Party!

Adult Bible Study

Adults will be going through a study titled: The Gospel-Centered Life. The Gospel-Centered Life helps participants understand how the gospel shapes every aspect of life, no matter where you find yourself on your spiritual journey.

Youth Bible Study

Youth will go through a deep dive in the Epistle of James this fall, focusing on all the practical wisdom freely given to those who desire it.

Pre-K-5th Grade Bible Study

Kids will continue to use The Gospel Project: This study is designed to encourage true transformation that comes only from the gospel, not from behavior modification. It's all about Jesus, and every story points back to Him.

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