AI Content Creation For Productivity

IMPORTANT LOGIN INFORMATION FOR THE CLASS:

Google account

1. **Sign in to your Google account**.
2. If you don't have one, go to **https://accounts.google.com.sg/** and click "Create account". Follow the steps to set up a new account.
3. **Verify your account** by following the prompts to use your phone number or email.

Gemini (For access to Nano Banana):

1. **Go to browser:** Type in "https://gemini.google.com/app" in the address bar and press Enter.
2. **Log In:** Select Sign in
3. Select your Google account and enter your password.

Google Labs:

- **Go to browser:** Type in "https://labs.google/fx/tools/flow" in the address bar and press Enter.
- **Log In:** Click Sign In with Google
- **S**elect your Google account and enter your password.

Suno:

- **Go to browser**: Type in **https://suno.com/** in the address bar and press Enter.
- **Log In**: Select Continue with Google
- Select your Google account and enter your password.

Learning Activity 1 - Image Generation with SCENE



Generate images with Nano Banana, ***Example Final Prompt:***

"A curious child in a cozy, sunlit kitchen, with a feeling of warmth and joy, playing with a ball of yarn, in the style of a colorful children's book illustration."

Draft your prompt with the SCENE Framework based on any of the below subjects:

- Basketball
- House
- Man / Woman / Child
- Food
- Fruit

SCENE – Subject, Context, Emotions, Narrative, Effect

Example of SCENE framework below

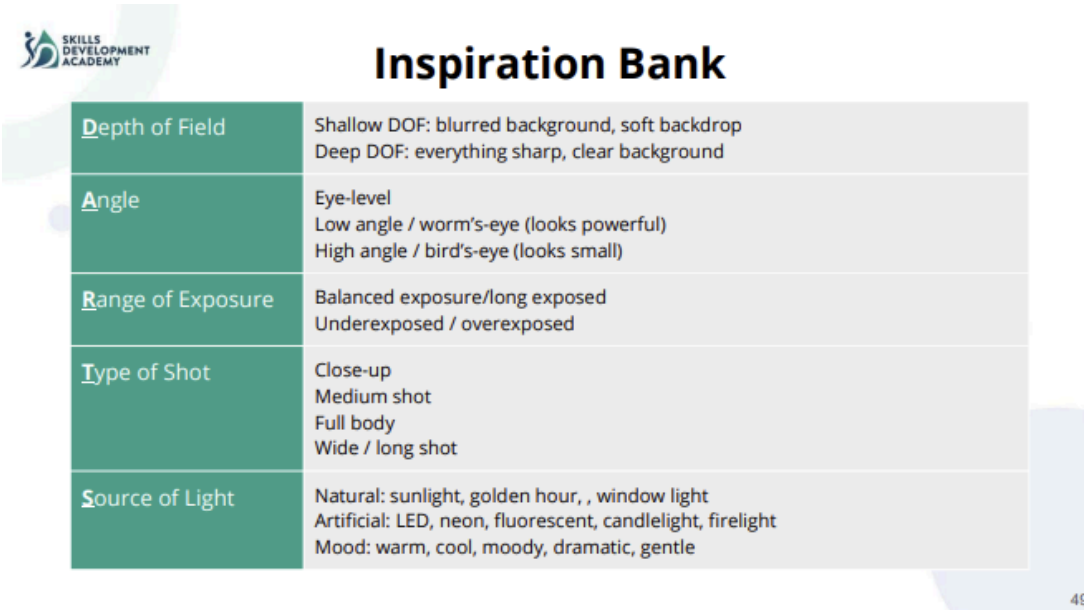
Scenario: Photorealistic image of a barista at work

Subject Clearly describing who or what the main focus of your image is.	An asian barista in his 30s at work
Context Describe the setting and environment where your subject is	In a modern cafe
Emotion Define the mood and atmosphere you want the image to convey	Feeling focused, calm and cheerful
Narrative Explain what is happening in the scene or what the subject is doing	Preparing a cup of coffee behind the counter while interacting with customers
Effect Portrait, Travel, Street, Choose the visual style or final look of the image	Portrait photography style, hyper real, 8k, 16:9

Draft your prompt with the SCENE framework below

Subject Clearly describing who or what the main focus of your image is.	a asian toddler boy, and a cheetah
Context Describe the setting and environment where your subject is	playing in a back yard with lawn
Emotion Define the mood and atmosphere you want the image to convey	joyful
Narrative Explain what is happening in the scene or what the subject is doing	toddler and cheetah are mingling on the lawn
Effect Portrait, Travel, Street, Choose the visual style or final look of the image	portrait, 8k, 3:4, realistic cartoons

Learning Activity 2 - Image Generation with DARTS



DARTS – Depth of field, Angle, Range of Exposure, Type of shot, Source of Light

Example of DARTS framework below

Scenario: Photorealistic image of a cyclist riding along the pavement beside a city street at night

Depth of Field Shallow vs deep depth of field	Shallow depth of field, cyclist in focus
Angle Camera point of view: eye-level, low, high, aerial	Worm's-eye view
Range of Exposure Balance exposure / Overexposed	Slightly underexposed for a moody night feel
Type of Shot Close-up, mid-shot, wide shot	Wide shot showing the cyclist and surrounding city
Source of Light Lighting style: natural, moody, soft, dramatic	Artificial neon street lights and vehicle headlights

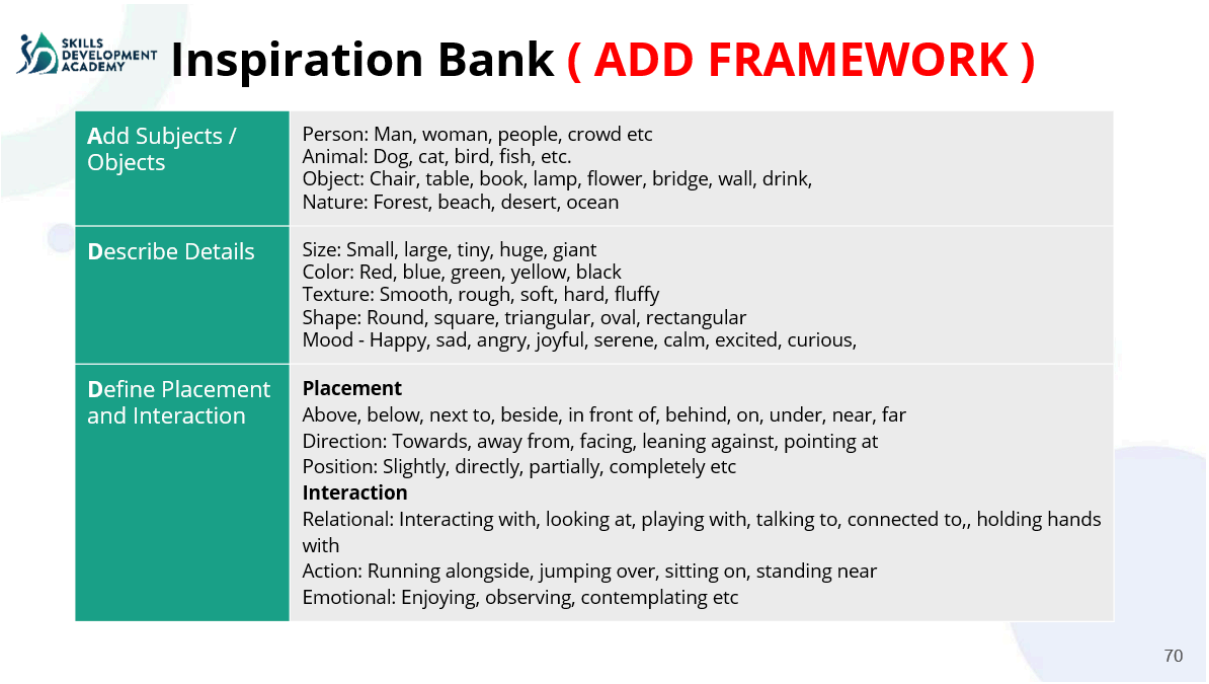
Draft your prompt with the DARTS framework below

Choose ONE of the following prompts and generate the image in Nano Banana:

- A family walking by Marina Bay Sands
- A child flying a kite at East Coast Park during sunset
- A street food vendor cooking at a busy night market

Depth of Field Shallow vs deep depth of field	deep depth
Angle Camera point of view: eye-level, low, high, aerial	high angle
Range of Exposure Balance exposure / Overexposed	underexposure
Type of Shot Close-up, mid-shot, wide shot	wide shot
Source of Light Lighting style: natural, moody, soft, dramatic	artificial from neon and shop lighting

Learning Activity 3 - Putting it All Together



ADD – Add subjects/objects, Describe details, Define placement and interaction

Example of ADD framework below:

Scenario: A young woman sitting on a park bench reading a book

Add Subjects / Objects Introduce new characters, animals, or objects.	Add a baby panda near the woman
Describe Details Specify appearance, features, or actions of added elements.	The baby panda is eating a bamboo shoot and wears a straw hat. The woman is asian, black framed glasses, short black hair, white blouse, denim jeans.
Define Placement and Interaction Position new elements within the scene and describe interactions with existing subjects.	The baby panda is resting beside the woman on the bench, both of them are in a Singapore park.

Use the ADD framework:

Choose ONE of the following prompts and generate the image in Nano Banana:

- A quiet beach with gentle waves and colourful umbrellas
- An office meeting room with a presentation screen and chairs
- A kitchen with a table and cooking equipment
- A desert surrounded by sand dunes and sunset

- A school classroom with desks, a whiteboard and large windows

Refine the prompts using the template below

Add Subjects / Objects Introduce new characters, animals, or objects.	add an baby elephant sitting at desk and chair
Describe Details Specify appearance, features, or actions of added elements.	The school is japanese elementary shool, the teaching subject is music teacher trying to conduct music and student has keyboard harmonica
Define Placement and Interaction Position new elements within the scene and describe interactions with existing subjects.	make the object in realistic proportion

Learning Activity 4 - Digital Mood Board Creation

Example of **Moodboard Creation** below:

Theme	Interior Design Concept for Modern Home Study Room
Style	Modern minimalist
Lighting	Soft natural daylight with warm desk lighting
Colour & Material	Light wood, white, beige, glass
Feeling	Calm, focused, organised

Use Final Prompt:

*Create a digital moodboard of at least 4 images for a **modern home study room** in a **minimalist style,** with **soft natural daylight and warm desk lighting**, using **light wood, white, beige and glass materials**, showing a **calm, focused and organised feeling***

Create a moodboard with Nano Banana based on your chosen theme.

Choose ONE of the following themes:

- Interior Design Concept for an HDB Flat (Modern, Scandinavian, Smart home)
- Interior Design for Retail Shop (Fashion, Hair Salon, Sports)

- Product Design Concept for Headphones (Gaming, Premium, Eco-friendly)
- Product Design Concept for Backpack (Travel, School, Hiking)

Use the following prompt to create your moodboard:

Create a digital mood board of at least 4 images for apartment, in victorian, with natural lighting, using white and elegant colour and luxurious look, showing a classy luxurious feeling.

Inspiration bank (Choose 1–2 words from each category)

Style: *minimalist, modern, contemporary, Scandinavian, Japandi, industrial, luxury, retro, vintage, futuristic, rustic, sporty, playful, elegant, premium, eco-friendly, tech-inspired, urban, classic*

Lighting: *warm, cool, soft, bright, natural, diffused, ambient, moody, dramatic, neon, backlit, studio lighting, golden-hour, high-contrast, low-light*

Colour / Material: *wood, metal, glass, leather, fabric, canvas, plastic, recycled material, aluminium, stainless steel, rubber, stone, concrete, marble, rattan, pastel, neon, neutral, earthy, monochrome, bold, metallic, matte, glossy*

Feeling: *calm, happy, bold, relaxed, cosy, dreamy, energetic, premium, sophisticated, playful, adventurous, sporty, futuristic, welcoming, clean, youthful, professional, luxurious, natural, creative*

Share your mood board with the class.

Create a **Digital Moodboard** using the template below:

Theme	HDB
Style	victorian style with white background
Lighting	natural lighting
Colour & Material	white wall, gold and some colourful decoration
Feeling	classy, clean, luxurious

Use Final Prompt:

Theme	cafe in Singapore
Style	relaxed and chill environment, emphasizes coffee flavor
Lighting	natural but dimmed lighting

Colour & Material	dark brown wood wall, furniture also dark brown colour. large plant pots
Feeling	cozy, relaxed

Learning Activity 5 - Rewriting Prompts to Reduce Bias with FAIR

- **Identify the biases in the images generated by AI Tools in the following slides.**
- **Rewrite the prompts with FAIR.**
- **Generate the images again with the FAIR prompt and compare the results.**

Rewriting Prompts to Reduce Bias with FAIR	
Original prompt: Create an image of people in office Rewrite prompt: create an image of people with diverse group of professionals ethnicities, ages (20-70s), and gender working in a modern office.	

Rewriting Prompts to Reduce Bias with FAIR	
Original prompt: Create an image of a nurse taking care of a patient. Rewrite prompt: create an image of a diverse group of 2 nurses and a doctor, male and females, different ethnicities and ages, taking care of a patient.	

Rewriting Prompts to Reduce Bias with FAIR	
Original prompt: Create an image of a group of friends using AI tools Rewrite prompt: create and image of a group of diverse group of friends, males and females, ages, and ethnicities using AI tools.	

Learning Activity 6 - Natural Language Processing



This prompt was used to generate the image on the following slide:

"A happy group of friends enjoying their meals at the Singapore hawker center, everyone smiling and their hands waving at the camera, ultra-realistic photo."

Study the image on the next slide carefully and identify any issues you spot

- Look closely at the hands, fingers, arms, and faces.
- Circle or note anything that looks strange, distorted, or unrealistic.

Rewrite the prompt below to fix the issues (i.e. distorted hands, unnatural proportions)
A happy diverse group of 6 friends, both males and females, different ages and ethnicities, enjoying their meals at the Singapore hawker center, everyone smiling and their hands waving at the camera, each person has one head, two arms and five fingers on each hand clearly visible, natural proportions ultra-realistic photo, 8k, 16:9

Inspiration Bank

Subject & Setting	People - child, teen, parent, teacher, hero, elder Creatures/objects - dog, cat, koi, dragon, drone, vintage camera Places - classroom, café, market street, rooftop, beach, hospital Time/conditions - dawn, golden hour, night, rainy
Theme / Tone	Hopeful, joyful, calm, romantic, playful, mysterious, tense, somber, heroic,inspirational, comedic, gritty, whimsical
Obstacles / Action	Obstacles - deadline, broken device, locked door, file, traffic jam, power cut etc Actions - searching, negotiating, rescuing, escaping, hiding, competing, teaching, comforting, celebrating
Recording Angle	Camera Angles: Eye level, low angle, high angle, dutch angle, first-person point of view Shot Types: Extreme close-up, close-up, medium shot, full-body shot, wide shot, aerial shot Camera Movement: Pan left / right, Dolly in / out, Tilt up / down, Tracking shot
Yield Creativity	Style - anime, watercolor, claymation, pixel art Twist - time loop, hidden message, tiny-to-giant scale, dream sequence Motifs - cherry blossoms, neon signs, lanterns, jellyfish glow, origami shapes

- Based on your image generated from the SCENE + DARTS + ADD prompt, animate it in Flow
- Use the template to fill in your STORY
- Follow instructions in the next slide to animate your image using Flow
- Share your creation with the rest of the class

Example of STORY framework in Google FLOW

Scenario: A boy finds a lost dog at the beach

Subject & Setting Define the main character(s) and environment	A 3D cartoon of a young boy walking alone at a beach during golden hour
Theme / Tone Decide the mood or emotional tone	Hopeful, warm and emotional
Obstacles / Action What is happening? What's the story?	He notices a lost dog near the water, approaches slowly, then comforts it. He speaks in english: "Hey there little buddy, are you lost?"
Recording Angle From what camera angle should the scene be recorded?	Start with a wide eye-level shot, then move into a medium tracking shot as he walks toward the dog He then ends off by saying : "Come, let's bring you back."
Yield Creativity Combine elements creatively for originality	Add a magical twist at the end: glowing sparkles and heart shaped elements slowly appear around them as the boy hugs the dog.

Draft your prompt with the STORY framework below

Subject & Setting Define the main character(s) and environment	Japanese anime style high school boy on the first day in Singapore high school
Theme / Tone Decide the mood or emotional tone	little nervous with new circumstances in the new classroom
Obstacles / Action What is happening? What's the story?	move into a classroom following a male teacher through front door to the classroom. When they approached to the middle of classroom in the front of classroom.. Teacher says '新しい転校生だ'. the boy bows and says 'はじめまして。コバヤシ　カケルです。よろしくおねがいします。'
Recording Angle From what camera angle should the scene be recorded?	following the boy to walk into the classroom with eye level. Then, eye level of sitting students camera angle to view the rest of the scene
Yield Creativity Combine elements creatively for originality	ending with sound of clapping hands. Then the new student's face is filled with relieved.

Learning Activity 8 – SOUND FRAMEWORK - Text-to-Music with Suno

SKILLS DEVELOPMENT ACADEMY

Inspiration Bank

Style / Genre	Pop, R&B, hip hop, drum & bass rock, country, jazz, blues, funk, soul, K-pop, classical, orchestral
Overall Mood / Emotion	Happy, upbeat, inspiring, hopeful, triumphant, calm, romantic, warm, cozy
Use of Instruments	Piano, electric piano, electric guitar, bass guitar ,strings (violin/viola/cello), brass (trumpet/trombone) ,woodwinds (flute/clarinet)
Narrative Tempo / Rhythm	Tempo (BPM): slow 60–80, mid 90–110, pop 110–128, dance 120–130, fast 140+ Motion words: gentle rise, steady pulse , driving beat, dramatic build
Details on Vocals / Lyrics	Vocal presence: lead vocal (male/female/child/choir) Language/tone: English, Mandarin, Malay, Tamil Tone : warm, corporate, friendly, playful, inspirational Themes: teamwork, resilience, gratitude, celebration, motivation, love

- Choose ONE of the following genres and fill in the template for the SOUND framework
    - Ballad
    - Rock & Roll
    - Hip Hop

- R&B
- Pop

- Follow the instructions in the next slides to create your song on Suno

Example of SOUND framework in Suno

Style / Genre What kind of music? (pop, classical, hip hop, jazz, EDM, lo-fi, cinematic, rock, ambient, etc.)	Modern pop with light R&B and electronic influences
Overall Mood / Emotion What feeling should the music create? (happy, sad, tense, romantic, inspiring, mysterious,energetic)	Upbeat, feel-good, youthful and energetic
Use of Instruments Which instruments or sounds should be included? (piano, guitar, violin, drums, synths, choir, bass, flute, etc.)	Synths, punchy drums, bass, light piano and electronic effects
Narrative Tempo / Rhythm How fast/slow should it be? (slow tempo, upbeat rhythm, dramatic buildup, steady beat, etc.)	Mid-to-upbeat tempo with a catchy groove and strong chorus
Details on Vocals / Lyrics Do you want lyrics or just instrumental? If lyrics, what theme?	Male or female vocal, simple catchy lyrics in english about food, city life, late-night outings and enjoying everyday moments in Singapore

Draft your prompt with the SOUND framework below

Style / Genre What kind of music? (pop, classical, hip hop, jazz, EDM, lo-fi, cinematic, rock, ambient, etc.)	dance music to motivate workout
Overall Mood / Emotion What feeling should the music create? (happy, sad, tense, romantic, inspiring, mysterious,energetic)	energetic based on bach's adagio in g minor
Use of Instruments Which instruments or sounds should be included? (piano, guitar, violin, drums, synths, choir, bass, flute, etc.)	violin and techno fusion
Narrative Tempo / Rhythm How fast/slow should it be? (slow tempo, upbeat rhythm, dramatic buildup, steady beat, etc.)	120 bpm
Details on Vocals / Lyrics Do you want lyrics or just instrumental? If lyrics, what theme?	instrumental only

Learning Activity 9 - Refining CLEAR Prompts

Rewritten Prompt Below:
1. Create photorealistic image of a Indonesian farmer working under the hot sun in a paddy rice field with tattered clothes and a sad face. 2. Make a hyper-realistic portrait of a group of young teenage girls in bikini playing volleyball at the East Coast beach. 3. An image of Black Pink members arguing with each other behind the concert backstage.

Example of CLEAR framework to check for Ethical Prompting

Scenario: Create a photorealistic image of Taylor Swift working as a cashier at a Singapore hawker centre during lunchtime.

	Description	**Type Yes / No in the boxes below**
Check originality	Is the image idea an original creation?	Yes
Language sensitivity	Does the prompt treat people fairly, without stereotypes about race, gender, age, or culture?	No
Ethical references	Does the prompt copy an existing artwork, style, or photo without giving credit?	No
Appropriate themes	Could this image idea make people uncomfortable, or include discrimination, hate, harm, or sexual content?	Yes
Respect boundaries	Does the prompt remove the real people's names or faces, or single out a race or group?	No
Rewritten Prompt using CLEAR framework	*Create a photorealistic image of a cashier at a Singapore hawker centre during lunchtime.*	

Disney inspired art

analyse disney's art style and write it in an image prompt without mentioning the name, that i can use in future image generations

Use the template in the next step to refine the prompt ethically using the CLEAR framework

Scenario: An image of Black Pink members arguing with each other behind the concert backstage.

	Description	
Check originality	Is the image idea an original creation?	yes
Language sensitivity	Does the prompt treat people fairly, without stereotypes about race, gender, age, or culture?	no
Ethical references	Does the prompt copy an existing artwork, style, or photo without giving credit?	no
Appropriate themes	Could this image idea make people uncomfortable, or include discrimination, hate, harm, or sexual content?	yes
Respect boundaries	Does the prompt remove the real people's names or faces, or single out a race or group?	no
Rewritten Prompt using CLEAR framework	An image of band members arguing with each other behind the concert backstage.	