

Date: _____

1. Reflect on your life and the different stages of development. Describe the stage you are currently in as well as success and failures from previous stages that might affect who you are today. Give examples that justify your success/failure for each stage.
2. Describe an identity crisis you have struggled with in your own life. As you define your own identity, what are the different roles you must integrate? (Examples: daughter, teammate, worker, student, significant other) Where do you find inspiration? (Examples: specific role models, events, or beliefs.)
3. Look closely at Erikson's fourth stage. Do you think he correctly identifies the primary struggle for school-aged children? From your own experience, do you think there might be another way to explain the fundamental changes that occur during this stage of life?

4. Describe some of the “big” questions that teenagers your age face. Why do you think an identity crisis occurs for most people during teenage years?

5. How can a lack of interest in one’s career or job lead to stagnation? How can a life of constant pleasure-seeking eventually lead to stagnation?