

# *You Are Not Alone*

*Quarterly Region 3  
Relapse Prevention Workshop*

*Saturday, March 14, 2026*

*Time: 1:00 pm – 2:30 pm CT*

**Come and hear a speaker share their experience  
with relapse/relapse prevention!**

**Zoom ID: 881 1854 0543**

**Password: itworks**

**Questions? [jenean.oa2023@icloud.com](mailto:jenean.oa2023@icloud.com)**

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