

Food Justice Resource List

This list has been created to support the UWB/CC Campus Library's Community Reads [Spring 2021 programming on Food Justice](#). To participate in our [Canvas course](#) (reading, discussion, activities, zine submissions), you must be affiliated with UWB or Cascadia and login with your UW NetID. Enroll in the course to participate in discussions and zine submissions.

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Selected general Environmental Justice resources

Delegates to the First National People of Color Environmental Leadership Summit (1991).

[Principles of Environmental Justice](#). From *EJNet*.

Johnson, A. All we can save: truth, courage, and solutions for the climate crisis. Available from UW Libraries ([print](#) and [e-book - UW Net ID required](#))

Reid, L. (2018). [Why race matters when we talk about the environment: An interview with Dr. Robert Bullard](#). From *Greenpeace*.

Tuckey, M. (2018). [Ghost fishing: an eco-justice poetry anthology](#). Available from UW Libraries (print book).

[Years Project](#). "multimedia storytelling and education effort designed to inform, empower, and unite the world in the face of climate change."

Food Justice

Recent articles and essays

[Civil Eats](#). Online magazine featuring articles on Food & Policy, Farming, Health, and Environment.

Ishisaka, N. (2021). [Two King County communities look to the land to heal generational trauma](#). From *The Seattle Times*.

Philpott, T. (2021). [Black Land Matters](#). From *Mother Jones*.

Russillo, J. (2021). [Red Barn Ranch Gets One Step Closer to Potential Black Ownership](#). From *South Seattle Emerald*.

Secaira, M. (2021). [Reclaiming land by growing Native foods](#). From *Crosscut*.

Audio and Visual

[Dolores](#). Documentary that tells the story of lifetime activist Dolores Huerta, who worked alongside Cesar Chavez for better working conditions for Latino farmworkers and women's rights. Available through UW Libraries (streaming video).

Finley, R. [A Guerrilla Gardener in South Central LA](#). "Ron Finley plants vegetable gardens in South Central LA -- in abandoned lots, traffic medians, along the curbs. Why? For fun, for defiance, for beauty and to offer some alternative to fast food in a community where "the drive-thrus are killing more people than the drive-bys." (10 minutes, TED Talk)

Kiss the ground. Science experts and celebrity activists unpack the ways in which the earth's soil may be the key to combating climate change and preserving the planet. Available from [Netflix](#).

[The Just Food Podcast](#). Produced by the Berkeley Food Institute.

[A Place at the table](#). Film Examining the issue of hunger in America and proposes new solutions to the problem. Available through UW Libraries (DVD).

[Seed: The untold story](#). The film follows passionate seed-keepers protecting our 12,000 year-old food legacy. These farmers, scientists, and indigenous people are fighting a David and Goliath battle to defend the future of our food. Available through UW Libraries (streaming video).

[“Soil: The dirty climate solution.”](#) Episode of [How to Save a Planet](#) podcast where Leah Penniman and a pair of farmers in Minnesota are interviewed about their regenerative agriculture practices and how these practices could transform farming.

[The Table Underground](#) podcast. “Stories of food, radical love & creative social justice.”

[“We Are Each Other’s Harvest:’ The past, present and future of black farmers”](#), NPR KUOW Interview, April 6, 2021, Naima Penniman of [Soul Fire Farm](#) and author [Natalie Baszile](#) talk about her book, [We Are Each Other’s Harvest](#), and the history of Black farmers in the United States, the potential impact of the American Rescue Act and what it means to reclaim the land.

Nonfiction books

Alkon, A. & Agyeman, J. (2011). [Cultivating Food Justice: Race, Class, and Sustainability](#). Available through UW Libraries (ebook, UW NetID required).

Bowens, N. (2015). The color of food: Stories of race, resilience and farming. Available through UW Libraries ([print](#) and [ebook - UW Net ID required](#)).

Broad, G. (2016). More than just food: Food justice and community change. Available through UW Libraries ([print](#) and [ebook - UW Net ID required](#)).

Calvo, L. (2015). [Decolonize your diet: plant-based Mexican-American recipes for health and healing](#). Available through UW Libraries (print book).

De Souza, R. (2019). [Feeding the other: whiteness, privilege, and neoliberal stigma in food pantries](#). Available through UW Libraries ((ebook, UW NetID required).

Holt-Giménez, E. (2009). [Food rebellions!: Crisis and the hunger for justice](#). Available through UW Libraries (print book).

Gottlieb, R. (2010). Food justice. Available from through UW Libraries ([print](#) and [ebook, UW NetID required](#))

Patel, R.C. (2007). [Stuffed and starved: Markets, power and the hidden battle for the world food system](#). Available through UW Libraries (ebook, UW NetID required).

Penniman, L. (2020). [Black Gold](#). In A.E. Johnson & K.K. Wilkinson (Eds.), *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis*. Available through UW Libraries (essay in an ebook, UW NetID required).

Penniman, L. (2018). Farming while Black: Soul Fire Farm’s practical guide to liberation on the land. Available through UW Libraries ([print](#) and [ebook - UW NetID required](#))

Shiva, V. (2016). [Stolen harvest: the hijacking of the global food supply](#). Available through UW Libraries (ebook - UW NetID required).

White, M. (2018). Freedom farmers: agricultural resistance and the black freedom movement. Available through UW Libraries ([print](#) and [ebook - UW NetID required](#))

Local Farms focused on Justice

*The farms listed below are those we could identify that are both local, but also owned or led by BIPOC farmers, and/or operate with a lens of food justice. We have tried our best to identify BIPOC owned or led farms and marked them with a * below. If you are aware of farms to add to this list, or a mistake we have made, please [contact us](#).*

*[Alagnax Farm](#) - "BIPOC owned farm located in Occupied Duwamish Territory. Serving BIPOC community through food sovereignty efforts and workshops."

[Beacon Hill Food Forest](#) - "We work to dismantle an unjust food system rooted in white supremacy and conquest by nurturing its replacement, already alive and ready to grow. Through open harvest and collaboration within and among communities, we work to create a fair share for all."

*[Black Farmers Collective](#) / Yes Farm - "a group of urban food system activists dedicated to providing opportunities to improve the health of our communities through all aspects of the food system. We are growers, sellers, preparers, educators and eaters. Our vision is based in the need for a place for African American leadership on the land, the Kwanzaa principle of cooperative economics, and the realization that mitigating the climate crisis requires action to support local production, carbon sequestration, and natural habitat creation."

*[Black Star Farmers](#) - BIPOC led for the radical reclamation of land and food for BIPOC communities - MLK Farm and Cherry Street Farm. Organizes: [Ujamaa Food Circle](#) which curates monthly healthy organic food boxes that nourish and educate Black and Indigenous families in Seattle.

[Clean Greens Farm & Market](#) - a non-profit owned and operated by residents of Seattle's Central District, primarily run by volunteers, with the mission to "solve the problem of limited access to healthy foods and produce in low income urban neighborhoods."

[The Color Farm](#) - Woodinville farm growing dye and fiber crops using regenerative methods.

[Farmer Frog](#) - "helps communities one garden at a time. Collaborating with all willing partners to grow food locally ensures that food desert and food justice issues will have lasting solutions."

*[Indigenous Roots](#) - strive to provide equitable and sustainable access to original foods and medicine to promote self-determination.

*[Kamayan Farm](#) - Located 25 miles east of Seattle, growing vegetables flowers, medicinal herbs and “seeking to help people build a reciprocal and reparative connection to land.”

*[Nurturing Roots](#) - “community farming program focused on healthy food choices...focus on sharing the truth about systematic oppression with an emphasis on food and environmental justice.”

*[Percussion Farms](#) - “works to undo racism and other oppressions that prevent access to nutrition and healthy spaces for People of Color.” [GoFundMe](#)

[Regeneration Farm](#) - Woodinville farm committed to regeneration of land, ecosystems, soil, local economics and food systems; driven by self-determination and environmental justice; valuing cultivation of humanity, building resilience, taking action, rooting in place, striving for balance, and acting with love.

[Rising Sign Farm](#) (Carnation, WA) - “dedicated to food sovereignty and justice, using growing techniques based in agroecology, distribution focused on access, and growth rooted in solidarity and care.” They use a solidarity fundraising model and pay [Real Rent to the Duwamish](#).

[Root & Rabbit](#) - Woodinville based farm using regenerative and sustainable small scale farming techniques.

*[Sariwa Farm](#) - Sammamish Valley farm specializing in pesticide-free Filipino vegetables.

*[Sovereignty Farm](#) - “a new seed to table social enterprise that will provide opportunities for Indigenous elders, apprentices, artisans, and farmers; to grow and serve traditional foods at the Chief Seattle Club day center and the café that will be available to the public in Chief Seattle Club’s “á?al “Home” building opening in Pioneer Square in 2021.

*[Sweet Hollow Farm](#) - multiracial queer worker-owned cooperative farm in Woodinville. “Our purpose..is to use sustainable agriculture as a means to nourish and strengthen community self-determination and agency in the food system”.

[Viva Farms](#) - empowering “aspiring and limited-resource farmers by providing bilingual training in holistic organic farming practices.”

[21 Acres](#) - Local Woodinville farm, market, and education center focused on sustainable and regenerative agriculture

Local Environmental Justice and Food Justice Community Organizations

[350 Eastside](#) - building a climate justice movement on the Eastside, focusing on policy, education, advocacy, and creative direct action.

[Community Alliance for Global Justice](#) “strengthens the global food sovereignty movement through community education and mobilization.”

[FEEST](#) “sets the table for young people to transform the health and equity of their community by gathering around food & working towards systems change.”

[Front and Centered](#) - “statewide coalition of organizations and groups rooted in communities of color and people with lower incomes; we’re on the frontlines of economic and environmental change.”

[Futurewise](#) “works throughout Washington state to encourage healthy, equitable and opportunity-rich communities, and to protect our most valuable farmlands, forests and water resources through wise land use policies and practices.”

[Got Green](#) “organizes for environmental, racial, and economic justice as a South Seattle-based grassroots organization led by people of color and low income people.”

[Northwest Harvest](#) - “Providing equitable access to nutritious food.”

[NW Tribal Food Sovereignty Coalition](#) - “an opportunity for tribes and tribal organizations to convene efforts that are driven by cultural revitalization, empowering communities, and the use of innovative strategies to improve the health of the people”.

[Pedaling Relief Project](#) - bike powered crisis response group working to strengthen existing mutual aid networks in local communities by transporting produce from p-patch gardens and urban farms to neighborhood food banks.

[Puget Sound Sage](#) - “combines research, innovative public policy and organizing to ensure all people have an affordable place to live, a good job, a clean environment, and access to public transportation.”

[Solid Ground’s Food System Support](#) - supports the Seattle Food Committee which provides support to the [Seattle Food Committee](#).

[Sustainable Seattle](#): “Our vision is a thriving, regenerative, sustainable Seattle which center reciprocity, liberation, and restored abundance.”

Other Resources

View our [Environmental Justice Resource list](#) which includes these resources, as well as additional resources related to Environmental Justice generally; our Fall Quarter 2020 content (climate justice, rising waters and coral reef destruction); and Winter Quarter 2021 content (Climate migration and refugees).

Listen to [Common Caws for Sustainability Podcast](#), produced by the UWB and CC Sustainability Offices.

Subscribe to the [Cascadia College Sustainability Opportunities Newsletter](#).

Subscribe to the [UW Bothell Sustainability Newsletter](#).

For more local environmental organizations, see our Campus Library's [Environment Guide](#).

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