

After School Sports

La Colina Junior High School



What is After School Sports?

We are a school district funded after school sports program that will train your child in preparation for games against the other three local junior high schools. After School Sports is designed to introduce team sports to our students. All students who attend practices will play in games. Each local junior high school will field a sports team for five weeks with two home games and two away games versus the local junior high schools. The sports are coached by local teachers and coaches approved by your local junior high school. Transportation is provided by the school district. It is a completely free program for all junior high school students in the Santa Barbara School District.

A 4-week sports program

We will practice after School 3:15pm-4:15pm / Wednesday Game Times: 3:15pm - 4:15 pm
Parent Pickup could be expected to occur for visiting teams at around 4:45pm at their home school site. Only parents of a student may pick up their child from the visiting game location.

Season Dates – 2025-26 School Year

Mon-Thurs practices with games each Wednesdays on weeks 2-5.

Season	Sports	Start Date	End Date
Fall Season	Girls Soccer/Boys Basketball	Sept 22	Oct. 15
Winter Season	Girls Basketball/Boys Soccer	Nov. 3	Dec. 3
Spring Season	Ultimate Frisbee/Track&Field Possibly cross country	Feb. 23	March 18
Late Spring Season	Volleyball/Flag Football	April 13	May 6

Coaches and Transportation:

Teachers and approved coaches will coach your child.
Transportation to games provided by school.

How Do I Sign-Up?

Sign up can be done by going to the La Colina web page and printing out **a participation form** <https://resources.finalsite.net/images/v1573471052/sbunifiedorg/kcq8nxt8b53ilvyuyfk8/VoluntaryActivitiesParticipationENG.pdf> Fill it out and have your child hand it in to Mr. Kaufmann. Additionally forms will be placed outside the girls and boys locker room. Please contact after school sports coordinator Mr. Kaufmann with any additional questions or help in signing up. . After School Sport Coordinator - ekaufmann@sbunified.org