

Hard to Quit: Tobacco Use Among Older Americans

Citations and references for attendees

- **Safer Nicotine Wiki page on older adults (50+).** Provides >30 works addressing aging and tobacco use including publications and presentations, as well as detailed analysis of key articles.
 - [https://safernicotine.wiki/mediawiki/index.php/Nicotine - Older Adults \(50%2B\)](https://safernicotine.wiki/mediawiki/index.php/Nicotine_-_Older_Adults_(50%2B))
- **Recent scoping review on smoking cessation among middle age and older adults.**
 - Johnson AL, Avila JC, Christensen L, Fahey MC, Jang J, Jarvis S, Rojewski A, Rubenstein D, Kleykamp BA. Smoking Cessation Treatment Efficacy and Impact on Health Outcomes among Middle-Aged and Older Adults: A Scoping Review. *Nicotine Tob Res.* 2025 Jun 6;ntaf122. doi: 10.1093/ntr/ntaf122. Epub ahead of print. PMID: 40476739; <https://pubmed.ncbi.nlm.nih.gov/40476739/>
- **Underrepresentation of aging adults in nicotine and tobacco research**
 - Kleykamp BA, Smith H, Dewan M, Kalinowski LM, Parsky J, Kulak JA. Lost in the Smoke: Underrepresentation of Aging Adults in Nicotine and Tobacco Research. *Nicotine Tob Res.* 2025 Jan 30;ntaf029. doi: 10.1093/ntr/ntaf029. Epub ahead of print. PMID: 39883072. <https://pubmed.ncbi.nlm.nih.gov/39883072/>
- **Perceptions of the continuum of risk in nicotine-containing products (people who smoke and providers)**
 - Rubenstein D, Denlinger-Apte RL, Ross JC, Carroll DM, McClernon FJ. Older age is associated with greater misperception of the relative health risk of e-cigarettes and cigarettes among US adults who smoke. *Tobacco Control.* 2023;tc-2023-057943. <https://pubmed.ncbi.nlm.nih.gov/37137702/>
 - Steinberg MB, Bover Manderski MT, Wackowski OA, Singh B, Strasser AA, Delnevo CD. Nicotine risk misperception among US physicians. *Journal of General Internal Medicine.* 2021 Dec;36(12):3888-90 <https://pubmed.ncbi.nlm.nih.gov/32875504/>
 - Toll BA, Smith TT, King BA. Nicotine e-cigarettes: considerations for healthcare providers. *Nature medicine.* 2024 Jun;30(6):1513-4. <https://pubmed.ncbi.nlm.nih.gov/38627561/>
- **Heated tobacco**
 - Cheryl Olson in 2024 on this product: <https://tobaccoreporter.com/2024/10/01/warm-reception-2/>
- **Complexities of smoking for people 50+**

- R Street's Jeff Smith's recent paper:
<https://www.rstreet.org/research/smoke-free-over-50-an-aging-challenge/>
- **Other resources mentioned**
 - Parents and smoking: <https://pubmed.ncbi.nlm.nih.gov/12751972/>
 - Emergency room interventions:
<https://pubmed.ncbi.nlm.nih.gov/36657751/>
- **Nicotine and cognition**
 - MIND study: <https://www.vumc.org/ccm/mind>
 - <https://www.sciencedirect.com/science/article/abs/pii/S027858462300009X>
 - https://safernicotine.wiki/mediawiki/index.php/Nicotine_therapeutic_benefits