

Example Prescriber Info Request

Re: [Client's Full Name], DOB: [Date of Birth]

Dear Dr. [Prescriber's Name],

I am [Your Name], a licensed [Your Profession] (License #[Your License Number]), currently providing therapy to our mutual patient, [Client's Name]. I have obtained written consent from [Client's Name] to communicate with you regarding their care.

I am writing to request information about [Client's Name]'s current medication regimen and any recent changes. Specifically, I am interested in:

1. Current medications and dosages
2. Any medication changes in the last 3 months
3. Any observed side effects or concerns

This information will help me coordinate care and ensure our therapeutic approaches are aligned.

Please send the requested information via [preferred method] to [your contact details].

If you need a copy of the signed release form or have any questions, please don't hesitate to contact me at [Your Phone Number].

Thank you for your time and collaboration in [Client's Name]'s care.

Sincerely,
[Your Name]
[Your Credentials]

Example Prescriber Call Request

Re: [Client's Full Name], DOB: [Date of Birth]

Dear Dr. [Prescriber's Name],

I am [Your Name], a licensed [Your Profession] currently providing therapy to our mutual patient, [Client's Name]. I have obtained [Client's Name]'s consent to communicate with you regarding their care.

I am writing to request a brief phone consultation to discuss [Client's Name]'s treatment progress and medication management. Specifically, I would like to address:

1. Recent changes in [Client's Name]'s symptoms
2. The effectiveness of their current medication regimen
3. Potential adjustments to our combined treatment approach

I believe a direct conversation would be beneficial for coordinating our care efforts. Would you be available for a 15-20 minute call sometime in the next week?

I am generally available [provide some time slots], but I can be flexible to accommodate your schedule. Please let me know a few times that work best for you, and I will confirm.

If you need any additional information before our call, please don't hesitate to contact me at [Your Phone Number] or [Your Email].

Thank you for your collaboration in [Client's Name]'s care. I look forward to speaking with you.

Sincerely,
[Your Name]
[Your Credentials]

Other Stuff

Good Subject Lines

The subject line should be specific, informative, and convey urgency if applicable. Some examples:

1. Request for Patient Information - [Patient Initials]
2. Consultation Request re: [Patient Name] - [Brief Reason]
3. Urgent: Treatment Coordination Call Needed - [Patient Initials]
4. Follow-up on Medication Changes for [Patient Initials]
5. Brief Call Request: Discussing Treatment Plan for [Patient Initials]

For a form title requesting information or a call, you could use:

Request for Clinical Consultation / Information Sharing

Remember to...

Give the BLUF: Bottom Line Up Front!

Be clear, concise, and specific about what you're requesting

Explain briefly why you need the information or call

Offer flexibility in how/when they can respond

Focus on patient/client care

If you want to share more information or give context/details always provide that AFTER the CLEAR CLINICAL QUESTION!

Let the prescriber know what you're looking for *before* giving them anything else to think about! (That's how we're used to addressing questions on consults or from other docs.)

Then when they read your summary or context they know how to think about and apply it!

Also, the more complicated the system is for me to get you an answer, the longer it sits on my desk. Make it as easy as possible for someone to send you what you need!

Good Luck and cheers to healthy brains,

Dr. B

Jessica Beachkofsky, MD

Your friendly online psychiatrist!

<https://brainbiteswithdrb.com/home>