

5-302's 100 Acts of Kindness!

1. Try to be an upstander If you see someone bullying someone.
2. Cheering people up.
3. When my sister is sad, help her.
4. Sharing with others.
5. Talking positive.
6. Helping people when they don't understand.
7. Treating people fairly.
8. Taking care of other people's things.
9. If you see someone sitting by themselves go sit with them!
10. By not kicking other people's ball.
11. Be an upstander.
12. Treating everyone equally.
13. Share your food with people who don't have any.
14. When someone is sad go up to them and try to cheer them.
15. Listening to what people have to say.
16. Help at a homeless shelter
17. Comfort someone when they are sad.
18. Invite someone to hang out with you.
19. Stand up for someone.
20. Help people when they are hurt.
21. By walking
22. Saying. "Hello." To someone lonely.
23. Including others in games.
24. If you are sharing with others then share with everyone else saying
25. If someone is saying something do not say bad things on what they said
26. Let someone join a group if you are letting other people join
27. If someone is saying something do not interrupt
28. I could still get my brother a birthday present even though he didn't get me one.
29. I to recycle more often

30. Help the poor.
31. Making a friend feel better when they are sad.
32. Recycling.
33. Be a friend to others.
34. Giving gifts to friends.
35. Making a friend feel better when they are sad.
36. Clean up if you see a mess someone made.
38. By treating others kindly.
39. When someone falls, I help them up
40. I recycle.
41. Treat others how you want to be treated.
46. Listen to the teacher.
47. Giving your pet treats.
48. I help people out when they need me
49. In morning meeting when we shake hands, say their name.
50. Mind your own business.
51. Thank people.
52. To help someone if they need it.
53. To pick up after other people.
54. Include people.
55. To think out of the box.
56. Volunteer for school events to raise money for the PTA.
57. Donate money to a charity
58. Treat family kindly.
59. Being kind to others
60. Being kind to other people
61. Understanding that
62. Being kind to animals, not just humans.
63. Be positive wherever you are.
64. I could try to walk faster on line
65. Help a classmate, even if you don't know them very well
66. Holding a door open for someone.
67. Forgiving a friend or someone else if they do something to you
68. Holding a door for someone

69. Help someone if they are carrying something heavy.
70. Don't litter on the street
71. Be kind and listen to other people when they are speaking to you.
72. I clean up my mess.
73. Make good impressions.
74. If someone needs help, help them
75. By treating others kindly.
76. Say hello to other people.
77. Always say please and thank you.
78. Try to help to people that need your help.
79. Try to do happy to someone that is sad.
80. To sit next to someone who is sad..
81. By playing with my brother.
82. Never be rude- always be kind!
83. Always be an upstander- NEVER be a bystander.
84. Treat pets with kindness and comfort people when they're sad
85. By sharing with everybody.
86. By helping someone.
87. By giving happiness to everybody.
88. Letting others sit with you that aren't your best friends.
89. Share with people.
90. Showing you care with.
91. Helping people up when they fall down.
92. I feed my cat when my parents aren't home
93. By not excluding anybody.
94. Encourage people.
95. Pick up someone else's trash.
96. I could try to not distract a friend by talking to them
97. Be an upstander.
98. Be the bigger person.
99. Be an upstander.
100. Cheer everyone up if they're sad.