

Statement #1

Our vision for flourishing in Physical Education at STS....

Each student will develop the tools¹ necessary to engage in physical activities that are meaningful² to them for the unique value they may hold. Across their lifespan, each student will arrange their lives in such a way to engage in activity that enriches their lives.

¹ Tools refers to knowledge, skills (both physical and conceptual), attitudes/mindset

² In this context, the word meaningful refers to personal significance / importance and not necessarily the Meaningful PE framework outlined by Fletcher et al (2017). The significance of learning may be related to the activity itself, or a desired learning through which an activity was used to uncover (e.g. persistence) or another transferable learning outcome.

Statement #2

Our vision for flourishing in Physical Education at STS....

Each student will see themselves as competent movers, who are motivated to pursue physical activity across their lifespan for the unique value each activity may hold for them. Each student will feel how when movement is experienced as joy¹, it enhances the quality of their lives.

¹ This definition of joy is built off of Dr. Scott Kretchmar's work, and the idea that 'fun' may be novel / a temporary distraction or otherwise shallow engagement. Whereas joy is deep engagement, and repeatedly brings one back to movement. Joy is one of Flourish 2031 core values.

Statement #3

Our vision for flourishing in Physical Education at STS....

Each student will uncover a meaningful connection to movement¹ that motivates them to continue to pursue physical activity in their personal lives. Each student will develop confidence in their capabilities³, a commitment to growth and openness to a variety of movement experiences. Students will experience joy² in movement and recognize how continual participation in movement may improve the quality of one's life.

¹ Meaningful as it's true definition, not related to MPE framework (as described beneath statement #1)

² This definition of joy is built off of Dr. Scott Kretchmar's work, in the same manner described in statement #2

³ Capabilities refers not only to physical skills but also ability to apply concepts, meet challenges and so on.

- Motivated for a lifetime of activity to improve the quality of life
- Meaningful connection to action - an individual why?
- Develop competence and confidence in movement
- Experience joy (deeper than fun) in movement
- See personal connections to movement
 - To the activity itself
 - To the learning from the activity
 - To other activities
- Engagement
- Through deep learning, able to understand and apply concepts
- Develop a mindset that is focused on growth, open to new experiences and willingness to engage with challenges.