

\*Milk is offered every day at breakfast & lunch. Options: unflavored skim/1%, chocolate skim.

\*Grade 6-12: 2 Entrees Offered Daily

\*Grades 6-12: Grab & Go PB&J and Chef's Salads available each day.

\*Grades 6-12: Salad bar available  
 \*\* = This item is only an option with the first entree listed.

**Breakfast: \$1.80**

**Breakfast Adult: \$2.00**

-includes entree, fruit/100% fruit juice, milk  
 -students must choose ½ c fruit or vegetable + 2 other items

**Lunch:**

**Grades 6-8: \$2.70**

**Grades 9-12: \$2.75**

**Adult or Guest Lunch: \$5.00**

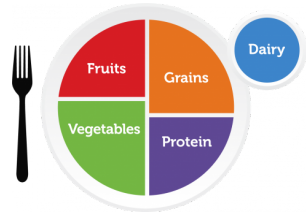
**Extra Milk: \$0.55**

**What does a lunch meal consist of?**

Students are encouraged to select 5 components (grain, meat, fruit, vegetable and milk); however, students are only required to select 3 components.

One MUST be a ½ cup fruit or a ½ cup vegetable.

**WG = whole grain**



\*\*\*MENU IS SUBJECT TO CHANGE\*\*\*

**THIS INSTITUTION IS AN  
 EQUAL OPPORTUNITY PROVIDER**  
 West Marshall CSD does not discriminate on the basis of race, color, sex, sexual identity, national origin, disability, age or religion in its programs and employment.

| Monday, Nov 3                                                                                                                                                                                                    | Tuesday, Nov 4                                                                                                                                                          | Wednesday, Nov 5                                                                                                                                                                                                                  | Thursday, Nov 6                                                                                                                                                                       | Friday, Nov 7                                                                                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Chicken Nuggets</b><br><b>HS Only: Pasta Salad**</b><br><b>Cheese Pizza</b><br><b>Rice Krispy Treat</b><br>Peas<br>Cucumber Slices + Ranch Dip<br>Grapes<br><br><b>B: Biscuits &amp; Gravy</b>                | <b>BBQ Rib/WG Bun</b><br><b>Cheeseburger/WG Bun</b><br>Baked Beans<br>Fresh Broccoli + Ranch Dip<br>Peaches<br><br><b>B: French Toast Sticks</b>                        | <b>Walking Taco</b><br>(Doritos, taco meat, shredded cheese)<br><b>Churro</b><br><b>Cheese Pizza</b><br>Refried Beans<br>Pepper Strips + Ranch Dip<br>Lettuce / Salsa / Sour Cream<br>Applesauce<br><br><b>B: Breakfast Pizza</b> | <b>Pork Dinner</b><br><b>Dinner Roll**</b><br><b>Chicken Patty/WG Bun</b><br>Mashed Potatoes<br>Cherry Tomatoes<br>Apple Chips<br><br><b>B: Donut</b>                                 | <b>Cheese-Stuffed Breadsticks</b><br><b>Pepperoni Pizza</b><br>Marinara<br>Mixed Vegetables<br>(broccoli, carrots, cauliflower)<br>Romaine Lettuce Salad<br>Strawberry Cup<br><br><b>B: Breakfast Sandwich</b> |
| Monday, Nov 10                                                                                                                                                                                                   | Tuesday, Nov 11                                                                                                                                                         | Wednesday, Nov 12                                                                                                                                                                                                                 | Thursday, Nov 13                                                                                                                                                                      | Friday, Nov 14                                                                                                                                                                                                 |
| <b>Chicken Drumstick</b><br><b>Hot Pasta**</b><br><b>HS Only: Crackers**</b><br><b>Cheese Pizza</b><br>Ranchero Beans<br>Baby Carrots + Ranch Dip<br>Hot Cinnamon Apples<br><br><b>B: Breakfast Banana Split</b> | <b>Grilled Cheese</b><br><b>Tomato Soup**</b><br><b>Cheeseburger/WG Bun</b><br>Sweet Potato Fries<br>Romaine Lettuce Salad<br>Pears<br><br><b>B: Pancakes + Smokies</b> | <b>Corn Dog</b><br><b>Cheese Pizza</b><br>Green Beans<br>Cherry Tomatoes<br>Berry Medley<br><br><b>B: Breakfast Nachos</b><br><br><b>EARLY OUT</b><br><b>12:50 pm Dismissal</b>                                                   | <b>Chicken Alfredo</b><br><b>Garlic Breadstick**</b><br><b>Chicken Patty/WG Bun</b><br>Roasted Brussel Sprouts<br>Fresh Broccoli + Ranch Dip<br>Orange<br><br><b>B: Cinnamon Roll</b> | <b>Pancake on a Stick &amp; Omelet</b><br><b>Scooby Grahams**</b><br><b>Pepperoni Pizza</b><br>Hash Brown Patty<br>Celery + PB or Sunbutter<br>Slushy<br><br><b>B: Breakfast Sandwich</b>                      |
| Monday, Nov 17                                                                                                                                                                                                   | Tuesday, Nov 18                                                                                                                                                         | Wednesday, Nov 19                                                                                                                                                                                                                 | Thursday, Nov 20                                                                                                                                                                      | Friday, Nov 21                                                                                                                                                                                                 |
| <b>Chicken Tenders</b><br><b>Savory Rice**</b><br><b>Cheese Pizza</b><br>Broccoli & Cheese<br>Cucumber Slices + Ranch Dip<br>Banana<br><br><b>B: Fruit Pastry</b>                                                | <b>Sloppy Joe/WG Bun</b><br><b>BBQ Rib/WG Bun</b><br>Baked Beans<br>Coleslaw<br>Apricots<br><br><b>B: Pancake on a Stick</b>                                            | <b>Crispitos</b><br><b>Fiestada Pizza</b><br>Corn<br>Salsa/Sour Cream<br>Fruit Cocktail<br><br><b>B: Breakfast Pizza</b>                                                                                                          | <b>Roast Turkey with Gravy</b><br><b>Mashed Potatoes/Roll</b><br><b>Pumpkin Bar</b><br>Green Bean Casserole<br>Sweet Potato Casserole<br>Apple<br><br><b>B: Donut</b>                 | <b>Cheese-Stuffed Breadsticks</b><br><b>Pepperoni Pizza</b><br>Marinara<br>Roasted Cauliflower<br>Romaine Lettuce Salad<br>Craisins<br><br><b>B: Breakfast Sandwich</b>                                        |
| Monday, Nov 24                                                                                                                                                                                                   | Tuesday, Nov 25                                                                                                                                                         | Wednesday, Nov 26                                                                                                                                                                                                                 | Thursday, Nov 27                                                                                                                                                                      | Friday, Nov 28                                                                                                                                                                                                 |
| <b>Nachos</b><br>(Tortilla Chips, Taco Meat, Cheese Sauce)<br><b>Churro**</b><br><b>Cheese Pizza</b><br>Corn<br>Lettuce/Salsa/Sour Cream<br>Grapes<br><br><b>B: Omelet &amp; Muffin</b>                          | <b>Cheeseburger/WG Bun</b><br><b>BBQ Rib/WG Bun</b><br>Tater Tots<br>Pepper Strips + Ranch Dip<br>Peaches<br><br><b>B: Waffle &amp; Sausage Link</b>                    | <b>NO SCHOOL</b>                                                                                                                                                                                                                  | <b>NO SCHOOL</b><br><br>                                                                         | <b>NO SCHOOL</b>                                                                                                                                                                                               |