



COVID-19 Resources for San Antonio Residents

Introduction – **Please read!**

Howdy y'all! My name's B and I created this resource document because in the wake of any kind of problem, large or small, we need each other. People all around San Antonio are stepping up and putting together their resources to help their fellow community members.

This document is going to focus on **local need resources** that people can access in San Antonio (i.e. food, childcare). If you want to find out more about **general resources and information on COVID-19 itself**, please check out my other resource document: tiny.cc/beatCOVID-19. To submit additional resources, you can message me @blackcatbarrera on Twitter.

Please bookmark this document and share with your networks! The short link for this document is tiny.cc/SACOV1D-19. Click [here](#) for a graphic you can share on Instagram.

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What is the City of San Antonio doing?

[COSA Department of Emergency Operations Center](#): Check out this link to see statements from the Mayor and city-related closures and cancellations.

[Metro Health District](#): Check out this link to see updates and information from this city department.

[Ready South Texas App](#): Download this app to receive updates on the COVID-19 situation in San Antonio. Additionally, residents can text COSAGOV to 55000 to receive SMS text message updates.

[COVID-19 Hotline](#): The San Antonio Metropolitan Health District has opened a COVID-19 hotline for residents to ask questions about the virus. The hotline is available in English and Spanish. Residents can call **210-207-5779**. (Monday-Friday 8:00 a.m. – 5:00 p.m.) Information for the public is also available at: www.sanantonio.gov/health/2019ncoronavirus. The statewide hotline is **1-877-570-9779** and is open from Monday - Friday 7:00am–6:00pm.

[Public Service Announcements](#): Topics include social distancing, prevention and testing and are available in English, Spanish and American Sign Language.

[School Closures](#): Area school districts and charter schools that have extended spring break through April 3.

[SAHA Takes Measures to Prevent the Spread of COVID-19](#): The San Antonio Housing Authority is suspending evictions of all public housing. Check this link for more details.

[San Antonio Utilities Have Stopped Disconnecting Customers](#): “CPS Energy and the San Antonio Water System (SAWS) have stopped shutting off their customers’ service for unpaid bills as the city prepares for the spread of the novel coronavirus.” Check the link for more details.

[San Antonio Public Library](#): While libraries are closed they will suspend fines, due dates, and extend holds by 7 days once libraries reopen.

[San Antonio Community Resource Directory](#): Make sure to call ahead to see if agencies are still open and offering services.

[COSA COVID-19 Self Screening Tool](#): This Self Screening Tool will ask you questions about symptoms and determine whether you should take steps to get tested.

Local Updates about COVID-19

[Express News](#): A timeline of COVID-19 and related events in San Antonio.

[Texas Public Radio](#): A timeline of COVID-19 and related events in San Antonio.

[SA Current: Every San Antonio Event Canceled or Postponed Due to Coronavirus Pandemic](#): "With all gatherings of 500 people or more banned for at least a week, a lot of San Antonians' social calendars are in turmoil. To make things easier, we've compiled a list of event postponements and cancellations across town."

Getting the Facts

[Johns Hopkins Coronavirus Resource Center](#): This website is a resource to help advance the understanding of the virus, inform the public, and brief policymakers in order to guide a response, improve care, and save lives.

[Johns Hopkins Public Health On Call Podcast](#): Evidence and experts to help you understand today's COVID-19 news - and what it means for tomorrow.

[Center for Disease Control](#)

How can I help?

[Puro Mutual Aid Network](#): If you want to provide support or are seeking it, fill out this document!

[Help One Another Cards](#): These cards can be filled out and given to people who are immunocompromised with the contact information of someone who will run errands for them.

[Needed Monetary Mutual Aid](#): "Many San Antonians are creatives, gig workers, in the service industry, or just need extra funds to get by while employers and patrons figure out next steps. Please submit your name, email, and Venmo/CashApp @."

[Meals on Wheels](#): MOW is preparing additional meals, click on the link to sign up as a volunteer or to donate.

[Donate Blood](#): The South Texas Blood and Tissue Center is currently in desperate need of blood donations since they've had to cancel blood drives.

[Donate Hygiene Kits](#): Bags can be dropped off in boxes at nearest SAPD Substations. For substation locations, click [here](#). For a list of items needed, click [here](#). There is currently no deadline for accepting donations. Call 210.207.7273 with questions.

[Volunteer with SA Food Bank](#): Help is needed to staff additional mobile food distributions. Contact the San Antonio Food Bank Volunteer Services at volunteer@safoodbank.org or (210) 431-8388.

[Donate to SA Food Bank](#): Every \$1 provides 10 pounds of food/supplies. The Food Bank emphasizes that money donations are preferred over food donations; this allows the Food Bank to target specific items in specific quantities.

[Support Local Businesses](#): If you are a fan of any business, [artist](#), [restaurant](#), etc, and you have the ability to purchase products or services, consider doing just that! If the business you'd like to champion doesn't have a website to purchase through, call or email them to find out what support they are looking for specifically.

[Catholic Charities](#) is looking for volunteers to help restock their St. Stephens CARE Center which operates like a grocery store. If interested in offering your time contact Eddie Rocha at (210) 222-1294

Who's offering food?

[San Antonio Food Bank](#): There are regular updates on food distributions for. There are lunch and dinner distributions specifically for children. For assistance call, 210-431-8326.

[School Districts](#): Most school districts are offering meals for children. Some districts will only serve students within their individual jurisdictions, while others will serve any child 18 years or younger. Services were publicized to go through April 3.. Please check with your school district to confirm that they are continuing meal service.

[Cereal Killer Sweets: Free Sandwiches and Drinks for Student](#): If your kids need food next week, you can stop by the Bakery Monday-Friday between 9:00am - 12:00pm. It's free. If you want to help make them come by at 8:00am. Want to donate? Bring them peanut butter, bread, jelly, drinks, chips, or cash.

[Catholic Charities](#): If you need food, call (210) 226-6178. Open M-F 8:30am-3:30pm. ID, SSN, and current proof of address are required.

[San Antonio Hope Center](#): Drive thru assistance M-F 9am-5pm and Sat, 9am-2pm. Starting on Mar 20, they will be providing meals for children W-F at 11am.

[Pre-K for SA](#): "Pre-K 4 SA will have a weekly food distribution at each one of our Education Centers. Food distribution will start on Monday, March 16th at the West Center. Food will be distributed between 2:00-5:00 p.m. Only one Center will have a food distribution each day. You may pick up food at whichever Center is most convenient for you. Please review the following food distribution schedule. Please remember to put your child's name and his/her teacher's name in your window.

- March 16th -19th from 2:00-5:00 p.m.
 - Monday-West Education Center
 - Tuesday-South Education Center
 - Wednesday-East Education Center
 - Thursday-North Education Center

**UTSA Roadrunner Pantry: (UTSA students only) The Roadrunner Pantry will remain open to support students. Hours this week: noon to 6 p.m. Expanded hours beginning March 23: 8 a.m. to 5 p.m. weekdays. Location is SU 1.04.06, near the UPS Store. Call 210-458-EATS (3287) for more info. For UTSA coronavirus updates, click [here](#).

Seniors needing a meal of Food Bank commodities may contact the Department of Human Services senior center nearest to them for services.

West End Park Senior Center- 210.207.1720
District 2 Senior Center - 210.207.5390
South Side Lions Senior Center- 210.207.1760
Willie Cortez Senior Center- 210-207-5295
District 5 Senior Center- 210-207-5270
Normoyle Senior Center- 210- 207-5650

Alicia Trevino Lopez Senior Center- 210-558-0178
Doris Griffin Senior Center- 210-780-7444
Bob Ross Senior Center- 210-207-5300
Northeast Senior Center-210-207-4590

CulinariaSA is providing free meals for hospitality workers in need. It is on a first come first serve basis. Must bring proof of hospitality employment. Located at 511 E Grayson st. 78215, Lunch:1-3 PM Dinner: 6-8PM.

Resources for Financial Assistance

[Emergency Rent Assistance](#): The City of San Antonio is accepting emergency rent and mortgage assistance referrals, effective March 18, 2020. Households experiencing an emergency and hardship, with supporting documentation, can apply by clicking on the blue “Request Assistance” button.

[Texas Workforce Commission](#): If your employment has been affected by the coronavirus (COVID-19), apply for benefits either online at any time using [Unemployment Benefits Services](#) or by calling TWC’s Tele-Center at 800-939-6631 from 8 a.m.-6 p.m. Central Time Monday through Friday.

[Small Business Federal Assistance](#): The U.S. Small Business Administration (SBA) is allowing designated states and territories to request an Economic Injury Disaster Declaration in order to distribute loans to small businesses in need due to impacts from the Coronavirus (COVID-19). When the declaration is granted for the SBA EIDL program, (state) applicants will receive information on how to apply for their loan. (see ‘Small Business State Assistance’ for how a state becomes eligible)

[Small Business State Assistance](#): In order for Texas to receive an SBA Economic Injury Disaster Declaration, businesses will need to fill out an [Estimated Disaster Economic Injury Worksheet](#) certifying the business has suffered substantial economic injury as a result of COVID-19 and are in need of financial assistance. Worksheets and questions can be submitted to TDEMPARecovery@tdem.texas.gov.

[Small Business County Assistance](#): Bexar County Commissioners Court announced this morning that they will be providing \$5 million for interest free loans and \$250k in grants for small businesses that have suffered financial losses due to the ongoing situation. More information to come.

[Covering COVID-19 Testing Costs](#): The Texas Department of Insurance has instructed health insurers and health managing organizations to waive costs associated with COVID-19. **For individuals without insurance**, free testing will be available and provided by public health laboratories in consultation with health departments. To find a provider or low-cost provider, please call 211.

[Unemployment Insurance - "How To" Guide](#): Lost your job because of COVID-19? Check out this guide to see how you can collect unemployment insurance.

[Soze Foundation Artist and Activist Relief Fund](#): Selected Applicants will receive a \$250 grant.

[Peace First Rapid Response Grants](#): Help young people lead projects that address community impacts of COVID-19. \$250 grants are available.

[Texas Diaper Bank](#): They have free diapers, period products, and incontinence products to folks who qualify for WIC/SNAP.

[Alamo colleges Foundation Covid-19 Student Impact Fund](#) will provide emergency resources for students who are in need of temporary assistance.

Resources for Wellbeing

[Yanawana Herbolarios](#): Yanawana Herbolarios is taking orders through an online intake form. Individuals unable to pick up formulas due to injury, chronic disease, disability or age and do not have an individual that can pick up for them can request delivery. Individuals experiencing homelessness can request delivery. Other individuals must pick up formulas (a surrogate may pick up).

<http://yhresponse.org/pop-up-clinics/>

- For Healthcare providers and community workers on the frontline who would like to request formulas for their team or community please contact at <http://yhresponse.org/contact/>

[Texas State Parks](#): Parks will be suspending all cash transactions where feasible. Visitors are encouraged to utilize the self-pay stations, the online reservation system and credit card transactions at this time. Park visitors should check the [Alert Map](#) regularly for the latest information about the status of parks.

United Way has a COVID-19 Community Economic Relief Fund. Will help with bills, rent, and food. Call 1-866-211-9966 and provide zip code and will be given a list of local agencies to provide further assistance.

Resources for Grade School Students

[150+ Enrichment Activities for Children While Parents are Working Remotely](#): Check out this document for tons of ideas for how to keep kids engaged while they are out of school.

[NOVO Homeschool Resources](#) :A small collection of anti-oppressive, anti-racist homeschool curriculum ideas and resources for families impacted by closures caused by the coronavirus

[Dolores Huerta Day Curriculum](#) : Lessons, activities and resources from the Dolores Huerta Foundation.

[Free curriculum from Families Belong Together](#): Sample pages from Coloring Without Borders are included.

[Reading A-Z](#) offers free products as well as a free trial. Reading A-Z has over 2,000 leveled books for young people.

[Story Time From Space](#) offers free book readings and science lessons from astronauts while they are in space.

[15 virtual field trips](#) that students can take to museums, orchestras, concerts, etc.

Resources for College Students

[TU Virtual Campus Project](#): This is a Discord server for Trinity Students and meant to keep them connected and stave off isolation.

[U-Haul Offers 30 Days Free Self-Storage amid Coronavirus Outbreak](#): Visit uhaul.com or call 1-800-GO-UHAUL to reserve a truck or trailer. U-Haul also accepts third-party pay, which enables family members to fund their loved one's moving and storage needs.