

Monday, September 22, 2025

Day 20

Parent Access

Breakfast

Mondays - Cheese Omelet, Cereal, Toast, Fruit

Tuesdays - Mini Waffles, Cereal, Toast, Fruit

Wednesdays - Muffin, Cereal, Toast, Fruit

Thursdays - Combo Link/Bar, Cereal, Toast, Fruit

Fridays - Donut, Cereal, Toast, Fruit

Lunch

Mon. Sept. 22 - Pork Steak, Potato Wedges, Fruit

Tue. Sept. 23 - Three Cheese Calzone, Pacific Blend, Fruit

Wed. Sept. 24 - Beef Teriyaki Dipper, Potato Medley, Fruit

Thurs. Sept. 25 - Chicken Sandwich, Green Beans, Fruit

Fri. Sept. 26 - Shrimp Poppers, Corn, Fruit

ACTIVITIES THIS WEEK:

Mon. Sept. 22 - JV Volleyball @ Omaha Nation - 4:30

JV Football @ West Monona vs Woodbury Central - 6:00

JH/HS Cross Country @ West Monona

Thurs. Sept. 25 - JH Football @ West Monona vs Westwood - 4:00

JH/HS Cross Country @ MVAOCOU - 4:30

Fri. Sept. 26 - Varsity Football @ West Monona vs Logan Magnolia - 7:00

ACTIVITIES NEXT WEEK:

Mon. Sept. 29 - JV Football @ MVAOCOU - 6:00

Tues. Sept. 30 - JH/HS Cross Country @ Denison Schleswig - 4:30

Thurs. Oct. 2 - JH Football @ MVAOCOU - 4:00

JH/HS Cross Country @ South O'Brien - 4:30

Fri. Oct. 3 - Varsity Football @ Westwood - 7:00

Sat. Oct. 4 - JV Volleyball @ Omaha Cristian - 9:00/10:00

Homework:

Guidance:

Financial Aid Priority Dates:

Creighton University

UNO

Wayne State

Peru State

USD;

NWMSU

UNL

SDSU

College Rep. Schedule for Whiting

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