ISD 623 Power Standards: SEL

Self-Awareness

1A. Student demonstrates awareness of his/her emotions and personal traits.

"I am able to identify and communicate how I am feeling."

1B. Student has a sense of personal responsibility.

"I am aware of my responsibilities at school."

Self-Management

2A. Student demonstrates ability to manage and express their emotions.

"I can appropriately handle my feelings."

2B. Student uses appropriate decision-making skills to context.

"I can make appropriate decisions."

Social Awareness

3A. Student demonstrates ability to read social cues and awareness of people's perspectives.

"I care about the feelings and opinions of others."

"I care about how I read others and how they read me."

3B. Student demonstrates consideration for others through an awareness of cultural issues and respect for human differences.

"I care about others and do my part to make my school community better."

"I care about and respect the individual differences of others."

Relationship Skills

4A. Student uses positive communication and social skills to build and maintain relationships.

"I will interact appropriately with others."

"I will work on having positive relationships."

4B. Student demonstrates the ability to approach and resolve interpersonal conflicts in constructive ways.

"I will learn to handle conflicts in socially appropriate ways."

Responsible Decision Making

5A. Student applies decision-making skills to deal responsibly with daily academic and social situations.

"I will use a decision-making model to help me make positive choices."

5B. Student contributes to the well-being of the school and community.

"I will make decisions that positively impact my environment."

Primary Sources:

- Anchorage School District and Illinois Department of Education
- CASEL
- District 287 Standards and Benchmarks