

UC02: Using online chatbots in our work as psychologists (e.g., in teaching, research, writing, and therapy)

Session leader(s): Laura Vowels

Day/Time: See [Live Schedule](#)

Zoom Link: [LINK]

Abstract: Online chatbots, or conversational agents, such as ChatGPT and LaMDA are rapidly changing the way we think about the potential of artificial intelligence in many aspects of our work as psychologists. Over time, they are likely to completely change how we teach and grade students, write papers, conduct research, and even do therapy. Instead of fighting the inevitable changes that are coming, I believe we should prepare ourselves and consider the immense potential of artificial intelligence in aiding our work. The purpose of this unconference is to discuss the potential applications of online chatbots to different areas of our work as psychologists and to start thinking about how we can use these tools in the best possible way while considering their limitations. This unconference may lead to new hackathons to focus on best practices of using AI within different areas (e.g., teaching, research, writing, therapy interventions).

Prerequisite knowledge/expertise: No prerequisite knowledge is required.

How will the session foster diversity & inclusion?: This unconference is meant for anyone who is interested in discussing more about how we can incorporate this new technology into our workflow. People with diverse views and opinions are especially welcome including both people who are for and who are against chatbots. The unconference presenter herself is exploring research in incorporating chatbots into online therapy interventions and has used ChatGPT as a tool, for example, to help with writing literature reviews (rather unsuccessfully), creating materials for online interventions (more successfully), and as homework for therapy clients.

OSF Project Page (SIPS2023 Unconferences): <https://osf.io/4vt3b/>

[Slack Channel](#)

[Conference Website](#)

[Code of Conduct](#)