



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
Schools Division Office of Pasay
District V
JOSE RIZAL ELEMENTARY SCHOOL
Barangay Talaba, Pasay



CLASS PROGRAM

Grade 5 - Rosal
School Year 2025 – 2026

Time Allotment	Number of Minutes	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 – 7:20	20	Flag Ceremony / Daily Routine				
7:20 – 8:05	45	GMRC / VE	GMRC / VE	GMRC / VE	GMRC / VE	GMRC / VE
8:05 – 8:50	45	Filipino	Filipino	Filipino	Filipino	Filipino
8:50 – 9:35	45	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
9:35 – 9:55	20	Health Break				
9:55 – 10:40	45	English	English	English	English	English
10:40 – 11:25	45	AP	AP	AP	AP	AP
11:25 – 1:00	95	Health Break (Lunch/Rest)				
1:00 – 1:45	45	MAPEH	MAPEH	MAPEH	MAPEH	MAPEH
1:45 – 2:30	45	Science	Science	Science	Science	Science
2:30 – 3:15	45	EPP / TLE	EPP / TLE	EPP / TLE	EPP / TLE	EPP / TLE
3:15 – 3:45	30	NMP	NMP	NMP	NMP	HGP (45 mins) —
3:45 – 4:45	60	Collaborative Expertise Session for Teachers	Intervention / Library Work / Co-curricular / Culmination		Collaborative Expertise Session for Teachers	
TOTAL Actual Teaching in Minutes and Hours Per Day	Monday to Thursday: 390 minutes - Friday: 405 minutes					

Prepared by:

RUSSEL H. TAGLIK
Teacher I

Recommending Approval:

LEILA S. HAYTO
Public Schools District Supervisor

Noted:

CLAIRE M. FORTALEZA
Head Teacher VI

Approved by:

HAROLD D. BUENAVISTA
Schools Division Superintendent