

School Counseling Curriculum, Grades 8 & 9

School Counseling Department

MONTH	TOPICS / UNITS
August	Welcome to BMHS Orientation • Key information about BMHS and Staff • Q & A with Peer Leaders • Orientation: 8th grade orientation is held in August before the school year begins. On this day, we welcome students to the high school and try to make them feel comfortable and excited about coming to BMHS. We give them a tour of the building and share useful information about things like sports, clubs and activities, lunch, daily schedule, and much, much more. We also have older students do a Q+A session so the incoming 8th graders can hear things from a student perspective.
SEPTEMBER	• Scheduling Assistance to all 8/9th Grade students • Grade 8 All About Me Survey- sent out via email • Individual Meeting with Grade 8 students begin (Sept-Dec) ○ Review Getting to Know You Survey with student ○ Academics check in Individual meetings: Early in the school year we begin scheduling individual meetings with each 8th grader. These are short meetings designed to introduce ourselves, get to know each student a bit, and hopefully make them feel comfortable coming to us with any questions or concerns that arise.
OCTOBER	Grade 8 • Effective Organization in class lesson ○ Practice email etiquette ○ Google Calendar and Agenda Books ○ Google Classroom both their classes and School Counseling Google Classroom ○ HS Survey (Tech/private) ○ Classroom presentations: In October we go into 8th grade classes to do a presentation about organization, including topics such as checking email regularly, keeping your inbox organized, and using Google calendar to track important dates. Students also practiced writing and sending an email using proper email etiquette. Finally, we have each

	student join their School Counseling Google Classroom and complete any activities we have posted there. Grade 9 ● Introduction to Naviance in class lesson ○ Logging in to Naviance ○ Naviance basics ○ Inventory ○ Getting to Know You Survey - created in Naviance by Counselors Classroom presentations: In November we go into 9th grade classes to get students logged into Naviance and give a brief overview of the program. We also have them do an interest inventory to start thinking about post-secondary education and career options. We also have each student join the School Counseling Google Classroom and complete any activities we have posted there.
NOVEMBER	● Individual Meeting with Grade 8 students continue (Sept-Dec) ○ Review Getting to Know You Survey with student ○ Academics check in
DECEMBER	● Individual Meeting with Grade 8 students continue (Sept-Dec) ○ Review Getting to Know You Survey with student ○ Academics check in
JANUARY	● Individual Meeting with Grade 9 students begins(Jan-March) ○ Academics check in ○ Graduation requirements ○ Questions about course selection Individual meetings: About half way through the school year we hold individual meetings with each 9th grader. In this meeting, we begin filling out the graduation checklist. This helps give students a broad view of their high school curriculum and helps them understand what's needed to graduate.

FEBRUARY	● Individual Meeting with Grade 9 students continue (Jan-March) ○ Academics check in ○ Graduation requirements ○ Questions about course selection
MARCH	● Individual Meeting with Grade 9 students continue (Jan-March) ○ Academics check in ○ Graduation requirements ○ Questions about course selection
APRIL	● Grade 8 & 9 Course Selection in class assistance and presentation ○ Grad requirements ○ Credits ○ Course offering ○ Aspen ○ All Materials posted to Google Classroom sites for easy access to materials Course selection: In the spring, we go into 8th and 9th grade classes again to talk about the process of selecting courses for the following school year. We review the options for electives and answer any questions students may have. Once students have made their selections in Aspen, we review them and work directly with any students who may need additional support.
MAY/JUNE	● Continued support with course requests ● Grade 7 Step Up day in June