

SL: Heres an idea..

Your rear delt exercises, I came by on instagram, gave me a great pump and I think it'll be a regular in my routine as I want those 3D shoulders you mentioned. I can tell that you put a lot of time and effort into researching fitness and health providing so much value to your target audience so that they take action and achieve their goals but..

I couldn't help but notice how much different your captions are to the giants in the fitness industry.

You don't use your captions as a funnel to your website. Funnels are a very crucial part of any business because without funnels the chance of your viewers buying or even knowing about your products are slim to none.

Considering how minor an inaccuracy it is, it would be unreasonable for it to greatly impact the sales of your products.

With that said, I have attached a potential way to get more traffic to your website.

Thank you for your time. I look forward to hearing your response.

P.s I understand that some don't want to open links so here it is:

PAS method

It's tough to make progress in the gym as a beginner.

I remember when I first started all that strange equipment I didn't know how to work really frustrated me. I spent so much time learning how to use equipment and how to eat right that I barely made any progress. If I decided to begin my journey with a coach then I would have cut the time it took to get fit in half.

That's why I became a fitness coach. To help, not just beginners but everyone, achieve their dream physique with lightning speed.

Dm "SHRED" for premium coaching or visit my website [INSERT WEBSITE]

[ADD THE WORKOUT IF YOU WANT]