

I have put this together to know if I have enough experience to start landing clients and go through step 3 lmk what you think

SL

Do you actually want to be the best version of yourself?

Everybody who says they want to try something new or learn something new will fail.

Eventually something will go wrong. But this is we're you decide are you going to quit or get back up and try again.

This is what most of you do you try something new

Eventually something goes wrong

You make some excuse

And your dreams and wishes go out the window

And then you wonder why you have a average life. When you actions are nothing more then AVERAGE!

If you actually want to make a change and stick to it

You MUST UPGRADE YOU!

No it's not some secret hack or some motivation crap

You have enough motivation

So if your the type of person who will commit make a promise to yourself you will genuinely try your best

It can be anythng...

Click the link to learn more

**Practice Copy Emails DIC HSO PAS**

## **REWrite With FEEDBACK**

### **DIC EMAIL 1**

**Disrupt: Orange**

**Intrigue: Black**

**Click: Blue**

### **The Secret To A Stress Free Life**

Many are led to believe the key to a stress free life is heavily medicating right?

**WRONG!**

There's a secret stress reliever that's far more effective than putting dangerous chemicals into our bodies.

Big Pharma is doing everything in their power to not make this secret public.

But we're going to do it anyway

Do you desire to live a stress free existence? Click the link below.

## PAS EMAIL 2

Pain Brown

Amplify Orange

Solution Blue

### Are You Feeling STRESSED 24/7? MUST READ

When you wake up, are you the type of person who has a smile ready to start their day?

Ready to crush your problems to become even more powerful.

When people look at you, do they see. A man with integrity, strength and will?

Or

Do you wake up feeling anxious trying to get a few more minutes of sleep

Hating the life you live but feel incapable of changing your reality.

Which one is it?

If you're reading this it's probably the second one.

If you're a stressed person. You may look at a happy person and despise them.

Or wonder how they're living such a happy existence while you're complaining about yours..

Stressed people are always miserable and unhappy.

It is because they feel stuck in a deep hole that's too confusing to climb out of, they just rather sit there hoping for a miracle.

But why?

99% of the world does not understand the power of stress.

Stress is power energy.

So how can you use stress for your own good?

Are you tired of living a stressed and miserable existence?

Click the link below to become the man with a smile ready to crush his day!

HSO EMAIL 3

HOOK Yellow STORY Green OFFER Blue

If you're a stressed individual READ THIS IMMEDIATELY

I used to be stressed. But when this happened everything changed.

I was once driving myself to work.

When I saw something that definitely caught my eye.

Maybe the whole street.

A young man chilling at 9am on a Wednesday in his Ferrari.

“That thing was loud”

Besides the point.

I couldn't understand HOW he had managed to get that car.

My brain was going haywire. I couldn't slow my thoughts.

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“Who is this guy”

“He's so young in a Ferrari”

“How did he get rich”

The more I thought the more I became FURIOUS to the fact that this guy gets a Ferrari.

I felt my life was being wasted in front of me.

Once I finished my shift. I was driving back home still furious.

I kept thinking to the point I realised what my real issue was.

It was the reality I was living in. I hated it. And it needed to change.

So I got to work day and night researching for the information I needed.

4 Years later I now have the life I desire and I am free of the stress

Now I want to help you.

Stress doesn't come from the sky...

If you want to figure out how to cure your stress click the link below

**EMAIL WELCOME SEQUENCE - 4 EMAILS**

**Topic Stress/ Discipline**

## **Free Gift is a Ebook on how to cure stress**

### **Email 1**

Welcome To StressFreeLife Also Here's your Gift

Hey (reader)

Welcome to StressFreeLife Newsletter

This is the place where stress is non-existent in our mind.

Everybody hates dealing with stress, but in this newsletter that will no longer be a thing.

We'll teach you how...

Upon joining you will also receive a guide on X(free gift)

Stay tuned for future emails.

### **Email 2**



# HSO HOOK GREEN STORY BLACK OFFER BLUE

**SL**

I wasn't living before I knew this...

You have to know this.

5 years ago I was stressed all the time.

It was unbearable, I couldn't enjoy anything.

So...

Something needed to change.

I was trying to figure out a way to fix this "problem"

That's when it hit me.

Fast forward now I will never live a life of stress EVER AGAIN!

Thanks to what I have learned. Now I want to help you.

If you're in this situation constantly stressed and have no clue how to fix it.

Here's your chance to finally break free of this trap and actually live again.

The choice is yours.

Click the link below to find out this secret.

## **EMAIL 3**

### **DIC DISRUPT BLUE INTRIGUE BLACK CLICK GREEN**

#### How to generate AMAZING IDEAS

Have you ever felt you couldn't think clearly, or your brain simply ran out of ideas.

If you want to always generate amazing ideas, keep reading.

Your brain is ULTRA POWERFUL!

It's a machine.

As an example, say you're writing a birthday card and you can't think of what to write.

You brain thinks of something and you think “That's Dumb” or “This doesn't sound right”

And instantly cutting the idea of being unable to build above it and expand.

So the more you keep doing this thinking and cutting off your thoughts.

Your brain eventually just stops trying to create new ideas leaving you empty minded and unable to think.

So what I want you to take from this is...

Whenever you have an idea, it might not be the best.

Keep it, and try to expand on your idea and by doing this you will generate many more ideas.

PS: If you haven't downloaded the (X) Guide yet [download here](#).

**EMAIL 4 - NOTE Im trying to make them buy the EXPANDED MIND BOOK COURSE**

**DIC Disrupt Green Intrigue Blue Click Red**

## Expand Your Mind

You must learn to expand your mind.

Gain more knowledge, take / implement feedback

Sharpen Your Skills and Learn New Ones.

This all comes down to your mind. The only thing you can truly control, so why not use it to its fullest potential or make an enemy of it?

It's your ally.

And you must take control of it.

TODAY!

I as well as many others who have learned to take control of this powerful machine can use it to benefit us.

And do amazing things.

That's why you need to take control of your own mind.

If you're ready to take control of the power that resides within you.

CLICK THE LINK TO TAKE CONTROL OF YOUR MIND!

Pain  
Amplify  
Solution

## The Secret Cure To A Stress Free Life

You may think the cure to a stress free life is either...

Popping endless pills or running away from stress like a coward!

Firstly Injecting poisons into your own body is NOT healthy.

Secondly, running away is neither the right answer because...

You will come back to find yourself stressed once again so...

You must think of stress in a different way.

Use it for your own good.

Stress=Energy

Energy=Power

I will show you how you can escape the stressed mindset and live the life you can only dream of.

Click the link below to discover this secret 80% of the population don't understand.

[Change Your Life Today - \(link\)](#)