

Announcements Groups

[Erotic Playground Only Announcements](#)

Learning, play, sexy spaces in a smaller and shorter container.

[Love Underground Only Announcements](#)

Longer, deeper, larger, and more intense sexy journeys.

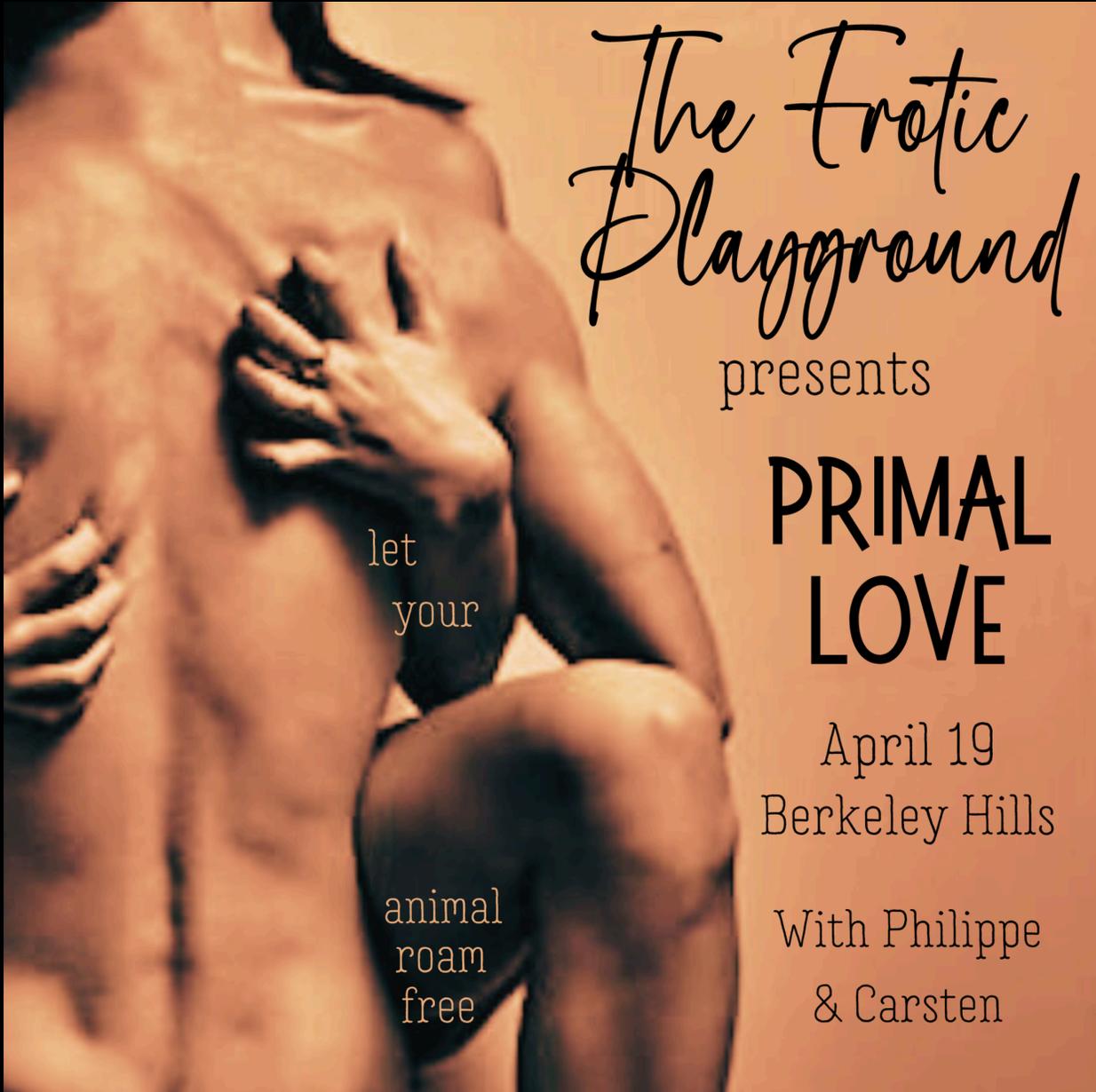
[Somatic Playground Community](#)

The [Somatic Playground](#) Learning spaces on Monday nights for embodiment/consent/movement from

many teachers from SoulPlay and in the Bay Area.

[Exquisite Love Announcements](#)

To hear about a wider variety of events by Philippe, including the above



The Erotic
Playground

presents

PRIMAL
LOVE

April 19
Berkeley Hills

With Philippe
& Carsten

let
your

animal
roam
free

*There is a beautiful thing that happens
When the Mind steps aside to mind boundaries
When the Heart stays close, loving, and connected
That's when our Animal can finally Roam
Free of Fear or Concern
That's when all our parts can experience reality like never before:*

Clear, Wide, Open, Pleasurable, and Alive!

Sometimes our Animal has been asleep for months or years,

Sometimes our whole life.

Sometimes it's been calling to ravish or be ravished,

To hunt and be hunted, to be predator or prey,

To play and romp and roll around with old and new friends,

But it's been so young and immature, unable to do it safely,

This is why we gather to play and learn and grow in Joy and Community!



Dear lover,

Have you ever connected with a lover who—by their very being—gave you permission to show the full extent of your inner primal being? Where you just knew—by their breath, movements, sounds, and touch—how to engage with them, how to play with them, how to wrestle and move with them?

This is what the night will be about: an embodied experience of your and other people's *inner erotic animal*.

Join us on April 19 for the very first Erotic Playground, at a beautiful house in the Berkeley Hills full of hot, cuddly, playful, embodied humans for a night of PRIMAL (sexy) LOVE.

The first two hours of the night will be filled with teachings about sensation play, non-verbal consent, attunement (to help you embody many of the ways you will engage your inner animal), a time to share your your desires, fears, boundaries, and your intentions in small groups, and then a ritual to “transform” you into your inner sexy primal self to engage, play, and touch

with your whole body and all your senses with those who are present around you in a special space called “The Arena”.

The Arena will be a space for (mostly) non-verbal play as we want our minds to relax and give our bodies a chance to glow in their truest form of sensual/sexual/primal expression. We will have a secondary play space for other kinds of play and a social space to use words if you so desire for maximum consent, clarity, and connection!

For this event, we explore the parts and archetypes of the *inner animal*, the *body*, the *heart*, the and the *mind*. In this context, the purpose of the mind is to *watch for boundaries*, the purpose of the heart is to *stay connected*, and the purpose of the body and inner animal are to *play and roam free* within the boundaries set by the mind and while the heart stays connected with those we play with. This way the inner animal can play *uncontrolled* much like children play together, for animals are very much like children: *wild, and carefree*. However even as we play we are still responsible, mature, aware adults who need to bring full *attunement, care, and consideration* to the other adults we play with.

This is how we safely play as and with our inner animals.

If you’ve been to a Love Underground event or another event by Philippe, you’ll recognize many of the same pieces below—agreements, articles, etc—as these pieces are the emerging foundation of this community we are co-creating through a specific vision I’ve been holding for a series of spaces, classes, and events, to come together to learn to become better lovers, friends, and humans.

And, please do read as much as you can below, especially the piece [“About Coming Together With Our primal Selves With a Growth Mindset”](#)

Thank you for being a part of this vision with us!

***A bientôt et avec amour,
Philippe***

WHAT KIND OF EVENT IS THE EROTIC PLAYGROUND?

The Erotic Playground is a *themed erotic learning space* where we begin the night with a class related to the theme to support participants in exploring and experimenting in the space (and diving deeper into / exploring nuances of erotic play).

Afterwards, there will be plenty of time for unstructured play either with what was just learned or something else, allowing participants to explore intimacy, relationships, sensuality, and sexuality in a setting of openness, safety, and full self-expression.

As such, this is also a space where making *honest mistakes* and *accidents* is okay and normal as long as we are all present and available for *aftercare*, *debriefs*, and *repair conversations* (see the agreements below).

Carsten and Philippe will tag team each event, switching who is leading each time (stay tuned for the next one about Energetic Sex!)



Gratitude and Acknowledgments about Philippe's recent events

"I just wanted to say thank you for having me! I so appreciate all the care and intentional love you all put into the event!"

"Full compliments and thoroughly impressed with how you've upgraded the scene over the years. Such clean energy, container, and solid community. So good!"

 *Many thanks always!"*

"The event was so very well executed and the space was beautiful. Thank you for being such a great host. Amazing Temple event! Thank you!"

"Thank you for holding such an exquisite container for us all!"

~DJ Neptune

"The energy of your event was really nice; I've never really experienced anything like that level of comfort around love and openness. It was really beautiful to witness. You really hold a good space. After seeing how amazing your event is I want to be at every one of them for the rest of my life!"

~DJ Yohm aka Yosef Stone

"Thank you so much for this very well organized party. Your introduction speech was very thoughtful, mindful of everyone and respectful. It set the tone for the party. The cello artist and dancers were also very much part of the ambiance and the music helped create a conducive energy for connecting with people through dancing and intimacy. My partner and I were part of the very few newbies to your parties and we had a great time. It was obvious that most people knew and appreciated each other and we are hopeful to connect further with everyone in time."

~Mandane

"A truly great party. Solid all around and well done. Thank you for everything!"

~DJ Watsonix

"What an amazing night!!! I love feeling soo in my element, so safe and so turned on all at once. Thanks everyone for being so luscious and real, and big gratitude to Philippe and the whole crew who made it happen!"

~ Leslie

"The community felt very welcoming, sweet, and engaging. I could feel everyone meeting me with where I was, and for that I am so grateful."

"Thank you again for such an INCREDIBLE event!"

"Wow i am still gently floating back down to this dimension of consciousness. Wow wow wow. This event really blew me away. I felt nervous about going to a space where I didn't know a ton of people, and feeling the usual apprehensiveness of how I'll be received as a trans woman in a new, cis-leaning community. from the opening ritual onwards, I've never felt more at home, more myself, more easefully confident than on that night."

~Jem

"I just want to extend my greatest and deepest gratitude to Philippe and the team that worked all that magic. This being my first ply party, It truly set the bar so high! I feel extremely grateful to have been welcomed into this community and I really look forward to engaging with it in all the ways. 🙏 ✨ 🤍"

~Trixie

"Thank you, Philippe, and all co-creators, for making this magical space become realized. The opportunity to dive into different aspects of sexual persona in a

consensual space filled with other artists expressing in their full-being was an honor. The use of unique spaces within the house was particularly special in setting the foundation for this realm to come alive. My mind is marked with glorious memories to match the glorious physical marks left from playing with other human and mythical creatures alike. So much gratitude for this and many more events to come. 🍌”

~Kylee

“It is incredibly obvious that you poured an enormous amount of love, care, energy, and resources into this exploration. Thank you for creating with so much heart and generosity. It was felt, and from what I saw, very received 💕”

“Wow, Philippe, you did it again!! What a glorious evening. My measure of how successful these events are is how much of a unified frequency I feel the group in, and I really felt it last night. Such an honor to be part of it, always”

~Emily

“I wanted to thank you for envisioning and bringing to life such a multilayered event. I echo so many of the sentiments that have been shared in gratitude to you and the hosts, and also this: the communication that you offered before, during, and after the event was beyond touching to me. I'm a person who really responds to real, meaningful words, and I noticed from our very first contact the care and precision that you use in all of your words. For me this is no small thing: it is yet another reflection of the care and love that you offer in the world. The way that I have experienced this in real time is not only through being curious to hear and read what you have to say, but by being even more excited by how you

say it. I love how your attunement and care show up in each word. Thank you for everything, and especially for the exquisite communication ✨"

~Alise



THE PEOPLE

This event will bring people from the conscious play party/temple communities of the Bay Area, including Love Underground, Club Exotica, Friends & Lovers, ISTA, Pleasure & Carsten's Temples, Shanti's Temples, Sham's Temples, Starry's Temples, Enki's Temples, The Love Party, Burning Man, Elina's Co-loving Blue Lotus events, and much more!

DATE

Friday, April 19th, 2024 @ 7pm-12m

LOCATION & PARKING

Address in the Berkeley Hills will be sent to those who have been approved to join the event.

Street parking only. No parking in the driveway.

(Note: Please only come if you have been approved to join us, otherwise you might be turned away at the door, which is never fun)

TIME & SCHEDULE

7pm Doors Open
7:30pm Doors “close” + Primal connection games begin!
9pm The Arena and the rest of the space are open for Play!
12m Closing Circle
12:30am Cleaning time

RSVP & CONTRIBUTION

(NOTE AS OF 4/17: We are almost full! But please do RSVP. You might need to wait for a bit to be approved and it's *possible* we may not be able to have you if things don't open up (with our deepest apologies!)

Please RSVP [here](#) to let us know we should have you for this very special event. Make sure to reserve your spot right away as always fill up weeks in advance. We will send you an approval or wait-list response as we consider the ratio of humans who are coming. If you came to a previous event by Philippe, Exquisite Love, Love Underground, Club Exotica, or Éphémère, please mention it in your RSVP so we can more easily approve you.

If you are a single man, you may have to wait for some time and possibly until close to the date of the event to receive a response. If you have a current or past lover who can vouch for you, have them email us at eroticplayground@exquisite.love

Also once we have 10-20 spots left, we will begin to focus on picking the RSVP's that will best balance the group, so please be patient with us as we do our best to craft a group that is as cohesive and perfect!

After your RSVP, please send your contribution of \$80/person via Venmo using [THIS LINK](#) (or to @exquisiteheartlove) or Zelle using [THIS LINK](#) (or to love@exquisite.love or use QR code below). This covers the venue, DJ's (if we have them), facilitators, food, production, security (if needed), and other expenses.

Thank you so much for your support!



Volunteering: Our needs for volunteers are fairly light for this kind of event. If funds are truly tight for you and you would still really love to join us, please get on the [Volunteer WhatsApp group](#) or DM Philippe on WhatsApp ([+14155050786](#))

Here's an overview of the RSVP process until the event so it's not too mysterious:

- ~~1. Event invitation goes out.~~
- ~~2. For the following 1-2 weeks, initial RSVPs come in (we say yes to most)~~
- ~~3. As more solo men than solo women RSVPs come in, when the difference is about 4-5 we stop allowing solo men and they start to go on the waiting list~~
- ~~4. More solo men RSVPs continue to come in and go on the waiting list (some accepted when they find a date to join them)~~
- ~~5. We reach 80-90% of capacity (ie we have 10-20% of our tickets left)~~
6. We handpick the last tickets we have to create the best mix of people (sometimes this means accepting more solo men but often we can't and the waitlisted solo men aren't able to join us until the next stage)
7. We receive last days/hours/minute cancellations and RSVPs, and continue to craft the best mix of people
8. Event starts

Cancellations:

Consent is crucial to us, and so we are happy to offer refunds before and after your RSVP is accepted using the following guidelines:

Before your RSVP is accepted, you can get a refund at any time.

Once your RSVP is accepted (you'll receive an email), it means you are confirmed to join us. Before we reach capacity, you can get a refund at any time. Once we reach capacity, however, we will be happy to offer you a refund as long as we find someone else to take your spot. Since many people RSVP at the last minute, this is usually fairly easy unless you cancel the day of the event.

WHAT TO WEAR

We strongly suggest you have an outfit that helps you feel comfortable and on theme. We find that the people who dress for the occasion have much more fun and an easier time to connect with others.

What you can wear...

✨ Outfits that make you feel fun, sexy, playful, magical, sparkly, and easy to connect with 😊

✨ Outfits that are comfortable and make you want to play

✨ Outfits that will have people say "oooooh, I love your outfit!"

(We discourage outfits that shed like feather boas, and outfits that get caught on other people like wings and headdresses)

Note about shoes: This is a shoe-free event. Please text/WhatsApp Philippe ([+14155050786](tel:+14155050786)) if you need to wear shoes for any reason.

Food

We will be serving healthy delicious snacks all night to keep you energized. Feel free to bring your own favorite snacks, drinks, and food if you need something in particular.

BRING

- Water bottle
- A bag for your shoes and other things (to keep things together)
- Comfortable outfits to roll around and play
- All your favorite safer sex supplies, lube, toys, you might need etc
- A sarong or splash blanket to put under your naked body when you can (very important)
- Any libations/intoxications you deem additive (not distracting) to your journey
- Any snacks/food/drinks that would help you stay energized (we'll have plenty for you too)
- Please no feather boas or other kinds of feathery clothing as they moop**

EXPLORING IN COMMUNITY

Come prepared to connect, share space and touch (always within your own boundaries), sober or intoxicated (within your capacity to attune to your and other people's consent)

This will be an event requiring presence, attunement, boundaries, and trust in the intentions of the container and what you and others bring into it, along with a capacity to engage somatically/primally with less words than at usual events.

The opening games and exercises will support engaging well with each other.

This will also be a place of high responsibility for self and others in the context of exploration and discovery, allowing for honest mistakes and accidents, moving towards feedback, reflections, and repair if or when someone desires it, requests it, or needs it. In this way we remain

interdependent as a community so we can do the work of learning to engage better with each other.

This event requires that you be comfortable with non-verbal engagement and consent as you move and dance with others. At all times you can move a hand or body away from you to declare your wishes. Be the best kitty cat, speak with your body clearly. And when in doubt, you can always use your voice.

OUTZ COMMUNITY VALUES

Love - A natural expression of human beings

Care - A desire to bring the goodness of love unto the people you meet

Consideration - Acting out of care, because someone else's feelings, pace, needs, desires, and boundaries matter (as much as yours)

Curiosity - Being willing to find out about another person's feelings, pace, etc

Attention - Taking/spending the time to get to know another person's feelings, pace, etc

Attunement - Aligning your own feelings, pace, etc with another person's

Connection - Basking in the beauty of dancing with another person's feelings, pace, etc

Trust - Knowing that moment to moment, both of you will continue to find ways to stay connected

Consent - From a place of trust, saying YES to the next moment

THE AGREEMENTS: HOW TO PLAY IN COMMUNITY

The agreements are the structure that allows everyone to play as safely as possible on the "playground" that each event creates. Playing on the playground is, however, not inherently *safe*. By coming to this event you acknowledge that you have fully read the agreements below and that you

✨ **Know and express your feelings, your pace, your desires, your edges, and your boundaries** so that they can be felt and considered well by anyone you engage with. Read this again, do it often. Support other people's boundaries.

✨ **Consider relationships by checking in** about agreements with other parties. Support the person you're playing with to check-in with the person they brought if they already have a connection and aren't sure of boundaries. Transparency is good for everyone.

✨ **Whatever you do, be** awesome, open, loving, generous, and free of expectation in your heart and body, where every interaction big or small is a gift. This will grease all interactions and make them clear and fun and playful.

✨ **Bubbles of people playing together:** If you would like to join a group, take the time to be noticed and make a clear request (verbally in the social space or at least non-verbally in the dance space). Keep in mind that when two or more people are engaging, it may have been after building things up for minutes/hours/parties/years (which you can't always know.) If you're enjoying watching a group or pair, ask first and try not to stare blatantly.

✨ **Requests: Make clear and open requests.** Use gratitude no matter the response (yes, no, maybe, never, etc). The better and most awesome your response, the more freedom you create for the other person, the greater the chance they might take you up on it at a later time/date. This is key. An expression of gratitude is one of the best responses to a "No" 😊

✨ **Intoxication: Manage your level of intoxication.** We believe mind/body-altering substances are great in moderation. And, we also love sobriety as a great way to engage clearly with each other. Beyond the clear requirement that you stay in charge of your intoxication and engage consensually at all times (for your own benefit and for the benefit of others), we will not specifically tell you what you can or cannot do in that

domain. Above all else, do it consciously and with intention rather than just recreationally. We recommend natural versions too as they are light on the body and easy to manage. Thank you for supporting this. (Note: For this event, if you plan to get intoxicated, we request that you focus on plant medicine only).

✨ **Watching, gazing, observing, admiring, adoring, loving, objectifying.**

All of these expressions are better served softly and gently at first, and then consensually if you want to turn up the volume and playfulness. And of course, if you have favorite ways to be seen, by all means check in with anyone who is into seeing you and let them know!

✨ **You are encouraged to change your mind:** If you liked it before, say that you're complete when you want to move on. If you didn't want it before, but now you want it, ask for it now!

✨ **Contribute: These events are co-created pieces of temporary social art.** This means that you bring the things you want and need to the events, so you feel great! It also means that you share them with others so they experience how great they are too! These can be anything from great massage hands, to chocolates, to soft furs, to games, to sensation toys, to a great costume, or other gifts or ideas for interacting with people, allowing you to connect with them even more easily.

✨ **Practice Safer Sex:** have safer sex conversations, use safer sex supplies when risk is involved (which means, anything more than hands). Much more could be said. We want to hear good things about you and your practices before, during, and after the party.

✨ **Debriefs:** After Care, After Love, and Feedback Loop: An important piece of engaging with others in these exploratory spaces where we experiment with various levels of success with others is to offer care and get feedback about how things went with them or with the event itself (or with the producer(s) and/or the team) through a process we call "Debriefs". This is a

two way engagement where you ask for and offer (both consensually) feedback about what happened. "Would you be willing to share together about our engagement?", "What went well in our engagement(s)?", "What didn't go so well?", "What could I/we do (even) better/different (looking back or next time)?" This is how we learn to do better with each other using a learning, care and growth mindset. If this feels right for you, consider taking a moment to reach out after the event to those you engaged with (or the team/producers) with a check-in and desire to reflect back on how things went, and learn more about yourself and about them in the process – and perhaps even share on the event thread what you learned about yourself (which can be done without speaking about others). And if you need support, consider reaching out to someone you trust to support you in stepping forward with offering feedback or receiving it.

✨**Repair:** Events like these will inevitably bring situations where things get crunchy or go sideways. You or someone else might make a quick judgment call to try something around an engagement and the call/trial/experiment will be less than adequate. This–honest mistakes and accidents–is normal and to be expected. If something like this happens, please let us know and we will support all parties in a repair and apology process for the purpose of going back into connection and trust.

✨**Collaboration:** If you don't follow these agreements willingly and well enough, you may not be invited again to future events by Philippe. This is of course the last thing we wish to see happen, so to the degree that you are willing to work with us, we will do our best to make sure you can continue to be invited!

INVITING OTHERS

These events are about connection (in many ways, more than they are about sex), so anyone you bring in should also love connecting as you do. If there is someone you want to invite, someone you would play with (given the right circumstances) and recommend to the other guests and to your friends, and who will engage stellarly with others and contribute to the group experience, you may invite them by sending them a link to this invitation.

Remember that each person you invite will co-create this event and community with you, and as such you will be responsible for them and their behavior. Make sure they know this. This is an intimate experience you should consider carefully (as in, with full and deep care).

ABOUT COMING TOGETHER WITH OUR PRIMAL SELVES WITH A GROWTH MINDSET

This theme is the latest exploration in a long series of experimental events where we invite friends, lovers, and tribe to come play, learn, and enjoy each other in a place where we can also *grow*.

As you likely already know, growth means learning to do things we've *never* done before, often with people we've never done these things with.

Think of relationships, jobs, projects, art, etc.

We're always on our *edge*, learning something *new*.

This event is about the dance that emerges between us when we engage.

It's also about the different kinds of "*bodies*" that show up when we engage.

Normally, much of the ways we engage with others is via our *mind* and our *heart*, and then, when we feel safer, we allow our *body* and animal to enter the playground and join in the fun.

And of course, our *Soul* is always there (if you believe in such thing), present and watching, with a slight smile, waiting to see what all our bodies will do when they encounter other humans, and what sparks will fly.

This event is mainly about feeling into our inner *Animal body* and *Heart body*—and creating safety for ourselves and others by allowing these bodies (and all others) to play together in full alignment, and specifically non-verbally in the primal space with other humans.

What would it be like if you engaged by following the feelings and emotions that arise in you as you engage with someone else?

What would it be like if you followed your sensations?

What would it be like if you allowed your animal to be curious and focus on what it wants or likes?

This is what this theme is about: to allow our bodies to find alignment as we engage with others in the space.

What does this mean around touch?

It means that if you are at this event, you're agreeing that others may engage with you non-verbally in the Arena with mindful touch as a way to get your attention for the purpose of engaging with you.

Exactly like most cats do.

And as with any bodies, when you receive touch, you're touching back and you have a choice around how you respond.

Cats and all other mammals know this, and so do humans, somewhere deep before all our conditioning was added as we grew up.

So what are ways to engage non-verbally?

✨**Eye-contact:** making eye contact first is usually better than not. it's a form of light touch through gaze. if they return your gaze, it's a better sign than not. Ever touched a cat from behind? They'll often jump before they realize it's you.

✨**Touch:** slow and gentle is usually better, as surprising another body is more likely to be met with less trust. if they lean in, it's a good sign than if they lean away. Take the time to allow others to respond.

✨**Movement:** moving *together* with someone is more likely to lead to them knowing how well you are paying attention to them and this can lead to greater trust and consent on their part, if touch is what they wish.

✨**Non-attachment:** this is more energetic, showing interest without pressure, sharing present moment desire without expectations, is the best way to hold the dance lightly while inviting others to go deeper and respecting their choices either way.

Remember that as everyone engages, they will feel into their own *Animal* and *Heart* bodies to see if they align for the dance they have with you.

This is likely to be a slow process. Or not.

Pay attention, stay focused, stay present, allow for the dance to begin, emerge, or complete.

Hold the engagement lightly.

This is how touch will be for this event: a language to speak your heart, your body, and your animal.

This may seem like a lot, but it's also the most natural thing in the world when we let the mind be quiet and join the other bodies for the ride.

And, the best most respectful thing you can do for yourself and others is being clear about what you want and stay with that, and support that in yourself and others.

With attunement, care, and consideration.

A WORD (OR TWO) ABOUT SAFETY IN COMMUNITY



I wanted to share with you a few things about safety and coming to an event like this. Let me just start with a few quotes I've heard, some of which I like at some level:

- "Safety is an inside job"
- "How we respond (to what happens to us) is our response-ability"
- "Safety is a feeling. Security is an illusion"
- "Own your safety"

As you can (likely) see, many/most of the above are about autonomy or sovereignty in the sense that it seems to be effective to be as self-responsible for ourselves/our reactions/our traumas/etc as we can be.

This is all fine and good, but I think this is missing a major piece of what it means to be human: Being a social and relational animal even more so than an autonomous one.

This is why I love to look at sovereignty not just as the behavior of engaging in the best way we can for ourselves, but also in the best way we can in relationship with other humans we are engaging with.

In other words, I look at sovereignty as *learning to make better choices for ourselves and others, in connection*

And in the context of an event like this, to me being sovereign means that every action has to bring at a minimum *attunement, care, and consideration* for ourselves and others in every interaction.

How does this happen? Besides bringing these three values and other related ones (*love, curiosity, attention, connection, trust, and consent*) in our engagements with each other, this is why we have community agreements: As a way to express these values in order to create the best and safest interactions with each other and in a way that best fits our own preferences and within our zone of tolerance.

Many of you have become used to rules & agreements coming to events like these. This is the underlying reason why we have them: to create coherence in our play so not only we are playing the same game, we also *know* we are playing the same game with each other.

And this is how safety is created in community: by engaging in ways we all know is similar enough that we can trust we are all playing on the same *playground*, and so that when someone starts to wander off the playground (by somehow following different agreements and playing a different game), *we can call them back to us*.

Ultimately, this is how we co-create safer community and events together: by creating a coherent field where we can play while trusting how others play too.

And this is how we get to more easily say yes to being ourselves, to doing what feels right, to feeling good about and trusting doing it with others, knowing that as a community we are holding each other.

But is it *safe*?

Inherently, despite all of the *fail-safes* we can have for ourselves and with each other via *rules, agreements, values*, and all the *goodwill* (the willingness to engage well) we can manage to add to the mix, this play is definitely not *safe*.

By mixing messy humans full of shadows, sexuality, pleasure, power play, medicine, trauma, and so much more, and playing together on this playground, the best we can seemingly ever expect is *safer*.

In a way, you could say that safety is dependent on every one of us coming with as much sovereignty as possible, being able to best understand what's so for us and others we're playing with, and doing our best to make it as great as we can. So that, when mistakes and accidents *do* happen, there will be enough goodwill and trust to help everyone bounce back, apologize, repair, learn to engage better, and go back to play.

Looking at kids on the playground or dogs playing at a park, the same exact thing happens: they play (sometimes hard), get hurt (sometimes painfully so), and learn together with other kids (and some of the lessons are *hard* to integrate, including when bullying is present).

And because this work is inherently risky, each one of us needs to come with a measure of *risk tolerance* (or need for safety) to meet this risk.

If the risk feels higher than our risk tolerance (or our ability to feel safe or create safety for ourselves), the event will feel scary/too much/too intense/unsafe/etc. If the risk feels lower, then the event will feel manageable or even freeing and fun.

This is why it's important to feel into our own risk tolerance and our ability to create safety for ourselves in the context of an event like this. And while we can expect community values, agreements, and a beautiful community of guests who will do their best to show up stellarly for themselves and for us, it's important to be sure that we can meet the risk/safety level of this gathering.

When people ask me about how safe this event is (or will be), my sense it is somewhere *in the middle*. This means everyone needs to come with a medium "amount" of risk tolerance and ability to manage their nervous system regulation and support others in doing the same, even while some intoxication and trauma (in anyone) may be present in an engagement. Of course, we also have our Emotional Support team to help with this, which is great. But mainly, what makes everything safer and less risky in an event

like this is how we all want this to be a great experience for everyone and everyone's commitment to playing well together on this playground.

Over time, as we continue to see and meet each other at these events and continue to learn with each other, a kind of community intimacy and trust arises allowing us to know that at any moment, we'll be okay and we'll be able to get what we need.

This is called goodwill, and for a community and event to thrive, we need lots of it.

And on top of that, something interesting has been happening in these events that used to only happen at smaller 20-30 person events: guests have been reporting that the gathering felt *perfect* for them, as if it magically "morphed" to adapt to their needs. But the truth is, it's been a community *inside job* all along: an arising culture of attunement, care, and consideration that has been including everyone who wants to be there more and more as co-creators, with the agreements as we've crafted them, and as they will be able to show up for it.

In the end, this is how I believe we create safety in community: by everyone being included to show up for it as they can with what they have. It requires we all be committed and willing to be part of something bigger and greater, and care for everyone in it.

If this is you, amazing. I can't wait to co-create this with you.

And if, for any reasons, this feels like it may be more than you or your nervous system can handle despite all the ways we are trying to make it better and safer, then that's okay as well. Just get in touch and let us know. There will be many more events in the future, and you're welcome to join us whenever the time is right for you.

MEET THE CATZE  TEAM



I wanted to take a moment to tell you about the CARE team (aka the Emotional Support team). 😊

Most of you are familiar with such support teams, but perhaps a few of you aren't and will be glad to know they are present at the party 🧑🏻🧑🏻

If you've ever found yourself in a funk at an event—especially a play event—you know how challenging it can be. 😞

Perhaps you had been getting excited about the party and then something happened just before or at the party: someone said a thing, or a thing popped into your mind or your heart. 🗨️

Or perhaps it's a piece of trauma that came tapping you on the shoulder or knocking at the door of your nervous system. 😨

Or maybe you came with someone who found themselves connection with someone else and your heart slipped into envy or jealousy instead of the fabulous fabled compersion moment you had been wishing for. 💔

And of course, who hasn't had a moment or two of medicine overload, even with the best care and intention to avoid it? 😓

And these are just a few examples among the many many that can arise at an event like this. 😞

Fortunately, we have a small crew of people who enjoy bringing love, care, consideration, and attunement to those who need it in a pinch. 💕

They are called the CARE team. 🙏

They are available for you to chat, to regulate with, to process, to cuddle with (if they are a yes to it), to sit with, to move through difficult things with, or anything else you might need to support you in getting back to a good place. They are there to help you feel comfortable exploring and processing your experiences. 🌈

You'll also recognize them by the glowing armbands they wear as they wander around the space ✨

You will also find them in the CARE corner (we will let you know where it is at the event)

If you have any questions, feel free to DM me on WhatsApp ([+14155050786](https://wa.me/+14155050786))

A bientôt et avec amour,
Philippe ❤️

COMING SOLO AND FINDING YOURSELF ALONE



To all of you coming solo for the event—and those of you who find yourselves alone during the night: Ooof, I can say honestly that I've been on all ends of the spectrum with this.

As a man, I've found myself seeking, hunting, looking, as well as connecting, dancing without attachment, and finding beautiful encounters to meet my desires and needs. It can sometimes be easy, sometimes overwhelming, and sometimes difficult.

For those of you who find yourselves desiring connection when it's not present or available in the moment, I empathize with you.

For those of you who find yourselves wanting less connection when you would like to be a bit more in your own bubble, I empathize with you too.

And, I would like to offer some suggestions, in case it might be just the right thing for you (and for the person who will meet you in the dance):

✨**Perspective:** Come with many/high possibilities around desires and low expectations from seeing them fulfilled. This looks like having so many ways to enjoy yourself that you'll inevitably find one that works while the others are left as wonderful possibilities (thank you William Winters, of the Bonobo Network, for this one).

✨**Offer:** Come with many free offerings, things you're willing to do or give which will create a wonderful experience for people around you, as a true gift, without needing something in return. This can look like conversations, touch, love, empathy, presence, toys, etc. In some communities, it can be called a "schtick", which is something you enjoy doing/offering for others to enjoy. At BM, I've seen it called a "deepening experience".

✨**Widen:** Widen your possibilities by increasing the range of who you would like to enjoy them with. If you would normally dance only with one gender/sex, perhaps it might be fun to try others, for example!

✨**Consent:** Whatever you do with someone, it will usually taste better when it's fully consensual. This means you are both a "hell yes" to it or at least a "hell yes" to the "maybe" of it, especially if it's a completely new

experience. And regularly ask "how is this for you?" and be willing to hear any answer such that you can calibrate better for them. Also, create regular pauses to give people a chance to feel into whether they want to continue.

✨**Agree:** The agreements are there for a few reasons: first, they are a helpful way to know how to play with others that everyone agrees to. And second, it's a way to know whether everyone is playing with integrity with each other. As such, playing within the agreements is the best, safest, and most integral and caring way to engage.

✨**Collaborate:** Are there ways you can engage in small groups for the benefit of either one person or everyone? You might just be able to fulfill someone's fantasy of surrender at the hands of multiple attuned, caring, and considerate humans. Is this you? Make sure to pause and have a chat about what everyone wants and doesn't want (at a minimum desires/intentions, fears, and boundaries spoken by everyone)

✨**Care:** Whatever you do, bring in a little extra care, compassion, and love, and look for the same: it will help create the safety everyone needs to explore and be fully expressed. Engage with some intention inside of you such as "how can I make this even better for this person?", and don't be afraid to ask them too!

✨**Regulate:** Find a quiet space and take a minute to close your eyes, ground yourself and regulate. Find your center and put a hand there. Breathe a circular 5 count breath in 5 count breath out for a few minutes. Look for your inner child and reassure them that you want the best for them, and give them a big hug. When you lose track of time for a minute, it's likely that you've found your ground, and you're ready to venture off again.

✨**Support:** Find one of our emotional support humans in the Womb space (in the staircase): they will be sitting there, waiting for anyone to come sit with them. They will be available for you. They might also be sitting with others seeking support, and it's okay to join them.

I hope this helps you navigate the field as you dive into it a little deeper at the event ✨

With love, care, and consideration,
Philippe

ABOUT DEBRIEFS, AFTERCARE, LEARNING, AND REPAIR

As you look back on your experience of our night together and integrate what you explored, discovered, and learned from your intimate moments with beautiful humans at the event, it might be a good time to consider checking in with them if you haven't done so already.

In many circles, this is called *aftercare*: a way to check-in, reconnect, and offer support towards each other's integration. It is a form of longer and deeper attunement which includes not only the *engagement* itself, but also care and consideration for what happens *next* in someone's experience as they land post engagement.

Along with aftercare, I also like to do an additional piece which I call a *debrief*. I learned this recently with a new lover: after any experience, she would want to talk about it, not only to get a chance to relive the *turn on* of the experience and squeeze even more goodness out of it, but also squeeze the goodness of the *intimacy* and *learning* that would come with it.

So what are **debriefs**?

Debriefs are about looking back on an engagement and reflecting on it for the purpose of learning together with those involved, and becoming a better, more attuned, caring, and considerate human as a result.

This helps us compare our experience and how we felt with what someone experienced and how they felt.

This is especially crucial if the difference ends up large as it means the realities of each person lacked coherence. The experience of both might

still be good or great, but there's often a nagging feeling in one or both people that something was off.

In coherent realities, though they are rarely perfectly the same, the experiences and feelings of every person in an engagement should match to a large degree.

The idea behind doing debriefs is to learn about the other person's reality so we can do better at engaging with them in the future, or learn enough that it will help engage with other humans moving forward if not with this one.

So it's generally best to approach a debrief with a growth mindset, which means that mistakes and accidents are part of the learning process as much as all the things that worked. And when mistakes and accidents happen (especially the ones that leave people less *whole*), it's also important to be ready, willing, and able to help as much as possible by apologizing (acknowledging our part in the mistake/accident) and repairing (seeing what the other person needs in order to feel whole again and supporting them to get there)

Here is an example of steps to offer aftercare and a debrief (you can update this for what makes sense to you):

1. Check-in about aftercare: "Hi there! I wanted to reach out to check-in about our time at the party and offer some aftercare. Is there something that might help you feel complete or with your integration? Is there something you might want or need from me?"
2. Check-in about a debrief: "Would you be willing to do a debrief/reflect back/offer mutual feedback about our engagement?", "How would you feel about doing a debrief about our time together?", "I would love to learn how that was for you and share how it was for me to better understand how it unfolded! Perhaps we could do a debrief?"
3. Find a good time for both of you, when you are in a resourced / regulated place.
4. "How was your experience?", "Can you tell me about what you really enjoyed?", "Is there anything I could have done better?"

5. If a mistake, accident, error in judgment, or anything else that causes someone to feel hurt/harmed/no longer whole, see if they would be willing to accept an apology from what happened (Here's an example of an apology process my partner Paget and I wrote some years back: <https://exquisite.love/blog/2014/11/4/the-7-steps-to-apologizing-and-clearing-your-karma>)
6. Share about what you're learning.
7. Share anything else that feels right to feel complete.
8. Thank your partner for their willingness and time to do aftercare and debrief with you.

That's it.

Though not everyone needs it or wants one, I usually find that offering aftercare and a debrief creates deeper trust and intimacy because it shows goodwill, care, and consideration about the other person's experience.

Quick note about men: my sense is that as a gender role there might be some belief that men need aftercare and debriefs *less* than other gender roles. But I think the reality is that this is generally good for all humans and also really supportive of creating a field where trust and goodwill are present. In other words, knowing that people in the community are willing to offer and engage in aftercare and debriefs gives a sense that we're all willing to both learn together *and* repair when mistakes are made, which is key to being in a learning space.

As with many/most things, you'll become better with aftercare and debriefs with practice, so I encourage you to reach out to the people you engaged with during the event and see if they would be willing to practice with you--and also deepen a little more into intimacy with these humans as well as all other humans when you demonstrate that they matter in all the ways they want to be cared and

Consider it post event *homeplay* if you wish and a way to support creating a more intimate and trusting community over all.

And, if it ever makes sense for you, I would love to hear how these moments of aftercare/debriefs were for you with others and also let me

know if there's any way I could make this little write up just a bit better and applicable to you!

A bientôt et avec amour,
Philippe

FOR COUPLES AND SINGLES: THE BOUNDARY CARD GAME

A Way to Discover Boundaries And Design Healthy Agreements Between You And Partner(s) to create beautiful Ethical Non-Monogamous Relationships

A long time ago, Philippe and Paget (who might also be coming to the event with her partner Eldar) made a thing on bits of paper to help them understand the boundaries they wanted for each other when it came to connecting with others.

They called it **The Boundary Card Game**

For many years this thing lived as a doc and they would send it to people and clients who wanted to have the same conversation with their partners and lovers.

And now it finally exists as a real physical thing, and it's been upgraded to help people design healthy rules and agreements to reflect the healthy boundaries, needs, pace, and desires they have for themselves and in their relationship, especially in the context of Conscious Play Events and Temples

If you've had a difficult time or have felt frustrated with having a conversation with a partner about what is okay or not okay for them when it comes to you connecting with others, or the other way around, this is a game changer. Also if you're a therapist or coach and would like to get a deck for yourself to possibly recommend as a tool for your clients, please let Philippe know!

Here's the [purchase link](#)



All right everyone!

Here it is, the full invite for the very first *Erotic Playground* 🐾 _Primal Love_ event by the two of us, Philippe and Carsten, teaming up for this project!

Make sure to invite your closest friends and RSVP right away, as we sold out the last party in two weeks! Keep in mind that people have to *RSVP* first, and be approved to join (via email). This is so that we can curate the event with care with just the right people, which if you're reading this, is very much likely to be YOU!

So read on, enjoy, and join us for an evening of primal fun! ✨

Full invitation and RSVP link here: <https://bit.ly/3J6cQc5>

If you can't join us this time, you can join the _Erotic Playground Announcements WhatsApp group_ here to be the first to hear about upcoming Erotic Playground events: <https://bit.ly/3POQAXT>

Cheers,
Philippe & Carsten

Dear lover,

Have you ever connected with a lover who—by their very being—gave you permission to show the full extent of your inner primal being? Where you just knew—by their breath, movements, sounds, and touch—how to engage with them, how to play with them, how to wrestle and move with them?

This is what the night will be about: an embodied experience of your and other people's inner erotic animal.

Join us on April 19 for the very first Erotic Playground, at a beautiful house in the Berkeley Hills full of hot, cuddly, playful, embodied humans for a night of PRIMAL (sexy) LOVE.

If you've been to a Love Underground event or another event by me, you'll recognize many of the same pieces—agreements, articles, etc—as these pieces are the emerging

foundation of this community we are co-creating through a specific vision I've been holding for a series of spaces, events, and community to come together to learn to become better lovers, friends, and humans.

Thank you for being a part of this vision with me!

A bientôt et avec amour,
Philippe

 Welcome to Primal Love!

There is a beautiful thing that happens,
When the Mind steps aside to mind boundaries,
When the Heart stays close, loving, and connected,
That's when our Animal can finally Roam,
Free of Fear or Concern,
That's when all our parts can experience reality like never before:
Clear, Wide, Open, Pleasurable, and Alive!

Sometimes our Animal has been asleep for months or years,
Sometimes our whole life.
Sometimes it's been calling to ravish or be ravished,
To hunt and be hunted, to be predator or prey,
To play and romp and roll around with old and new friends,
But it's been so young and immature, unable to do it safely,
This is why we gather to play and learn and grow in Joy and Community!

 What kind of event is The Erotic Playground?

The Erotic Playground is a _themed erotic learning space_ where we begin the night with a class related to the theme to support participants in exploring and experimenting in the space (and diving deeper into / exploring nuances of erotic play).

Afterwards, there will be plenty of time for unstructured play either with what was just learned or something else, allowing participants to explore _intimacy, relationships, sensuality, and sexuality_ in a setting of openness, safety, and full self-expression.

As such, this is also a space where making _honest mistakes and accidents_ is okay and normal as long as we are all present and available for _aftercare, debriefs, and repair_ conversations (see the agreements below).

Carsten and Philippe will tag team each event, switching who is leading each time (stay tuned for the next one about Energetic Sex!)

 Gratitude and Acknowledgments about Philippe's recent events

"I just wanted to say thank you for having me! I so appreciate all the care and intentional love you all put into the event!"

"Full compliments and thoroughly impressed with how you've upgraded the scene over the years. Such clean energy, container, and solid community. So good! 💖💖 Many thanks always!"

"The event was so very well executed and the space was beautiful. Thank you for being such a great host. Amazing Temple event! Thank you!"

"Thank you for holding such an exquisite container for us all!" ~DJ Neptune

"A truly great party. Solid all around and well done. Thank you for everything!" ~ DJ Watsonix

"What an amazing night!!! I love feeling soo in my element, so safe and so turned on all at once. Thanks everyone for being so luscious and real, and big gratitude to Philippe and the whole crew who made it happen!" ~ Leslie

"The community felt very welcoming, sweet, and engaging. I could feel everyone meeting me with where I was, and for that I am so grateful."

"Thank you again for such an INCREDIBLE event!"

"Wow I am still gently floating back down to this dimension of consciousness. Wow wow wow. This event really blew me away. I felt nervous about going to a space where I didn't know a ton of people, and feeling the usual apprehensiveness of how I'll be received as a trans woman in a new, cis-leaning community. from the opening ritual onwards, I've never felt more at home, more myself, more easefully confident than on that night." ~Jem

"I just want to extend my greatest and deepest gratitude to Philippe and the team that worked all that magic. This being my first ply party, It truly set the bar so high! I feel extremely grateful to have been welcomed into this community and I really look forward to engaging with it in all the ways. 🙏✨❤️" ~Trixie

"Thank you, Philippe, and all co-creators, for making this magical space become realized. The opportunity to dive into different aspects of sexual persona in a consensual space filled with other artists expressing in their full-being was an honor. The use of unique spaces within the house was particularly special in setting the foundation for this realm to come alive. My mind is marked with glorious memories to match the glorious physical marks left from playing with other human and mythical creatures alike. So much gratitude for this and many more events to come. 🍷" ~Kylee

"It is incredibly obvious that you poured an enormous amount of love, care, energy, and resources into this exploration. Thank you for creating with so much heart and generosity. It was felt, and from what I saw, very received ❤️"

"Wow, Philippe, you did it again!! What a glorious evening. My measure of how successful these events are is how much of a unified frequency I feel the group in, and I really felt it last night. Such an honor to be part of it, always" ~Emily

🐾 JOIN US!

Ready to join us for a night of play? We would ✨love✨ to have you!

Read the full details and RSVP here: <https://bit.ly/3J6cQc5>

Last event we sold out in two weeks, so don't wait. Registering holds your spot!