

Throat & Voice Care in Brooklyn, NY

Voice cracking out mid-sentence, throat that's been sore way longer than any regular cold should stick around, or you've just noticed you sound hoarse for no real reason. Dr. Raj Bhayani's handled throat pain losing voice cases like this for over 25 years now, board-certified ENT specialist working out of the New York Institute of Otolaryngology and Aesthetic Surgery. Both Brooklyn and Rego Park, Queens.

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Why Throat Pain and Voice Loss Usually Show Up Together

Throat pain lost voice tends to travel as a pair more often than people expect, mostly because the same tissue that's inflamed from a sore throat sits right next to the vocal cords doing all the actual voice work. Irritate one, the other usually follows along whether you want it to or not. That overlap's exactly why it gets evaluated as one thing instead of two separate complaints.

Conditions We Treat

Throat and voice problems come in more flavors than the usual sore throat. What tends to bring people in here:

- Chronic hoarseness that's stuck around way past a normal cold
- Vocal cord nodules or polyps from overuse, singers and teachers especially
- Acid reflux quietly messing with the throat and voice both
- Throat pain that's persistent rather than the come-and-go kind
- Difficulty swallowing alongside voice changes
- Sudden or unexplained voice loss with no obvious cause

When to Actually Search for a Throat Doctor Near Brooklyn and Rego Park NY

People wait embarrassingly long before typing throat doctor near Brooklyn and Rego Park NY into a search bar, usually just hoping it clears up on its own first. Worth getting looked at if hoarseness has lasted more than two or three weeks, if swallowing's become uncomfortable, or if your voice just disappeared with no cold or yelling to explain it. None of that's something to just wait out. If this sounds like you, get on the schedule rather than pushing through another few weeks hoping it resolves.

How Diagnosis and Treatment Actually Work

Usually starts with a scope, a thin one, giving an actual look at the vocal cords rather than guessing from symptoms alone. That's really the only way to tell whether it's nodules, reflux, inflammation, or something else driving the voice change. From there treatment might mean voice rest and reflux management, referral to voice therapy, or a procedure if something structural like a polyp is actually the cause.

What Sets This Practice Apart

- Experience — over 25 years treating throat pain, voice loss, and related conditions specifically
- Expertise — board-certified through the American Board of Otolaryngology
- Trust — a voice specialist in Brooklyn who actually scopes before guessing at treatment
- Access — full care as a voice doctor in Rego Park NY too, same standard as the Brooklyn office

Visit Us

New York Institute of Otolaryngology & Aesthetic Surgery

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[Book Online](#) | [Call Now: \(347\) 342-1331](tel:(347)342-1331)

Frequently Asked Questions

How long is too long for hoarseness before I should get checked?

Past two to three weeks without improvement is usually the line. A regular cold clears up faster than that, so anything dragging on longer deserves an actual look.

Can acid reflux really cause voice problems?

Yeah, more often than people assume actually. Reflux can irritate the throat and vocal cords without the classic heartburn symptoms showing up at all, so it gets missed a lot.

Is a scope painful or uncomfortable?

Not really, it's brief and most patients tolerate it just fine. It's honestly the only reliable way to actually see what's happening with the vocal cords instead of guessing.

Do you treat singers and teachers who use their voice heavily for work?

Definitely, that group actually makes up a good chunk of the patients seen here for nodules and overuse-related voice issues specifically.

Losing your voice or dealing with throat pain that won't quit isn't something that just resolves on its own most of the time. Worth getting an actual look before it drags on any longer.

[Schedule Your Consultation Today](#) | [Call \(347\) 342-1331](tel:(347)342-1331)

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