

Q: How long is the lifeguard class? Can I miss a day?

A: Lifeguard classes run for 3 days, with days of the week and times varying for each class. The 3 days are not always consecutive. Specific days and times can be found at campusrec.wfu.edu/aquatics. Attendance to all 3 days and time ranges is mandatory to be eligible to receive a certification. If you are more than 10 minutes late without letting us know ahead of time, you will not be eligible to receive a certification.

Q: Can I get a refund if I am no longer able to take the class?

A: If you let us know more than 2 weeks in advance of the first day of class, you may receive a refund. If the request is made after the blended learning is sent out, which is 2 weeks before the class start, a refund will not be issued as we have a wait list. Medical exceptions may be made on a case by case basis and require a doctor's note.

Q: What online learning must be done by the first day of class?

A: Blended Learning will be sent out around 2 weeks before the start of the class. This takes around 6-7 hours and must be completed to its entirety by the first day. Blended learning should be done on a computer and not on a phone.

Q: What age must I be to be able to take the class?

A: Participants must be 15 years old by the last day of the course.

Q: Will there be breaks during class days?

A: Yes, there will be snack and water breaks throughout the day, as well as a lunch break on full days.

Q: What should I bring to class?

A: Each day includes lessons in the water and lessons out of the water. We recommend that you bring a change of clothes and extra towels. We also recommend that you bring a water bottle and snacks.

Q: I have an IEP. Can I receive testing accommodations?

A: Yes! We just need to be aware of this before the test. You have an unlimited amount of time to complete the test, as well as two chances to pass. The American Red Cross has specific guidelines for testing accommodations if they are needed. Please note that there is nothing we can do if both tests are not passed and we are asked about accommodations after the fact.

Q: I've never been to the Wake Forest Wellbeing Center. Where do I park and where do I go?

A: The instructor of the course will send an email out to participants a minimum of 24 hours before the start of the class, including parking information and where to meet.

Q: What if I have a question that is not listed here?

A: Please email aquatics@wfu.edu and someone will get back to you!