

Spaghetti Sauce

In a Quart Freezer Zip bag:

#10 can if tomato sauce (106 oz)
1/3 cup dry Italian seasoning
1 tsp garlic powder
1/2 tsp salt
1/4 tsp pepper
1/2 cup dried onion
2 (14 oz) can petite diced tomatoes
Optional- Omit dry onions and saute 2 cups onion and 1 cup green peppers and/or 1 cup chopped mushrooms

In a large bowl, mix all ingredients. Label quart size bags and measure 2 cups (or desired family meal size amount) into your bag. Remove air, seal and freeze.

Shop/Gather:

1 pound of meat of 1 or more of the following: Browned hamburger, Browned Italian sausage, Cooked diced chicken, Meatballs, Pepperoni

Ingredients

Gather:

This Freezer Meal starter
1 pound of meat of 1 or more of the following: Browned hamburger, Browned Italian sausage, Cooked diced chicken, Meatballs, Pepperoni
Pasta of Choice
Desired sides.

Cooking instructions:

Warm sauce with meat until bubbly
Cook Pasta of choice as per directions

Serving instructions: Serve with pasta, salad and french bread.

Directions

Spaghetti Sauce with your choice of pasta with salad and french bread

Gather & Sides

Spaghetti Sauce (cups)

Gather -This freezer meal starter
- 1 pound of 1 or more of the following: Browned Hamburger, Browned Italian sausage, Cooked diced chicken, Meatballs, Pepperoni
- Pasta of choice
- Desired sides

Cooking Instructions - Cook sauce with your choice of meat until hot and bubbling.

- Cook Pasta choice as per directions

Serve with pasta, salad and french bread

Recipe at HomemadeSavored.net

Spaghetti Sauce (cups)

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