



**Title should be written in sentence case (capitalize only the first word and proper nouns), 12–18 words, bold, 14 pt, centered.**

**Author<sup>1</sup>, Author<sup>2</sup>, Author<sup>3</sup> (Without degree, 11 pt, bold)**

*<sup>1</sup>Department, Institution, Country (10 pt, italic)*

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### ABSTRACT

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**Keywords:**

**Consists of 3-5 words separated by semicolon (;) Times New Roman, font 11, bold.**

The abstract is written in one paragraph, one column, without indent. The abstract must be written in one paragraph (max 200 words) and include: Background, Objective, Methods, Results, and Conclusion. It should contain all the keywords that will be indexed; does not include unexplained tables, illustrations, references, abbreviations, and acronyms; does not contain information or conclusions that are not in the manuscript. Do not repeat the title in the abstract. Typed using Times New Roman, 11 point font, sentence case.

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**INTRODUCTION** (Times New Roman, Uppercase, 11 pt)

Manuscript is written in English. The introduction is typed in Times New Roman 11, 1 space, regular, sentences case, left and right aligned and indented 6 beats. In text citation should use Vancouver superscript style without brackets from the bibliography where the number indicates the serial number in the bibliography or you can use a reference manager such as Mendeley, EndNote, Zotero, etc. to write citations and bibliography. Example: Breastfeeding has many benefits<sup>1</sup>. Previous studies showed similar results<sup>2,3</sup>.

Background provides the state of the art of the study and consist of an adequate background, the previous researches of the study to show the scientific novelties of the paper. The introduction must contain (sequentially) the general background, the state of the art as a basis for the statement of scientific novelty of the article, gap analysis of what has been produced by previous research, and the statement of the importance of the research carried out. At the end of the introduction must be stated



explicitly the purpose of the article review. In the format of scientific articles, literature review is not permitted as in the research report, but is manifested in the form of a state of the art study to show the focus of these studies what, what is lacking, why this research is important and the purpose of the research. The author must avoid duplication/ repetition of unnecessary explanations of his / her own work that has been published.

## METHODS

This section describes the research design, location and time, population and sample, sampling technique, data collection methods, research instruments, and data analysis. If applicable, include ethical clearance information: This study has been approved by the Ethics Committee of [Institution Name] with approval number [xxx].

## RESULT AND DISCUSSION

Results and discussion contain research findings and scientific discussion. Write down scientific findings obtained from the results of research that has been carried out but must be supported by adequate data. The scientific findings referred to here are not research data obtained. These scientific findings must be explained scientifically including: What scientific findings were obtained? Why could that happen? Why is the variable trend like that? All these questions must be explained scientifically, not just descriptively, if necessary supported by adequate basic scientific phenomena. Apart from that, the comparison must also be explained with the results of other researchers on almost the same topic. Research results and findings must be able to answer the research hypothesis in the introduction section. The results must be clear and concise. The results should summarize the findings scientifically, not provide very detailed data. Present the main findings if the article is research results. Please highlight any differences between the results or findings you found and previous publications by other researchers. For thought-provoking articles, this section may not be necessary. Results can be presented in several subtitles. The results presented are followed by discussion.

### Sub Title (no numbering, lower case, left aligned)

The contents of the subtitle are typed in Times New Roman 11 font, 1 space, regular, sentence case, left and right and indented at 6 beats. Tables, graphs and images wherever possible in the middle of the article or attached at the end of the article. No more than six tables or figures are included in the results.

### Table and Figure

Tables and figures must be numbered consecutively. Table titles are placed above, while figure captions are placed below. Use clear and readable fonts (Times New Roman 11 pt). Avoid duplication of data in text and tables.

Table 1. The relationship between husband's knowledge and exclusive breastfeeding

Husband's knowledge	Exclusive Breastfeeding				Amount		<i>p-value*</i>
	Exclusive Breastfeeding		Not Exclusive Breastfeeding				
	f	%	f	%	f	%	
Good	12	85,7	2	14,3	14	100	0,000
Not enough	0	00,0	18	100,0	18	100	
Amount	12		20		32		

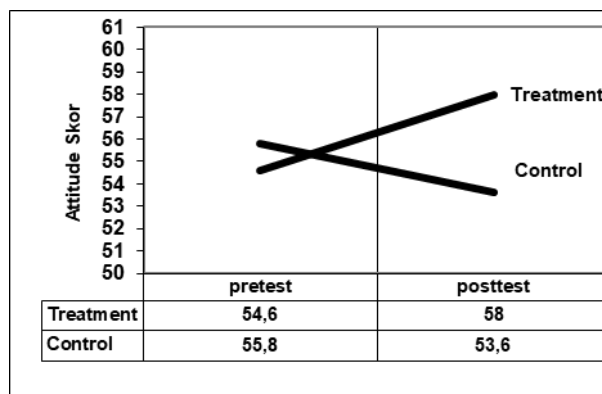


Figure 1. Differences in Improvement regarding Prevention of Sexually Transmitted Diseases between the Treatment Group and the Control Group (Times New Roman Font 11)  
 Source: Kesehatan Ibu dan Anak (2017)

**CONCLUSION**

Conclusions describe the answer to the hypothesis and/or research objectives or scientific findings obtained. The conclusion does not contain a repetition of the results and discussion, but rather a summary of the findings as expected in the objective or hypothesis. If necessary, at the end of the conclusion you can also write down the things that will be done related to further ideas from the research. Convey research conclusions. This section may not always need to be there. Typed without numbering with Times New Roman Font, 11 pt, 1 spaced, regular, sentence case, left right and indented with 6 beats.

**ACKNOWLEDGMENT (OPTIONAL)**

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**CONFLICT OF INTEREST**

The authors declare no conflict of interest.

**FUNDING**

This research was funded by [Institution/Grant Number] (if applicable).

**REFERENCES**

All references cited in the text must be listed in the References section. References should primarily originate from recent and relevant sources. At least 80% of references must be derived from scientific journal articles published within the last 10 years. Each manuscript must include a minimum of 10 references. References should prioritize journals indexed in Scopus, Web of Science, DOAJ, or SINTA.

The reference style used is Vancouver style. Authors are strongly encouraged to use reference management software such as Mendeley, EndNote, Zotero, or similar tools to ensure consistency and accuracy. Authors should include DOI (Digital Object Identifier) for each reference when available. References must be written in 11 pt font and formatted as follows:

**1. Journal Article:**

Author(s). Title of article. Abbreviated Journal Name. Year;Volume(Issue):Page–Page. doi:xxxx  
 Example: Hector D, King L, Webb K, Heywood P. Factors affecting breastfeeding practices: applying a conceptual framework. N S W Public Health Bull. 2005;16(3–4):52–55.

**2. Journal Article with DOI:**

Author(s). Title of article. Journal Name. Year;Volume(Issue):Page–Page. doi:xxxx

Example: Smith J, Brown A. Breastfeeding intervention study. *J Clin Med*. 2020;10(2):123–130. doi:10.1000/jcm.2020.12345

3. **Book:**

Author(s). Title of book. Place of publication: Publisher; Year.

Example: Aunger R, Curtis V. *A guide to behavior center design*. London: London School of Hygiene and Tropical Medicine; 2008.

4. **Government/Institution Report:**

Institution Name. Title of report. Place: Publisher; Year.

Example: Ministry of Health of the Republic of Indonesia. *Indonesia health profile 2017*. Jakarta: Ministry of Health; 2018.

5. **Website/Online Source:**

Author/Institution. Title [Internet]. Year [cited Year Month Date]. Available from: URL

Example: President of the Republic of Indonesia. *Government regulation on breastfeeding* [Internet]. 2012 [cited 2026 Apr 15]. Available from: <http://www.depkes.go.id/downloads/PP%20ASI.pdf>

6. **Organization Report (Online):**

Organization. Title [Internet]. Place: Publisher; Year [cited Year Month Date]. Available from: URL

Example: London School of Hygiene and Tropical Medicine, Global Alliance for Improved Nutrition. *Description of emo demo activities* [Internet]. 2017 [cited 2026 Apr 15]. Available from: <https://blogs.lshtm.ac.uk/envhealthgroup/files/2015/04/Emo-Demo-Descriptions.pdf>

7. **Thesis/Dissertation:**

Author. Title [thesis/dissertation]. Place: Institution; Year.

8. **Conference Paper:**

Author(s). Title of paper. In: Editor(s), editor(s). Title of proceedings; Date; Place. Place: Publisher; Year. p. xx–xx.