



## Willowood Swim Team Code of Conduct

The Willowood Swim Team values our well-respected reputation and can only continue to enjoy high praises for the quality of our swimmers both in and out of the pool.

Please review the following **Code of Conduct** with each SWIMMER in your family in a way that they understand and agree to:

1. Behave in such a way that my action reflects positively on myself and the team at all team practices, meets, team or individual group outings and any team functions.
2. Display proper respect and sportsmanship toward coaches, officials, fellow competitors, parents, and the general public in attendance at practices, meets or team functions.
3. Follow the directions of the coaching staff during practice, meets, and other team activities.
4. Not purchase, possess, sell, or use alcohol, tobacco, or any illegal non-prescription drugs.
5. Not illegally purchase, sell or misuse prescription drugs.
6. Not remove or take any article that does not belong to me, such as clothing, jewelry, money or any other items regardless of value.
7. Respect the property of Willowood Swim Team/Club and any other facility the team may visit or use. No swimmer shall tamper with or cause damage to any such facility.
8. Promote positive team spirit and morale, which includes being humble in victory and courageous in defeat. Deal justly, kindly and impartially with all fellow team members.
9. Refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
10. Never interfere with the progress of another swimmer at any time.
11. Obey applicable pool safety rules, including but not limited to the following:
  - No running on deck or in the locker rooms.
  - No diving except where permitted and in the manner permitted.
  - No unruly or disruptive behavior, such as; pushing, shoving, yelling on deck or in the locker rooms.
  - No towel snapping or hitting.
  - No fighting or roughhousing.
  - It is the swimmer's responsibility to familiarize themselves with and abide by pool safety rules applicable to the facility where a practice or swim event is being held.
11. Refrain from verbal or physical abuse/assault or inappropriate touching behavior towards other teammates, coaches, officials, or fellow competitors.
12. Practice/compete to the best of my ability at all times.
13. Never endanger the safety of another participant, coach or spectator.
14. Never participate in inappropriate or unsupervised activities between participants.
15. Always behave in a mature, courteous, and responsible manner, both at WWD and when attending functions away from WWD.
16. Come ready to practice and meets with all necessary equipment and on time.
17. Stay in practice area during entire practice.
18. Wear designated team suit, cap, and other clothing as prescribed by the coaches.

### **PARENTS:**

1. Parents should remain within spectator areas unless volunteering in an official capacity that requires them to be on deck. Only swimmers, coaches, timers, officials and other meet representatives shall be allowed on pool deck during swim competitions and team practices.



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### PARENTS CONT.

2. Parents should direct any concerns regarding their child's progress/participation to the coaches through email at: [wwdcoach@gmail.com](mailto:wwdcoach@gmail.com)

3. Questions or concerns about team organization or coaching staff should be directed to the Willowood Swim Team board president through email at: [wwdstboard@gmail.com](mailto:wwdstboard@gmail.com)

**VIOLATIONS:** I understand that should these rules be violated; the following steps will be taken by the Coaches to resolve the situation.

1. Verbal Warning
2. Swimmer will be asked to sit out of practice for the remainder of the practice.
3. Parent will be contacted meeting/ discussion with Coaches.
4. Swimmer will be asked not to participate in practice until swimmer can abide by the rules for entire practice/ meet time.